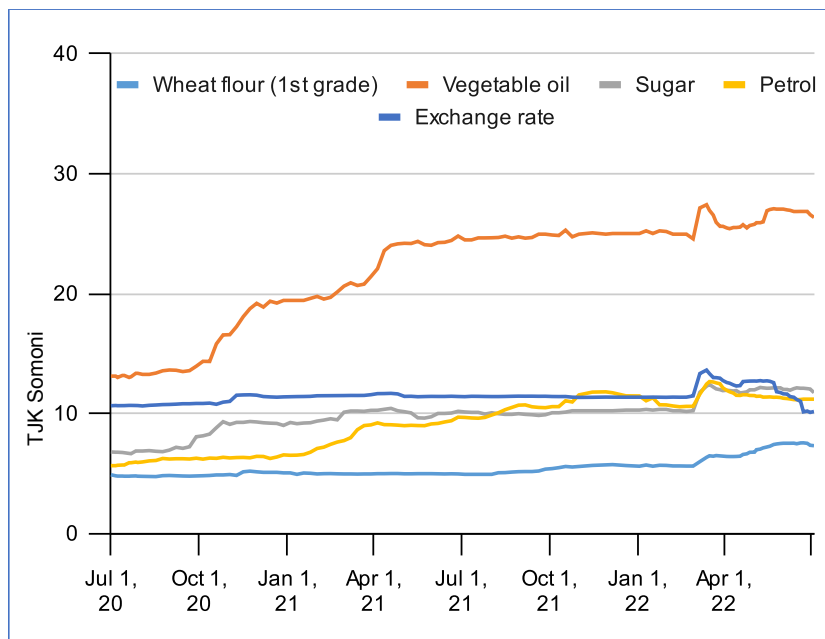


Highlights

- Compared to the previous week, retail prices of most monitored food commodities remained stable in the majority of markets in the current reporting period. Wheat flour price continued to decrease in 6 markets in the range of 1%-3%, while it increased in the Khorog market and remained the same in 8 other markets. Sugar prices also decreased in 8 markets compared to the last week. An increase in egg price was reported in 8 markets in the range of 4% -18%.
- Compared to the retail prices of the last month, prices for some food commodities remained high. The biggest percentage increase was seen in potatoes price by 13%. Egg and rice prices increased overall by 10% and 5% respectively.
- Compared to the last year, prices of most food commodities got higher, although there are some commodities, which prices got lower. TOP-3 food commodities with the biggest increase compared to 1 year ago are onions (+192%), wheat flour (+49%) and potatoes (+43%). The food commodities, which prices got lower are carrots (-64%) and haricot bean (-5%).
- Under seasonal factors, prices of potatoes, onions, carrots and other vegetables increased in some of the monitored markets and decreased in others. The largest increase was seen for potatoes +22% in the Hisor market, onions +41% in the Hisor market and carrots +25% in the Jayhun market.
- Petrol prices remained the same as last few weeks, while diesel prices continued to increase in 6 markets in the range of 1%-2%.

Price trend of selected commodities for 01.07.20 - 04.07.22



Selected items	Prices (Somoni)	
	04.07.22	01.07.20
Wheat flour (1st grade)	7.3	4.9
Vegetable oil	26.3	13.1
Sugar	11.7	6.8
Petrol	11.2	5.6



SAVING LIVES
CHANGING LIVES

Prices in the retail markets for 04-07-2022

Wheat flour (1st grade) (1 kg)				
Markets	Current price	% change on last RP	% change on last month	% change on last year
Tajikistan (average)	7.3	nc	▽ 3%	Δ 49%
Bokhtar	7.0	▽ 3%	▽ 5%	Δ 46%
Dushanbe	7.0	▽ 1%	▽ 5%	Δ 43%
Hisor	6.9	▽ 1%	▽ 7%	nd
Isfara	7.1	▽ 1%	▽ 4%	Δ 51%
Ishkoshim	8.4	nc	Δ 2%	nd
Istaravshan	7.0	nc	▽ 3%	Δ 67%
Jayhun	7.4	nc	▽ 1%	nd
Khorog	8.2	Δ 2%	Δ 2%	Δ 58%
Khujand	6.8	nc	▽ 7%	Δ 35%
Kulob	7.1	nc	▽ 4%	Δ 45%
Kushoniyon	7.1	▽ 1%	▽ 5%	nd
Murgob	8.3	nc	Δ 4%	Δ 43%
Panjakent	6.9	▽ 1%	▽ 3%	nd
Qubodiyon	7.1	nc	▽ 4%	nd
Rasht	7.4	nc	▽ 3%	Δ 54%

Rice (1 kg)				
Markets	Current price	% change on last RP	% change on last month	% change on last year
Tajikistan (average)	14.1	nc	Δ 5%	Δ 5%
Bokhtar	13.0	nc	nc	nc
Dushanbe	14.0	nc	nc	Δ 8%
Hisor	13.0	▽ 7%	nc	nd
Isfara	17.0	nc	nc	Δ 6%
Ishkoshim	17.0	Δ 6%	Δ 13%	nd
Istaravshan	13.0	nc	nc	Δ 30%
Jayhun	12.0	nc	Δ 20%	nd
Khorog	14.0	nc	nc	Δ 22%
Khujand	10.0	nc	nc	▽ 9%
Kulob	13.0	nc	nc	nc
Kushoniyon	15.0	nc	nc	nd
Murgob	19.0	nc	Δ 6%	▽ 10%
Panjakent	12.0	nc	Δ 9%	nd
Qubodiyon	15.0	nc	Δ 36%	nd
Rasht	15.0	nc	nc	Δ 15%

Vegetable oil (1 litre)				
Markets	Current price	% change on last RP	% change on last month	% change on last year
Tajikistan (average)	26.3	▽ 1%	▽ 2%	Δ 8%
Bokhtar	25.5	▽ 2%	▽ 2%	Δ 2%
Dushanbe	26.0	nc	nc	Δ 13%
Hisor	24.0	nc	▽ 4%	nd
Isfara	26.0	nc	▽ 4%	Δ 8%
Ishkoshim	30.0	nc	nc	nd
Istaravshan	23.0	nc	▽ 4%	nc
Jayhun	25.0	▽ 4%	▽ 4%	nd
Khorog	27.1	nc	Δ 0%	Δ 10%
Khujand	24.5	nc	▽ 6%	▽ 2%
Kulob	26.0	nc	nc	Δ 11%
Kushoniyon	25.0	▽ 4%	▽ 4%	nd
Murgob	36.0	nc	Δ 3%	Δ 29%
Panjakent	26.0	▽ 4%	▽ 7%	nd
Qubodiyon	25.0	nc	▽ 6%	nd
Rasht	26.0	nc	nc	Δ 8%

Cotton oil (1 litre)				
Markets	Current price	% change on last RP	% change on last month	% change on last year
Tajikistan (average)	25.2	▽ 1%	▽ 1%	Δ 8%
Bokhtar	24.5	▽ 2%	▽ 2%	Δ 4%
Dushanbe	25.0	nc	nc	Δ 14%
Hisor	23.0	nc	nc	nd
Isfara	25.0	nc	▽ 4%	Δ 19%
Ishkoshim	29.3	nc	Δ 5%	nd
Istaravshan	22.0	nc	▽ 4%	▽ 4%
Jayhun	23.0	nc	nc	nd
Khorog	26.5	nc	Δ 1%	Δ 9%
Khujand	23.0	nc	▽ 4%	▽ 6%
Kulob	25.0	nc	nc	Δ 9%
Kushoniyon	24.0	▽ 4%	▽ 4%	nd
Murgob	33.0	nc	nc	Δ 27%
Panjakent	25.0	▽ 2%	▽ 4%	nd
Qubodiyon	24.0	nc	nc	nd
Rasht	25.0	nc	nc	Δ 14%

*nc = no change

*nd = no data

*os = out of stock

*last RP = last reported period = 30-06-22

Sugar (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.7	▽ 2%	▽ 2%	Δ 16%
Bokhtar	11.0	▽ 4%	▽ 8%	Δ 16%
Dushanbe	11.0	▽ 4%	nc	Δ 10%
Hisor	11.5	▽ 4%	Δ 5%	nd
Isfara	11.5	nc	▽ 4%	Δ 15%
Ishkoshim	13.0	▽ 4%	nc	nd
Istaravshan	11.0	▽ 8%	▽ 4%	Δ 9%
Jayhun	11.0	nc	▽ 4%	nd
Khorog	12.0	nc	nc	Δ 20%
Khujand	12.0	nc	nc	Δ 20%
Kulob	12.0	nc	Δ 4%	Δ 26%
Kushoniyon	11.0	▽ 4%	▽ 8%	nd
Murgob	15.0	nc	nc	Δ 15%
Panjakent	11.5	▽ 4%	▽ 4%	nd
Qubodiyon	11.0	nc	▽ 8%	nd
Rasht	11.5	▽ 4%	nc	Δ 28%

Milk (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.4	nc	Δ 1%	Δ 16%
Bokhtar	5.0	nc	nc	Δ 67%
Dushanbe	7.0	nc	nc	Δ 27%
Hisor	4.0	nc	▽ 20%	nd
Isfara	5.0	nc	nc	Δ 25%
Ishkoshim	7.0	nc	nc	nd
Istaravshan	4.5	nc	nc	Δ 29%
Jayhun	3.5	nc	nc	nd
Khorog	9.0	nc	Δ 13%	Δ 29%
Khujand	6.0	nc	nc	Δ 50%
Kulob	5.5	nc	nc	Δ 10%
Kushoniyon	5.0	nc	nc	nd
Murgob	9.0	nc	Δ 13%	Δ 50%
Panjakent	3.0	nc	nc	nd
Qubodiyon	3.0	nc	nc	nd
Rasht	5.0	nc	nc	Δ 25%

Eggs (10 pcs) (10 pcs)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.4	Δ 3%	Δ 9%	Δ 3%
Bokhtar	10.5	Δ 5%	Δ 5%	Δ 31%
Dushanbe	10.5	Δ 5%	Δ 5%	Δ 5%
Hisor	12.0	nc	Δ 33%	nd
Isfara	11.0	Δ 10%	Δ 10%	nc
Ishkoshim	13.0	nc	▽ 7%	nd
Istaravshan	13.0	Δ 18%	Δ 44%	Δ 8%
Jayhun	10.0	nc	nc	nd
Khorog	12.0	nc	nc	▽ 8%
Khujand	10.0	nc	Δ 11%	nc
Kulob	10.5	Δ 5%	Δ 17%	Δ 17%
Kushoniyon	10.5	Δ 5%	Δ 5%	nd
Murgob	15.0	nc	▽ 6%	nc
Panjakent	11.0	nc	Δ 10%	nd
Qubodiyon	11.0	Δ 4%	Δ 22%	nd
Rasht	11.0	nc	Δ 10%	▽ 8%

Beef (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	61.9	Δ 0.2%	Δ 1%	Δ 4%
Bokhtar	65.0	Δ 3%	Δ 8%	Δ 5%
Dushanbe	65.0	nc	nc	Δ 3%
Hisor	68.0	nc	nc	nd
Isfara	65.0	nc	nc	Δ 8%
Ishkoshim	58.0	nc	Δ 2%	nd
Istaravshan	67.0	nc	nc	Δ 3%
Jayhun	60.0	nc	Δ 3%	nd
Khorog	60.0	nc	nc	Δ 5%
Khujand	60.0	nc	nc	Δ 3%
Kulob	63.0	nc	nc	Δ 5%
Kushoniyon	60.0	nc	Δ 5%	nd
Murgob	54.0	nc	▽ 2%	Δ 8%
Panjakent	70.0	nc	nc	nd
Qubodiyon	55.0	nc	nc	nd
Rasht	58.0	nc	nc	▽ 3%

Mutton (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	69.2	Δ 1%	Δ 1%	Δ 6%
Bokhtar	68.0	nc	Δ 1%	▽ 3%
Dushanbe	70.0	nc	nc	▽ 3%
Hisor	75.0	Δ 3%	Δ 7%	nd
Isfara	75.0	nc	nc	Δ 7%
Ishkoshim	os	-	-	-
Istaravshan	75.0	nc	nc	Δ 7%
Jayhun	67.0	nc	Δ 2%	nd
Khorog	65.0	nc	Δ 8%	Δ 14%
Khujand	78.0	Δ 4%	▽ 3%	Δ 11%
Kulob	65.0	nc	nc	▽ 3%
Kushoniyon	68.0	nc	nc	nd
Murgob	55.0	nc	nc	Δ 8%
Panjakent	75.0	nc	nc	nd
Qubodiyon	70.0	nc	nc	nd
Rasht	63.0	nc	nc	Δ 5%

Chicken (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	35.5	Δ 1%	Δ 2%	Δ 15%
Bokhtar	34.0	nc	Δ 3%	Δ 10%
Dushanbe	33.0	nc	nc	Δ 10%
Hisor	29.0	nc	Δ 4%	nd
Isfara	36.0	Δ 6%	Δ 3%	Δ 33%
Ishkoshim	42.0	nc	nc	nd
Istaravshan	33.0	nc	Δ 3%	Δ 32%
Jayhun	35.0	nc	Δ 6%	nd
Khorog	40.0	nc	nc	Δ 8%
Khujand	28.0	nc	nc	Δ 4%
Kulob	33.0	nc	Δ 3%	Δ 18%
Kushoniyon	36.0	Δ 3%	nc	nd
Murgob	47.0	nc	Δ 7%	Δ 21%
Panjakent	38.0	nc	nc	nd
Qubodiyon	33.0	Δ 3%	nc	nd
Rasht	36.0	Δ 3%	nc	Δ 3%

Chickpeas (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	20.1	Δ 2%	Δ 3%	Δ 25%
Bokhtar	20.0	nc	nc	Δ 18%
Dushanbe	19.0	nc	Δ 12%	Δ 58%
Hisor	19.0	Δ 6%	Δ 6%	nd
Isfara	20.0	nc	nc	Δ 33%
Ishkoshim	22.0	Δ 5%	Δ 10%	nd
Istaravshan	22.0	nc	nc	Δ 83%
Jayhun	19.0	nc	▽ 5%	nd
Khorog	20.0	Δ 5%	nc	Δ 25%
Khujand	20.0	nc	nc	▽ 9%
Kulob	20.0	nc	nc	Δ 25%
Kushoniyon	20.0	nc	Δ 11%	nd
Murgob	22.0	Δ 5%	Δ 10%	Δ 22%
Panjakent	19.0	Δ 6%	Δ 6%	nd
Qubodiyon	18.0	nc	nc	nd
Rasht	22.0	nc	nc	Δ 29%

Haricot bean (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	16.7	▽ 1%	▽ 0.8%	▽ 5%
Bokhtar	16.0	nc	nc	▽ 11%
Dushanbe	18.0	nc	nc	Δ 13%
Hisor	16.0	nc	Δ 7%	nd
Isfara	14.0	nc	▽ 7%	▽ 7%
Ishkoshim	20.0	nc	nc	nd
Istaravshan	14.0	nc	▽ 13%	▽ 18%
Jayhun	15.0	nc	nc	nd
Khorog	18.0	nc	nc	Δ 6%
Khujand	17.0	nc	nc	nc
Kulob	17.0	▽ 6%	nc	nc
Kushoniyon	17.0	nc	nc	nd
Murgob	22.0	▽ 4%	▽ 8%	▽ 12%
Panjakent	15.0	nc	Δ 15%	nd
Qubodiyon	15.0	nc	nc	nd
Rasht	17.0	nc	nc	Δ 6%

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices collection is done twice per week on Monday and Thursday. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.7	Δ 3%	Δ 3%	Δ 43%
Bokhtar	5.5	Δ 10%	Δ 10%	Δ 67%
Dushanbe	5.0	nc	Δ 11%	Δ 67%
Hisor	5.5	Δ 22%	nc	nd
Isfara	5.0	nc	▽ 23%	Δ 25%
Ishkoshim	7.0	nc	nc	nd
Istaravshan	6.0	▽ 8%	nc	Δ 100%
Jayhun	5.0	Δ 11%	Δ 25%	nd
Khorog	7.0	nc	Δ 9%	Δ 59%
Khujand	4.5	nc	▽ 25%	Δ 29%
Kulob	5.5	nc	Δ 22%	Δ 104%
Kushoniyon	5.5	Δ 15%	Δ 10%	nd
Murgob	8.0	nc	Δ 10%	Δ 33%
Panjakent	4.8	Δ 2%	▽ 20%	nd
Qubodiyon	5.5	nc	Δ 6%	nd
Rasht	6.0	nc	Δ 33%	nc

Onions (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.7	Δ 9%	Δ 2%	Δ 192%
Bokhtar	4.4	Δ 10%	▽ 2%	Δ 267%
Dushanbe	4.5	Δ 29%	Δ 29%	Δ 350%
Hisor	4.5	Δ 41%	Δ 7%	nd
Isfara	4.3	▽ 4%	Δ 23%	Δ 330%
Ishkoshim	6.3	▽ 3%	▽ 3%	nd
Istaravshan	5.0	Δ 25%	Δ 25%	Δ 317%
Jayhun	4.3	Δ 8%	Δ 8%	nd
Khorog	5.0	nc	▽ 17%	Δ 100%
Khujand	3.0	nc	▽ 25%	Δ 200%
Kulob	4.5	Δ 13%	Δ 13%	Δ 350%
Kushoniyon	4.5	Δ 29%	Δ 13%	nd
Murgob	6.5	▽ 4%	▽ 7%	Δ 86%
Panjakent	4.0	nc	▽ 20%	nd
Qubodiyon	4.2	Δ 5%	Δ 5%	nd
Rasht	5.0	Δ 11%	Δ 11%	Δ 150%

Carrots (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.3	Δ 2%	▽ 7%	▽ 64%
Bokhtar	2.5	nc	nc	▽ 72%
Dushanbe	2.0	nc	▽ 20%	▽ 78%
Hisor	2.0	nc	▽ 13%	nd
Isfara	2.5	▽ 17%	▽ 29%	▽ 64%
Ishkoshim	5.5	nc	nc	nd
Istaravshan	5.0	Δ 11%	nc	▽ 29%
Jayhun	2.5	Δ 25%	nc	nd
Khorog	4.0	nc	▽ 11%	▽ 67%
Khujand	3.0	nc	nc	▽ 63%
Kulob	2.0	nc	▽ 39%	▽ 76%
Kushoniyon	2.2	nc	▽ 37%	nd
Murgob	5.8	▽ 3%	▽ 3%	▽ 61%
Panjakent	4.0	nc	nc	nd
Qubodiyon	2.0	nc	nc	nd
Rasht	4.6	Δ 15%	Δ 31%	▽ 43%

Cabbage (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.8	▽ 2%	▽ 4%	Δ 18%
Bokhtar	2.5	▽ 17%	▽ 17%	▽ 17%
Dushanbe	4.0	nc	Δ 14%	Δ 33%
Hisor	3.0	nc	▽ 14%	nd
Isfara	3.0	nc	nc	▽ 14%
Ishkoshim	6.5	▽ 7%	▽ 7%	nd
Istaravshan	3.0	nc	nc	nc
Jayhun	3.0	nc	▽ 40%	nd
Khorog	5.0	nc	nc	Δ 25%
Khujand	4.0	Δ 60%	Δ 60%	Δ 74%
Kulob	3.5	▽ 13%	nc	Δ 40%
Kushoniyon	2.5	▽ 17%	Δ 25%	nd
Murgob	7.0	nc	nc	Δ 40%
Panjakent	3.0	nc	▽ 25%	nd
Qubodiyon	3.5	▽ 13%	nc	nd
Rasht	4.2	▽ 7%	▽ 7%	Δ 40%

Petrol (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.2	nc	▽ 0%	Δ 16%
Bokhtar	11.0	nc	nc	Δ 17%
Dushanbe	10.8	nc	nc	Δ 14%
Hisor	11.0	nc	Δ 2%	nd
Isfara	10.8	nc	▽ 1%	Δ 11%
Ishkoshim	12.2	nc	▽ 6%	nd
Istaravshan	10.8	nc	nc	Δ 15%
Jayhun	10.8	nc	Δ 1%	nd
Khorog	11.6	nc	Δ 2%	Δ 17%
Khujand	10.7	nc	Δ 0%	Δ 15%
Kulob	10.8	nc	▽ 2%	Δ 14%
Kushoniyon	11.0	nc	nc	nd
Murgob	13.3	nc	▽ 1%	Δ 27%
Panjakent	11.0	nc	nc	nd
Qubodiyon	11.0	nc	Δ 1%	nd
Rasht	11.1	nc	▽ 1%	Δ 13%

Diesel (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	13.2	Δ 1%	Δ 10%	Δ 44%
Bokhtar	12.9	nc	Δ 11%	Δ 47%
Dushanbe	12.5	nc	Δ 6%	Δ 40%
Hisor	13.0	Δ 2%	Δ 13%	nd
Isfara	13.0	Δ 2%	Δ 13%	Δ 40%
Ishkoshim	14.0	nc	Δ 8%	nd
Istaravshan	13.2	nc	Δ 15%	Δ 43%
Jayhun	13.0	Δ 2%	Δ 12%	nd
Khorog	14.0	nc	Δ 13%	Δ 49%
Khujand	13.0	Δ 2%	Δ 12%	Δ 48%
Kulob	13.0	nc	Δ 12%	Δ 44%
Kushoniyon	13.0	Δ 1%	Δ 12%	nd
Murgob	14.3	nc	▽ 1%	Δ 43%
Panjakent	13.0	nc	Δ 14%	nd
Qubodiyon	13.0	Δ 2%	Δ 12%	nd
Rasht	12.8	Δ 1%	Δ 5%	Δ 39%

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	76	nc	nc	Δ 32%
Bokhtar	70	nc	nc	Δ 40%
Dushanbe	70	nc	nc	Δ 17%
Hisor	80	nc	nc	nd
Isfara	90	nc	nc	Δ 13%
Ishkoshim	100	nc	nc	nd
Istaravshan	70	nc	nc	Δ 40%
Jayhun	70	nc	nc	nd
Khorog	100	nc	nc	Δ 11%
Khujand	70	nc	nc	Δ 17%
Kulob	70	nc	nc	Δ 17%
Kushoniyon	70	nc	nc	nd
Murgob	60	nc	nc	Δ 50%
Panjakent	90	nc	nc	nd
Qubodiyon	70	nc	nc	nd
Rasht	60	nc	nc	Δ 122%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	109	nc	nc	Δ 20%
Bokhtar	100	nc	nc	nc
Dushanbe	100	nc	nc	Δ 43%
Hisor	120	nc	nc	nd
Isfara	130	nc	nc	Δ 8%
Ishkoshim	120	nc	nc	nd
Istaravshan	110	nc	nc	Δ 10%
Jayhun	110	nc	nc	nd
Khorog	120	nc	nc	Δ 20%
Khujand	100	nc	nc	nc
Kulob	110	nc	nc	Δ 22%
Kushoniyon	100	nc	nc	nd
Murgob	100	nc	nc	os
Panjakent	125	nc	nc	nd
Qubodiyon	100	nc	nc	nd
Rasht	90	nc	nc	Δ 100%