

	Highlights	Food Consumpt	tion	Coping	Coping Strategies				
			1						
- From Fobruary to Marc	h 2020, the national average proportion of h	Map 1 : Percentage of households (Feb 2020) by governorate with							
borderline food consump	ption increased from 31 to 33 percent.	Poor and Borderline Food Consumption							
· ·	consumption increased from a national avera ion of households with borderline food cons	National Average							
	of households reporting poor or borderline	Oct	26%						
- The lowest average pro	ercent) Aleppo (36 percent), Rural Damascus oportion of households with poor or borderli	Nov	27%	- 4					
- Since February 2020, t	ida (18 percent), Damascus (19 percent) and he proportion of households with inadequat; oms and Lattakia, with +2 percent each, whi	Dec	32%						
in Ar-Raqqa (-10 percent	t).		Jan	37%					
- Returnee households re	eported the largest proportion of inadequat			© Mapbox © OSM					

with 38 percent of poor or borderline food consumption.

- 64 percent of female headed households reported inadequate food consumption, compared to 26 percent for male headed households.

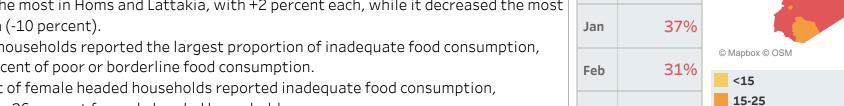
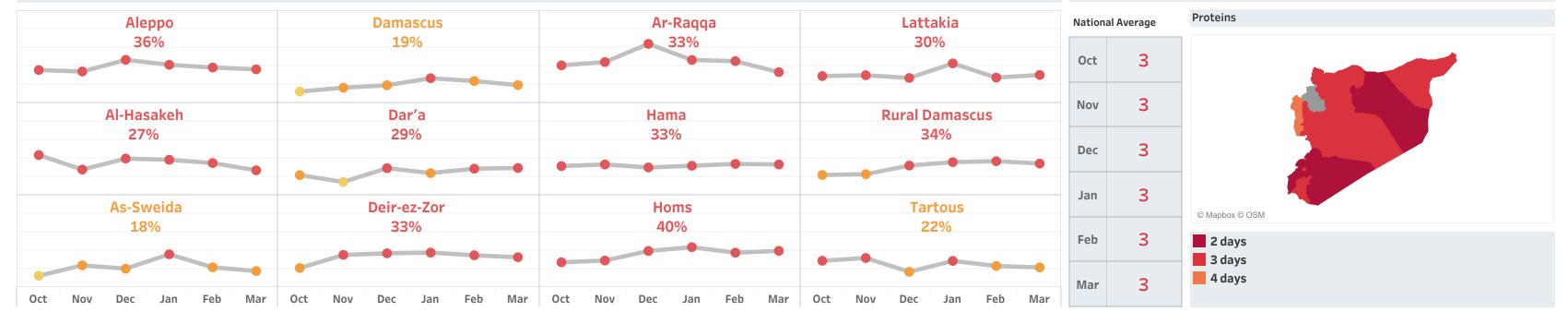


Figure 1: Percentage of households with inadequate food consumption per governorate in the last six months



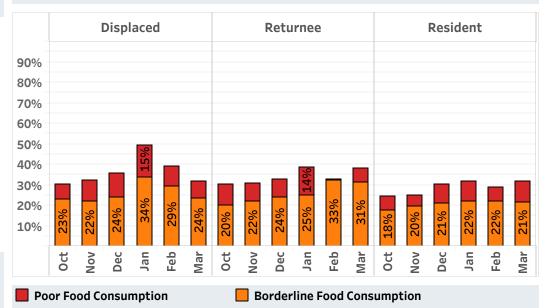
33%

>25

Mar

Figure 2 : Percentage of households with poor and borderline FC according to

Displacement Status



Map 2 : Average weekly consumption (Feb 2020) by governorate for

Coping Strategies

- Between February and March 2020, the national average reduced Coping Strategy Index (rCSI)* increased from 13.9 to 17.5.

- The most broadly used coping strategy was the consumption of less expensive food, followed by borrowing food or asking for help.

- In March 2020, the highest rCSI was recorded in AI-Hasakeh (20.8), Quneitra (18.0), Ar-Ragga (17.5) and Lattakia (16.6).

- The lowest rCSI were recorded in Damascus (14.1) and Aleppo (13.5).

- The biggest decrease in rCSI since February 2020 was recorded in Deir-ez-Zor (-4.1) and the biggest increase was found in Al-Hasakeh (+1.8).

- Returnee households were found to have the highest rCSI (21.2), followed by displaced households (19.2) and well above residents (15.0).

- Female-headed households had a sensibly higher rCSI (19.0), compared to male-headed households (17.3).

- Finally, households staying as guests (19.6) and renting homes (19.2) recoded a higher rCSI than those owning a home (15.4).

* The rCSI is a subset of the context-specific reduced consumption-based Coping Strategy Index (CSI). While the CSI captures the nature of the behavioural response to food insecurity in a specific context, the rCSI is calculated using a standard set of five individual coping behaviours with a universal set of severity weightings. These behaviours are: eating less-preferred foods, borrowing food/money from friends and relatives, limiting portions at mealtime, limiting adult intake, and reducing the number of meals per day.

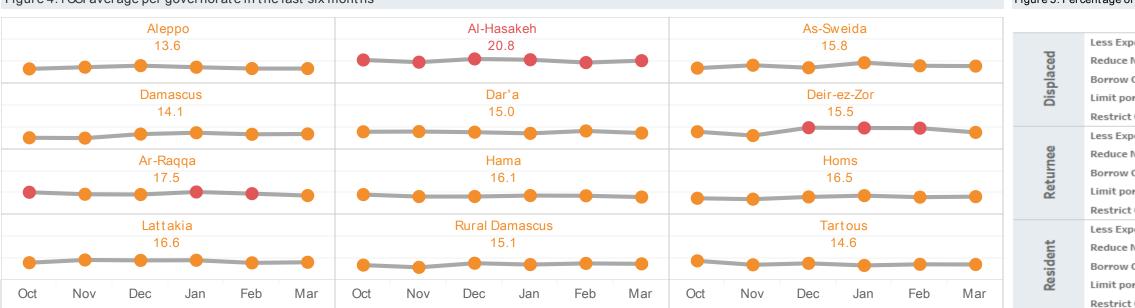
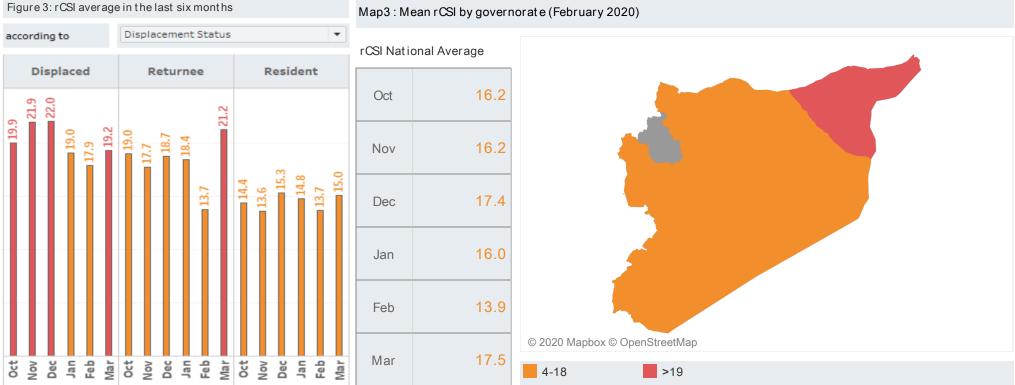


Figure 4: rCSI average per governorate in the last six months



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Figure 5: Percentage of households who adopted each coping strategy on national level

	Oct	Nov	Dec	Jan	Feb	Mar	
pensive Food	73%	74%	69%	73%	72%	72%	
Number of Meals	55%	58%	58%	56%	56%	59%	
Or Help	45%	59%	68%	61%	57%	55%	
ortion Size	57%	54%	54%	50%	48%	47%	
t Consumption	52%	58%	61%	49%	47%	48%	
pensive Food	70%	65%	79%	83%	99%	77%	
Number of Meals	55%	49%	50%	54%	98%	52%	
Or Help	64%	66%	58%	56%	64%	67%	
ortion Size	57%	5196	49%	56%	49%	48%	
t Consumption	52%	52%	55%	52%	33%	59%	
pensive Food	59%	57%	62%	62%	61%	62%	
Number of Meals	45%	41%	48%	45%	39%	45%	
Or Help	45%	53%	54%	51%	48%	51%	
ortion Size	43%	38%	39%	39%	35%	39%	
t Consumption	42%	40%	43%	40%	35%	41%	

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Coping Strategies



Each month, respondents are asked to identify the main problems their households are facing. Below is an overview of the main problems reported by households in March 2020, based on their displacement status across the country as well as per aggregated governorates. Unemployment is the main problem faced by over half of displaced and returnee households, with respectively 57 and 56 percent, and 45 percent of resident households.

Concerns over high prices are on the rise and were cited as the main problem faced by nearly one third of resident households (31 percent) and one quarter of displaced and returnee households (24 percent each). Concerns over electricity and fuel prices are also increasing and were each cited as a main problem by eight percent of resident households and five percent of returnee households. Rent is a main problem for seven percent of displaced households, but for only two percent of resident and returnee households. Three percent of returnee households also cite access to water as an issue, compared to respectively one and two percent for displaced and resident households.

Figure 6: Main problems faced by surveyed households according to displacement status

	Unemployment		High Prices		Rent		Electricity		Medicines		Water		Fuel Prices		Lack of assist.	
	Feb	Mar	Feb	Mar	Feb	Mar	Feb	Mar	Feb	Mar	Feb	Mar	Feb	Mar	Feb	Mar
Resident	49%	45%	30%	31%	1%	2%	7%	8%	1%	2%	1%	2%	8%	8%	2%	2%
Displaced	55%	57%	21%	24%	7%	7%	3%	3%	2%	2%	1%	1%	7%	4%	4%	2%
Returnee	55%	56%	19%	24%	1%	2%	8%	5%	1%	2%	3%	3%	9%	5%	4%	1%

mVAM website: https://vam.wfp.org/sites/mvam_monitoring/

In the words of respondents



Methodology

This mVAM bulletin is based on data collected via live telephone interviews from households in locations across Syria. The telephone numbers called were generated using random-digit dialling, yielding 1,685 completed surveys through 13 governorates in March 2020, of which 12 percent with female-headed households. The sample frame ensured for a large enough sample size to make statistically significant comparisons.

The questionnaire contained questions on demographics, food assistance, household food consumption and nutrition, coping strategies, and primary food sources. A final open-ended question gave respondents the chance to share additional information about the food situation in their communities.

The data is weighted by the number of mobile phones owned by the household. Information collected through mobile phone interviews may be biased towards younger, somewhat better-off households who live in urban areas and have better access to electricity and phone-charging services.