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| **Module X: Household Dietary Diversity** | | |
| **Now I would like to ask you about the types of foods that you or anyone else in your household ate yesterday during the day and at night.**  *Note for enumerator: Read the list of foods. Place a 1 in the box if anyone in the household ate the food in question, place a zero in the box if no one in the household ate this food* | | **Answer**  *0 = No 1 = Yes* |
| 1. | **Cereals and grains**: Rice, pasta, bread, sorghum, millet, maize | |\_\_\_| |
| 2. | **Roots and tubers**: Potato, yam, cassava, white sweet potato, taro, plantain | |\_\_\_| |
| 3. | **Pulses, legumes, nuts and seeds**: Beans, cowpeas, lentils, soy, pigeon pea, peanuts, other nuts | |\_\_\_| |
| 4. | **Dairy products**: Milk, yogurt, cheese, other dairy products | |\_\_\_| |
| 5. | **Meat, poultry and offal**: Goat, beef, chicken, pork | |\_\_\_| |
| 6. | **Fish and seafood**: Fish and other seafood (including canned tuna) | |\_\_\_| |
| 7. | **Eggs** | |\_\_\_| |
| 8. | **Vegetables and leaves**: Spinach, onion, tomatoes, carrots, peppers, green beans, lettuce, etc. | |\_\_\_| |
| 9. | **Fruits**: Banana, apple, lemon, mango, papaya, apricot, peach, etc. | |\_\_\_| |
| 10. | **Oils and fats**: Vegetable oil, palm oil, ghee, butter, margarine, other fats or oils | |\_\_\_| |
| 11. | **Sugar and sweets**: Sugar, honey, jam, candy, chocolate, biscuits/cookies, pastries, cakes, ice cream, and other sweets (including sugary drinks) | |\_\_\_| |
| 12. | **Miscellaneous/condiments and spices**: Tea, coffee, cocoa powder, salt, garlic, spices, yeast, tomato paste | |\_\_\_| |