Food Consumption Score and Nutrition Modules

Below you can find two modules based on the food consumption indicators you need to collect

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| **Module 1: Food Consumption Score**  This module will allow you to collect the information needed to compute the FCS | | | | |  |
| How many days over the last 7 days, did most members of your household (50% +) eat the following food items,inside or outside the home? And what was their source? *(Use codes below, write 0 if not consumed in the last 7 days)*  ***Note for enumerator: Determine whether the consumption of fish, milk was only in small quantities.*** | | | | | |
|  | Foods | Number of days  eaten in the past **7 days**  *If 0 days, do not specify the main source.* | FCS | How was this food acquired?  **Write the main source of these foods consumed over the past 7 days** | |
|  | **Cereals, grains, roots and tubers, such as:** Rice, pasta, bread, sorghum, millet, maize, potato, yam, cassava, white sweet potato, plantain | |\_\_\_| | FCSStap | |\_\_\_| | |
|  | **Pulses/legumes, nuts and seeds, such as:** beans, cowpeas, lentils, soy, pigeon pea, peanuts, or other nuts | |\_\_\_| | FCSPulse | |\_\_\_| | |
|  | **Milk and other dairy products, such as:** milk, yoghurt, cheese, and other dairy products  [Exclude margarine/butter or small amounts of milk for tea/coffee] | |\_\_\_| | FCSDairy | |\_\_\_| | |
|  | **Meat, fish and eggs, such as:**  goat, beef, chicken, pork, fish, including canned tuna, insects, escargot, and/or other seafood, eggs (meat and fish consumed in large quantities and not as a condiment) | |\_\_\_| | FCSPr | |\_\_\_| | |
|  | **Vegetables and leaves, such as:** spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc | |\_\_\_| | FCSVeg | |\_\_\_| | |
|  | **Fruits, such as:** bananas, apples, lemon, mango, papaya, apricot, peach, etc | |\_\_\_| | FCSFruit | |\_\_\_| | |
|  | **Oil/fat/butter, such as:** vegetable oil, palm oil, shea butter, margarine, and other fats/oil | |\_\_\_| | FCSFat | |\_\_\_| | |
|  | **Sugar, or sweet, such as:** sugar, honey, jam, candy, cookies, pastries, cakes and other sweet (sugary drinks) | |\_\_\_| | FCSSugar | |\_\_\_| | |
|  | **Condiments / Spices, such as:** tea, coffee, cocoa powder, salt, garlic, spices, yeast/baking powder, tomato paste or sauce, and small amounts of meat, fish, milk or other food items consumed as a condiment | |\_\_\_| | FCSCond | |\_\_\_| | |
| Codebook list name: SRf | | **Food acquisition codes**  100 = Own production (crops, animal)  200 = Fishing / Hunting  300 = Gathering  400 = Loan  500 = Market (purchase with cash)  600 = Market (purchase on credit)  700 = Begging for food  800 = Exchange labor or items for food  900 = Gift (food) from family relatives or friends  999 = Other  1000 = Food aid from civil society, NGOs, government, WFP etc. | | | |

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| **Module 2: Food Consumption Score and Food Consumption Score Nutrition**  This module will allow you to collect information needed to compute the FCS and the FCSN | | | | |
| How many days over the last 7 days, did most members of your household (50% +) eat the following food items,inside or outside the home? And what was their source? *(Use codes below, write 0 if not consumed in the last 7 days)*  ***Note for enumerator: Determine whether the consumption of fish, milk was only in small quantities.*** | | | | | |
|  | Foods | Number of days  eaten in the past **7 days**  *If 0 days, do not specify the main source.* |  | How was this food acquired?  **Write the main source of food for the past 7 days** | |
|  | **Cereals, grains, roots and tubers, such as:** Rice, pasta, bread, sorghum, millet, maize, potato, yam, cassava, white sweet potato, plaintain | |\_\_\_| | FCSStap | |\_\_\_| | |
|  | **Pulses/legumes, nuts and seeds, such as:** beans, cowpeas, lentils, soy, pigeon pea, peanuts, and/or other nuts | |\_\_\_| | FCSPulse | |\_\_\_| | |
|  | **Milk and other dairy products, such as:** milk, yoghurt, cheese, and other dairy products  [Exclude margarine/butter or small amounts of milk for tea/coffee] | |\_\_\_| | FCSDairy | |\_\_\_| | |
|  | **Meat, fish and eggs, such as:**  goat, beef, chicken, pork, fish, including canned tuna, insects, escargot, and/or other seafood, eggs (meat and fish consumed in large quantities and not as a condiment) | |\_\_\_| | FCSPr | |\_\_\_| | |
| If 0 à skip to question 5 | | | | | |
| 4.1 | **Flesh meat, such as:** beef, pork, lamb, goat, rabbit, chicken, duck, other birds, insects | |\_\_\_| | FCSNPrMeatF | |\_\_\_| | |
| 4.2 | **Organ meat, such as:** liver, kidney, heart and/or other organ meats |  | FCSNPrMeatO |  | |
| 4.3 | **Fish/shellfish, such as:** fish, including canned tuna, escargot, and/or other seafood (fish in large quantities and not as a condiment) | |\_\_\_| | FCSNPrFish | |\_\_\_| | |
| 4.4 | **Eggs** | |\_\_\_| | FCSNPrEggs | |\_\_\_| | |
|  | **Vegetables and leaves, such as:** spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc | |\_\_\_| | FCSVeg | |\_\_\_| | |
| If 0 à skip to question 6 | | | | | |
| 5.1 | **Orange vegetables (vegetables rich in Vitamin A), such as:** carrot, red pepper, pumpkin, orange sweet potatoes | |\_\_\_| | FCSNVegOrg | |\_\_\_| | |
| 5.2 | **Green leafy vegetables, such as:** spinach, broccoli, amaranth and/or other dark green leaves, cassava leaves | |\_\_\_| | FCSNVegGre | |\_\_\_| | |
|  | **Fruits, such as:** banana, apple, lemon, mango, papaya, apricot, peach, etc | |\_\_\_| | FCSFruit | |\_\_\_| | |
| If 0 à skip to question 7 | | | | | |
| 6.1 | **Orange fruits (Fruits rich in Vitamin A), such as:** mango, papaya, apricot, and peach  [Exclude oranges] | |\_\_\_| | FCSNFruiOrg | |\_\_\_| | |
|  | **Oil/fat/butter, such as:** vegetable oil, palm oil, shea butter, margarine, and other fats/oil | |\_\_\_| | FCSFat | |\_\_\_| | |
|  | **Sugar, or sweet, such as:** sugar, honey, jam, candy, cookies, pastries, cakes and other sweet (sugary drinks) | |\_\_\_| | FCSSugar | |\_\_\_| | |
|  | **Condiments/spices, such as:** tea, coffee, cocoa powder, salt, garlic, spices, yeast, baking powder, tomato paste or sauce, and small amounts of meat, fish, milk or other food items consumed as a condiment | |\_\_\_| | FCSCond | |\_\_\_| | |
| Codebook list name: SRf | | **Food acquisition codes**  100 = Own production (crops, animal)  200 = Fishing / Hunting  300 = Gathering  400 = Loan  500 = Market (purchase with cash)  600 = Market (purchase on credit)  700 = Begging for food  800 = Exchange labor or items for food  900 = Gift (food) from family relatives or friends  999 = Other  1000 = Food aid from civil society, NGOs, government, WFP etc. | | | |