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| **Module X: Reduced Coping Strategies Index** | | |
| **Now I will ask you about the number of days, in the last 7 days, that your household may have done some of the following actions to cope with lack of food or money to buy food.**  *Note for the enumerator: Please read out all the strategies.* | | **Frequency**  *(Number of days*  *from 0 to 7)* |
| 1. | During the **last 7 days**, were there days (and, if so, how many) when your household had to rely on **less preferred and less expensive food** to cope with a lack of food or money to buy it? | |\_\_\_\_| |
| 2. | During the **last 7 days**, were there days (and, if so, how many) when your household had to **borrow food or rely on help from a relative or friend** to cope with a lack of food or money to buy it? | |\_\_\_\_| |
| 3. | During the **last 7 days**, were there days (and, if so, how many) when your household had to **limit portion size of meals at mealtimes** to cope with a lack of food or money to buy it? | |\_\_\_\_| |
| 4. | During the **last 7 days**, were there days (and, if so, how many) when your household had to **restrict consumption by adults in order for small children to eat** to cope with a lack of food or money to buy it? | |\_\_\_\_| |
| 5. | During the last 7 days, were there days (and, if so, how many) when your household had to **reduce number of meals eaten in a day** to cope with a lack of food or money to buy it? | |\_\_\_\_| |
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