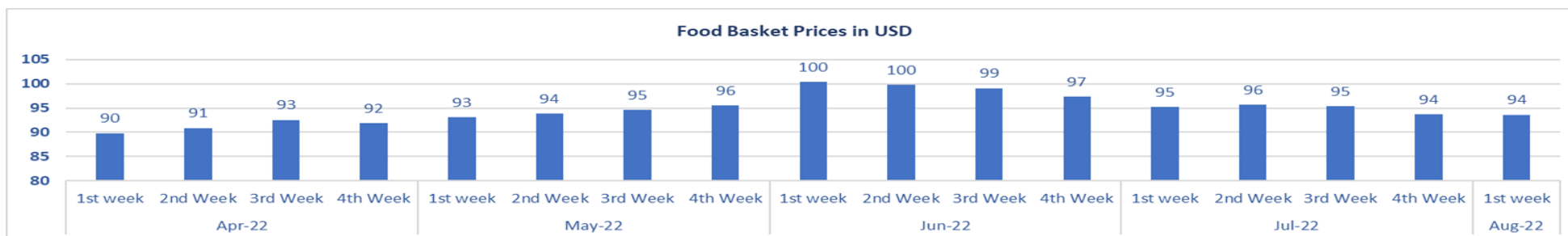





## Highlights

- No significant change was observed in the average price of wheat grain, wheat flour, or rice, compared to last week. However, prices remain significantly higher compared to the same time last year.
- The price of diesel decreased by four percent during the week under review. However, prices remain 98 percent higher compared to the same time last year. Nationally, the average price of diesel stands at 113 AFN/L.
- The value of the Afghani (AFN) remained stable against the US Dollar, depreciating only marginally by 0.3 percent. However, severe cash shortages continue to limit economic activity within banks and local markets.
- Pastoralist Terms of Trade (TOT) declined by five percent during the week under review, due to a decrease in the price of livestock. TOT for both pastoralists and casual laborers remains significantly lower by 33 and 31 percent, respectively, compared to the same time last year.

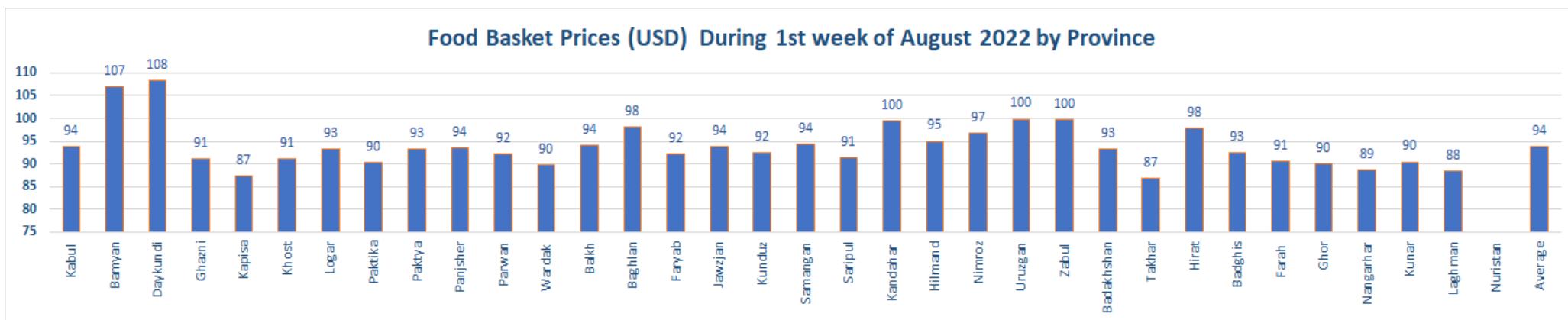
Items	Price/Rate & Comparison (%)			
	This week	Last week (%)	Last year (%)	3 Years Average
<b>EXCHANGE RATE (USD:AFN)</b>	90.1	-0.3%	5%	7%
<b>WHEAT (AFN/Kg)</b>	45	-1%	49%	29%
<b>WHEAT FLOUR - High price (AFN/Kg)</b>	54	1%	52%	27%
<b>WHEAT FLOUR - Low price (AFN/Kg)</b>	49	1%	42%	28%
<b>RICE HIGH QAULTY (AFN/Kg)</b>	122	-0.5%	32%	22%
<b>RICE LOW QAULTY (AFN/Kg)</b>	58	-0.4%	12%	9%
<b>COOKING OIL (AFN/Kg)</b>	179	-3%	20%	25%
<b>PULSES (AFN/Kg)</b>	115	-3%	20%	25%
<b>SUGAR (AFN/Kg)</b>	71	1%	37%	21%
<b>DIESEL ( (AFN/LITER)</b>	113	-4%	98%	64%
<b>ONE YEAR ALIVE FEMALE SHEEP (HEAD)</b>	8210	-0.8%	3%	3%
<b>LABOUR WAGE, UNSKILLED/DAY</b>	296	-0.5%	-3%	-2%
<b>LABOUR WAGE SKILLED/DAY</b>	610	0%	-2%	-4%
<b>FERTILIZER (DAP) - 50 Kg</b>	5998	0%	93%	57%
<b>FERTILIZER (UREA) - 50 Kg</b>	2967	-0.7%	105%	59%
<b>PASTORALIST TERMS of TRADE (ToT)</b>	176	-5%	-33%	-26%
<b>CASUAL LABOUR WAGE TERMS of TRADE (ToT)</b>	6.5	0%	-31%	-27%





7%	Hirat	7%	Nuristan	2%	Ghor	13%	Daykundi	3%	Hirat	11%	Logar	5%	Hirat	-17%	Nuristan
5%	Faryab	6%	Kunar	2%	Takhar	8%	Parwan	3%	Faryab	7%	Ghor	3%	Kunar	-10%	Laghman
2%	Badakhshan	5%	Badghis	1%	Bamyan	7%	Panjsher	-7%	Urozgan	7%	Faryab	1%	Daykundi	-4%	Samangan

The average price of staple food commodities remained stable during the first week of August. The highest food price increases were recorded in Badghis, Daykundi, and Faryab provinces. In Badghis, the price of wheat flour increased by five percent compared to the previous week. In Daykundi, the price of cooking oil increased by 13 percent. A slight increase of one percent in the price of diesel was also reported in this province.



**Weekly Food Basket Prices:**

The average price of WFP’s basic food basket remained stable compared to last week, but remains significantly higher by 26 percent compared to the same time last year.

Price increases were recorded in Daikundi (USD 108), Bamyan (107) Uruzgan, Zabul and Kandahar (USD 100).

**Diesel Prices:**

The national average price of diesel decreased by four percent compared to the previous week. However, record high fuel prices continue to impact transportation costs. The price of diesel increased by five percent in Herat, three percent in Kunar, and one percent in Bamyan and Daykundi provinces.

