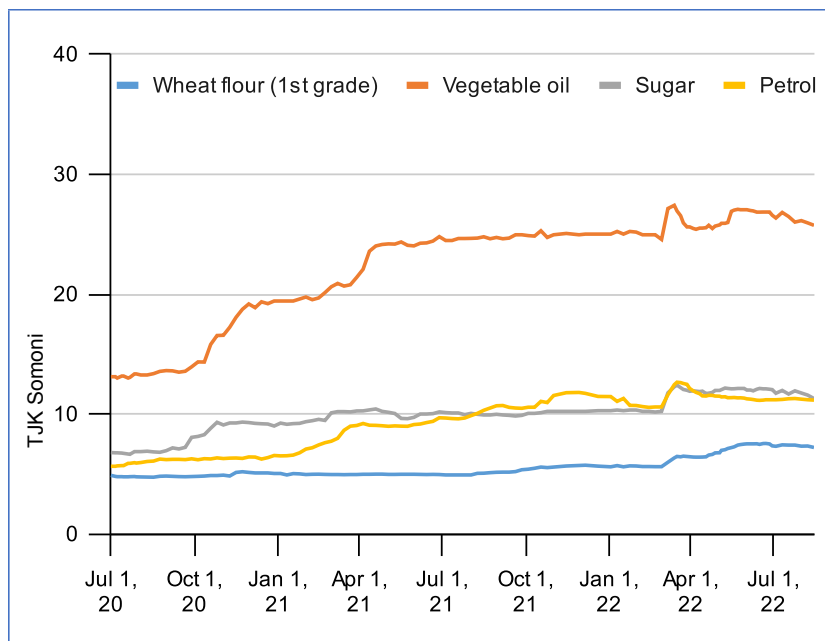


Highlights

- 1 Compared to the last week, a slight decrease in prices of some monitored food commodities was observed in the current reporting period. Prices for wheat flour, vegetable / cotton oils and sugar decreased in the range of 1-3%. These price decreases have been attributed to import increases from foreign countries and ongoing harvest of wheat.
- 2 Vegetable prices such as potatoes and onions have continued to decrease last few weeks due to ongoing harvest. But, compared to the last week, prices of carrots and cabbage increased by 2% and 6% due to reduction of their stocks in the markets.
- 3 Compared to average retail prices of July 2022, prices of most food commodities remained stable. Prices of potatoes and cabbage decreased compared to the last month by 17% and 19% respectively.
- 4 Prices of petrol and diesel have remained stable this reporting period compared to the last week.
- 5 The skilled and unskilled wage labour rates have remained stable this reporting period compared to the last week.

Price trend of selected commodities for 01.07.20 - 15.08.22



Selected items	Prices (Somoni)	
	15.08.22	01.07.20
Wheat flour (1st grade)	7.2	4.9
Vegetable oil	25.7	13.1
Sugar	11.3	6.8
Petrol	11.2	5.6



SAVING LIVES
CHANGING LIVES

Prices in the retail markets for 15-08-2022

Wheat flour (1st grade) (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	7.2	▼ 2%	▼ 3%	▲ 42%
Bokhtar	7.0	▼ 1%	▼ 1%	▲ 43%
Dushanbe	6.9	▼ 4%	▼ 1%	▲ 41%
Hisor	6.8	▼ 2%	▼ 2%	nd
Isfara	7.0	▼ 3%	▼ 5%	▲ 37%
Ishkoshim	8.4	nc	▼ 1%	nd
Istaravshan	6.9	▼ 4%	▼ 3%	▲ 50%
Jayhun	6.8	▼ 5%	▼ 9%	nd
Khorog	8.2	nc	nc	▲ 55%
Khujand	6.7	▼ 2%	▼ 2%	▲ 26%
Kulob	7.1	nc	▼ 3%	▲ 45%
Kushoniyon	6.9	nc	▼ 4%	nd
Murgob	8.3	nc	▼ 1%	▲ 43%
Panjakent	6.9	▼ 1%	▼ 1%	nd
Qubodiyon	7.1	▼ 1%	▼ 3%	nd
Rasht	7.2	▼ 1%	▼ 2%	▲ 49%

Rice (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	14.3	nc	▲ 0.4%	▲ 4%
Bokhtar	14.0	nc	▲ 8%	nc
Dushanbe	13.0	nc	▼ 7%	▼ 7%
Hisor	13.0	▲ 2%	nc	nd
Isfara	17.0	nc	nc	▲ 6%
Ishkoshim	19.5	▼ 3%	▲ 8%	nd
Istaravshan	11.5	▼ 4%	▼ 12%	▲ 15%
Jayhun	12.2	▲ 1%	▲ 2%	nd
Khorog	14.0	nc	nc	▲ 22%
Khujand	11.5	▲ 1%	▲ 15%	▲ 10%
Kulob	13.5	▲ 4%	▲ 4%	▲ 4%
Kushoniyon	15.0	nc	nc	nd
Murgob	19.0	nc	nc	▼ 10%
Panjakent	11.0	nc	▼ 8%	nd
Qubodiyon	12.6	▲ 5%	▼ 16%	nd
Rasht	17.0	nc	▲ 13%	▲ 31%

Vegetable oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	25.7	▼ 1%	▼ 3%	▲ 4%
Bokhtar	25.0	nc	nc	nc
Dushanbe	26.0	nc	nc	▲ 8%
Hisor	23.0	nc	▼ 8%	nd
Isfara	26.5	▼ 2%	▼ 2%	▲ 10%
Ishkoshim	27.5	▼ 2%	▼ 8%	nd
Istaravshan	23.0	nc	nc	nc
Jayhun	23.0	nc	▼ 8%	nd
Khorog	27.4	nc	▼ 0%	▲ 10%
Khujand	24.1	▼ 3%	▼ 2%	▲ 0%
Kulob	25.0	nc	▼ 7%	▲ 4%
Kushoniyon	24.5	▼ 2%	▼ 6%	nd
Murgob	35.0	nc	▲ 6%	▲ 17%
Panjakent	25.0	nc	▼ 4%	nd
Qubodiyon	25.0	nc	▼ 4%	nd
Rasht	26.0	▼ 3%	nc	▲ 8%

Cotton oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	24.3	▼ 1%	▼ 3%	▲ 4%
Bokhtar	24.0	▼ 4%	nc	▲ 4%
Dushanbe	23.5	▼ 2%	▼ 6%	▲ 7%
Hisor	21.0	nc	▼ 11%	nd
Isfara	25.0	nc	▼ 4%	▲ 14%
Ishkoshim	26.5	nc	▼ 5%	nd
Istaravshan	22.0	nc	▼ 2%	▲ 5%
Jayhun	22.0	nc	▼ 4%	nd
Khorog	26.5	▼ 1%	▼ 0%	▲ 8%
Khujand	23.2	▼ 0%	▲ 1%	▼ 3%
Kulob	24.5	nc	▼ 6%	▲ 7%
Kushoniyon	24.0	▼ 4%	▼ 4%	nd
Murgob	30.0	nc	nc	▲ 3%
Panjakent	24.0	▼ 3%	▼ 4%	nd
Qubodiyon	23.5	▼ 2%	▼ 2%	nd
Rasht	24.5	▼ 2%	▼ 2%	▲ 11%

*nc = no change

*nd = no data

*os = out of stock

*last RP = last reported period = 8-08-22

Sugar (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.3	▼ 3%	▼ 3%	▲ 14%
Bokhtar	11.0	nc	nc	▲ 22%
Dushanbe	11.0	nc	nc	▲ 12%
Hisor	10.4	nc	▼ 5%	nd
Isfara	11.0	nc	▼ 4%	▲ 22%
Ishkoshim	12.8	▼ 1%	▼ 2%	nd
Istaravshan	10.0	▼ 9%	▼ 13%	nc
Jayhun	11.5	▼ 4%	▲ 5%	nd
Khorog	12.0	nc	nc	▲ 20%
Khujand	11.2	▼ 3%	▼ 7%	▲ 18%
Kulob	10.6	▼ 8%	▼ 12%	▲ 12%
Kushoniyon	11.5	▼ 4%	nc	nd
Murgob	14.0	nc	nc	▲ 8%
Panjakent	11.4	nc	▼ 1%	nd
Qubodiyon	10.5	▼ 5%	▼ 5%	nd
Rasht	10.5	▼ 4%	▼ 5%	▲ 11%

Milk (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.4	▲ 1%	▲ 2%	▲ 13%
Bokhtar	5.0	nc	nc	▲ 25%
Dushanbe	6.0	nc	nc	▲ 9%
Hisor	4.4	nc	▲ 10%	nd
Isfara	5.0	nc	nc	▲ 25%
Ishkoshim	7.0	nc	nc	nd
Istaravshan	3.3	▼ 6%	▼ 27%	▼ 6%
Jayhun	3.6	nc	▲ 3%	nd
Khorog	8.0	nc	nc	▲ 14%
Khujand	6.0	nc	nc	▲ 50%
Kulob	5.5	▲ 10%	nc	▲ 10%
Kushoniyon	5.0	nc	nc	nd
Murgob	10.0	nc	▲ 11%	▲ 67%
Panjakent	3.0	nc	nc	nd
Qubodiyon	4.0	▲ 14%	▲ 33%	nd
Rasht	5.5	▲ 2%	▲ 10%	▲ 38%

Eggs (10 pcs) (10 pcs)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	12.4	nc	nc	▲ 6%
Bokhtar	11.0	nc	▲ 4%	▲ 22%
Dushanbe	12.0	nc	▲ 9%	▲ 20%
Hisor	11.0	▲ 2%	▼ 12%	nd
Isfara	12.0	nc	nc	▲ 20%
Ishkoshim	15.5	▲ 1%	▲ 3%	nd
Istaravshan	11.0	▼ 8%	▼ 8%	▼ 8%
Jayhun	13.7	nc	▲ 5%	nd
Khorog	14.0	nc	nc	▲ 8%
Khujand	10.0	▼ 6%	▼ 17%	nc
Kulob	11.0	▲ 8%	nc	▲ 22%
Kushoniyon	12.0	▼ 2%	nc	nd
Murgob	18.0	▲ 13%	▲ 13%	▼ 10%
Panjakent	11.4	nc	▼ 5%	nd
Qubodiyon	11.0	▼ 8%	▼ 8%	nd
Rasht	12.0	▼ 3%	▲ 9%	nc

Beef (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	62.4	▼ 0.4%	▲ 1%	▲ 1%
Bokhtar	63.0	▼ 3%	nc	▼ 3%
Dushanbe	68.0	nc	▲ 5%	▲ 8%
Hisor	67.0	nc	▼ 1%	nd
Isfara	65.0	nc	nc	nc
Ishkoshim	58.0	nc	nc	nd
Istaravshan	65.0	nc	▼ 3%	▼ 7%
Jayhun	62.2	nc	▼ 1%	nd
Khorog	60.0	nc	▼ 2%	▲ 3%
Khujand	60.0	nc	nc	nc
Kulob	63.0	nc	▲ 2%	▼ 3%
Kushoniyon	63.0	nc	▲ 2%	nd
Murgob	55.0	nc	▲ 2%	▲ 8%
Panjakent	70.6	nc	▲ 1%	nd
Qubodiyon	60.0	nc	▲ 9%	nd
Rasht	56.5	▼ 2%	▼ 3%	▼ 6%

Mutton (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	69.1	▼ 0.4%	▲ 0.2%	▲ 3%
Bokhtar	70.0	nc	▲ 3%	nc
Dushanbe	70.0	nc	▲ 3%	nc
Hisor	73.0	▼ 1%	▼ 3%	nd
Isfara	75.0	nc	nc	nc
Ishkoshim	os	-	-	-
Istaravshan	76.0	▲ 1%	▲ 1%	▲ 9%
Jayhun	65.4	▼ 4%	▼ 4%	nd
Khorog	62.8	nc	▼ 3%	▲ 6%
Khujand	76.0	▲ 1%	▲ 1%	▲ 1%
Kulob	65.0	nc	nc	▼ 7%
Kushoniyon	70.0	nc	▲ 3%	nd
Murgob	55.0	nc	nc	▲ 6%
Panjakent	76.0	▲ 1%	▲ 1%	nd
Qubodiyon	73.0	▼ 3%	▲ 4%	nd
Rasht	60.0	▼ 1%	▼ 5%	▼ 8%

Chicken (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	35.3	▼ 0.2%	nc	▲ 12%
Bokhtar	32.0	▼ 3%	▼ 3%	▼ 6%
Dushanbe	33.0	nc	nc	▲ 10%
Hisor	30.0	▲ 3%	nc	nd
Isfara	35.0	nc	▼ 3%	▲ 25%
Ishkoshim	45.0	nc	▲ 18%	nd
Istaravshan	36.0	▲ 6%	▲ 9%	▲ 38%
Jayhun	34.8	▲ 4%	▲ 2%	nd
Khorog	40.0	nc	nc	▲ 8%
Khujand	28.4	▲ 1%	▲ 1%	▲ 5%
Kulob	34.0	▲ 1%	▼ 3%	▲ 13%
Kushoniyon	33.0	nc	▼ 8%	nd
Murgob	42.0	▼ 13%	▼ 11%	▲ 11%
Panjakent	39.0	▲ 3%	▲ 3%	nd
Qubodiyon	32.8	▲ 2%	▼ 1%	nd
Rasht	35.0	▼ 3%	▼ 3%	nc

Chickpeas (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	20.6	▲ 2%	▲ 2%	▲ 29%
Bokhtar	22.0	nc	▲ 10%	▲ 22%
Dushanbe	19.0	nc	▼ 5%	▲ 36%
Hisor	18.6	▲ 15%	▼ 2%	nd
Isfara	21.0	▲ 5%	▲ 5%	▲ 50%
Ishkoshim	22.5	▲ 2%	▲ 2%	nd
Istaravshan	20.0	nc	▼ 9%	▲ 82%
Jayhun	20.0	nc	▲ 5%	nd
Khorog	21.0	▲ 5%	▲ 11%	▲ 31%
Khujand	20.2	▼ 1%	▲ 1%	▼ 8%
Kulob	21.0	▲ 5%	▲ 5%	▲ 40%
Kushoniyon	23.0	▲ 5%	▲ 15%	nd
Murgob	20.0	▼ 5%	▼ 9%	▲ 18%
Panjakent	20.6	▼ 1%	▲ 8%	nd
Qubodiyon	19.4	▼ 3%	▲ 8%	nd
Rasht	21.0	▼ 1%	▼ 5%	▲ 24%

Haricot bean (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	17.5	▲ 1%	▲ 5%	▲ 3%
Bokhtar	18.0	▲ 6%	▲ 13%	nc
Dushanbe	18.0	nc	nc	▲ 13%
Hisor	14.6	▼ 4%	▼ 9%	nd
Isfara	15.0	nc	▲ 7%	▲ 7%
Ishkoshim	21.0	▲ 3%	▲ 5%	nd
Istaravshan	15.0	▲ 7%	▲ 7%	nc
Jayhun	18.5	▲ 1%	▲ 23%	nd
Khorog	18.0	nc	nc	▲ 6%
Khujand	17.2	nc	▲ 1%	▲ 1%
Kulob	18.3	▲ 5%	▲ 8%	▲ 8%
Kushoniyon	17.0	nc	nc	nd
Murgob	24.0	nc	▲ 9%	▲ 4%
Panjakent	15.7	▼ 7%	▲ 5%	nd
Qubodiyon	16.0	nc	▲ 7%	nd
Rasht	16.0	▲ 5%	▼ 6%	nc

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices are collected at the start of each week. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.9	▽ 4%	▽ 17%	Δ 17%
Bokhtar	5.0	nc	▽ 17%	Δ 43%
Dushanbe	5.0	▽ 6%	▽ 9%	Δ 25%
Hisor	3.6	▽ 9%	▽ 19%	nd
Isfara	3.3	▽ 18%	▽ 34%	nc
Ishkoshim	7.0	▽ 7%	▽ 13%	nd
Istaravshan	3.0	nc	▽ 50%	Δ 20%
Jayhun	4.0	▽ 15%	▽ 27%	nd
Khorog	6.0	▽ 8%	▽ 14%	Δ 15%
Khujand	3.8	▽ 4%	▽ 16%	Δ 27%
Kulob	5.3	▽ 4%	▽ 12%	Δ 39%
Kushoniyon	6.0	▽ 8%	nc	nd
Murgob	8.0	nc	nc	Δ 7%
Panjakent	4.3	Δ 8%	▽ 19%	nd
Qubodiyon	4.2	Δ 4%	▽ 25%	nd
Rasht	5.2	nc	▽ 20%	Δ 4%

Onions (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.2	▽ 11%	▽ 19%	Δ 157%
Bokhtar	5.0	▽ 9%	▽ 23%	Δ 178%
Dushanbe	5.0	▽ 17%	▽ 23%	Δ 163%
Hisor	3.5	▽ 14%	▽ 49%	nd
Isfara	3.3	▽ 34%	▽ 43%	Δ 120%
Ishkoshim	6.5	▽ 21%	▽ 13%	nd
Istaravshan	5.0	nc	▽ 33%	Δ 285%
Jayhun	3.8	nc	▽ 31%	nd
Khorog	7.0	▽ 7%	nc	Δ 126%
Khujand	4.8	▽ 2%	▽ 19%	Δ 300%
Kulob	5.6	▽ 4%	▽ 7%	Δ 273%
Kushoniyon	6.0	▽ 10%	nc	nd
Murgob	8.0	▽ 6%	Δ 5%	Δ 100%
Panjakent	4.4	▽ 24%	▽ 27%	nd
Qubodiyon	4.4	▽ 12%	▽ 27%	nd
Rasht	6.0	▽ 3%	▽ 8%	Δ 200%

Carrots (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.6	Δ 2%	▽ 2%	▽ 48%
Bokhtar	4.0	Δ 33%	Δ 60%	▽ 43%
Dushanbe	2.5	nc	▽ 29%	▽ 64%
Hisor	2.3	Δ 51%	nc	nd
Isfara	3.3	nc	Δ 10%	▽ 34%
Ishkoshim	6.0	Δ 3%	▽ 14%	nd
Istaravshan	2.5	nc	▽ 42%	▽ 29%
Jayhun	2.6	▽ 9%	Δ 2%	nd
Khorog	4.0	nc	nc	▽ 56%
Khujand	2.3	▽ 28%	▽ 43%	▽ 43%
Kulob	2.3	▽ 18%	Δ 15%	▽ 62%
Kushoniyon	3.0	nc	Δ 20%	nd
Murgob	8.0	nc	Δ 14%	▽ 38%
Panjakent	3.3	nc	▽ 17%	nd
Qubodiyon	3.7	Δ 13%	Δ 87%	nd
Rasht	4.0	Δ 17%	▽ 5%	▽ 43%

Cabbage (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.8	Δ 6%	nc	Δ 25%
Bokhtar	4.0	Δ 33%	Δ 33%	Δ 21%
Dushanbe	3.5	Δ 40%	nc	Δ 17%
Hisor	2.6	Δ 24%	Δ 30%	nd
Isfara	3.3	Δ 10%	▽ 6%	Δ 10%
Ishkoshim	5.0	Δ 4%	▽ 33%	nd
Istaravshan	2.0	Δ 33%	▽ 33%	nc
Jayhun	3.7	Δ 9%	Δ 6%	nd
Khorog	4.4	▽ 12%	▽ 12%	Δ 33%
Khujand	2.3	Δ 15%	Δ 15%	▽ 8%
Kulob	3.0	nc	nc	Δ 50%
Kushoniyon	4.0	nc	Δ 100%	nd
Murgob	7.0	nc	▽ 7%	Δ 40%
Panjakent	3.1	nc	Δ 22%	nd
Qubodiyon	3.5	nc	nc	nd
Rasht	5.0	▽ 5%	Δ 19%	Δ 67%

Petrol (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.2	nc	▽ 1%	Δ 8%
Bokhtar	11.2	nc	Δ 2%	Δ 7%
Dushanbe	10.6	nc	▽ 2%	Δ 6%
Hisor	10.8	nc	▽ 1%	nd
Isfara	10.7	nc	▽ 3%	Δ 4%
Ishkoshim	12.7	nc	nc	nd
Istaravshan	10.4	Δ 1%	▽ 5%	Δ 5%
Jayhun	10.4	▽ 3%	▽ 4%	nd
Khorog	11.8	nc	nc	Δ 15%
Khujand	10.5	▽ 2%	▽ 5%	Δ 5%
Kulob	10.8	nc	nc	Δ 6%
Kushoniyon	11.0	nc	nc	nd
Murgob	13.5	nc	Δ 2%	Δ 17%
Panjakent	11.0	nc	nc	nd
Qubodiyon	10.4	nc	▽ 4%	nd
Rasht	11.6	nc	Δ 5%	Δ 14%

Diesel (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	13.2	▽ 1%	▽ 1%	Δ 36%
Bokhtar	12.7	▽ 2%	▽ 5%	Δ 37%
Dushanbe	12.9	nc	▽ 1%	Δ 37%
Hisor	12.8	nc	▽ 2%	nd
Isfara	12.9	nc	▽ 4%	Δ 40%
Ishkoshim	13.9	nc	Δ 1%	nd
Istaravshan	12.8	▽ 3%	▽ 5%	Δ 36%
Jayhun	12.8	nc	▽ 3%	nd
Khorog	13.7	nc	▽ 2%	Δ 38%
Khujand	12.8	nc	▽ 1%	Δ 43%
Kulob	13.3	nc	Δ 1%	Δ 39%
Kushoniyon	12.8	nc	▽ 3%	nd
Murgob	14.0	nc	▽ 3%	Δ 17%
Panjakent	13.5	nc	Δ 3%	nd
Qubodiyon	13.0	▽ 3%	▽ 2%	nd
Rasht	14.0	nc	Δ 8%	Δ 46%

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	72	nc	▽ 4%	Δ 25%
Bokhtar	70	nc	nc	Δ 40%
Dushanbe	70	nc	nc	Δ 17%
Hisor	70	nc	▽ 13%	nd
Isfara	90	nc	nc	Δ 13%
Ishkoshim	70	nc	▽ 13%	nd
Istaravshan	70	nc	nc	Δ 40%
Jayhun	70	nc	nc	nd
Khorog	100	nc	nc	Δ 11%
Khujand	70	nc	nc	Δ 17%
Kulob	70	nc	nc	Δ 17%
Kushoniyon	70	nc	nc	nd
Murgob	60	nc	nc	Δ 50%
Panjakent	70	nc	▽ 22%	nd
Qubodiyon	70	nc	nc	nd
Rasht	60	nc	nc	Δ 122%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	106	▽ 0.4%	▽ 2%	Δ 16%
Bokhtar	100	nc	nc	nc
Dushanbe	100	nc	nc	Δ 43%
Hisor	118	▽ 2%	▽ 2%	nd
Isfara	130	nc	nc	Δ 8%
Ishkoshim	100	nc	▽ 9%	nd
Istaravshan	110	nc	nc	Δ 10%
Jayhun	110	nc	nc	nd
Khorog	120	nc	nc	Δ 20%
Khujand	102	▽ 4%	Δ 2%	Δ 2%
Kulob	110	nc	nc	Δ 22%
Kushoniyon	100	nc	nc	nd
Murgob	100	nc	nc	os
Panjakent	100	nc	▽ 20%	nd
Qubodiyon	100	nc	nc	nd
Rasht	90	nc	nc	Δ 80%