



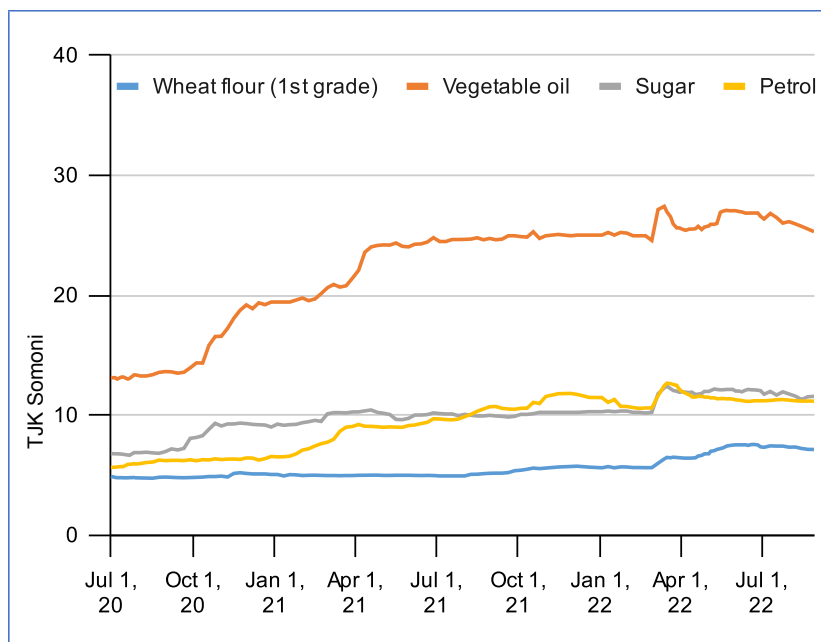
World Food Programme

SAVING LIVES
CHANGING LIVES

Highlights

- 1 Compared to the last week, the average prices of most monitored food commodities remained stable in the majority of markets in the current reporting period. An increase in rice price was reported in 6 markets in the range of 1-9% while it remained the same in 9 other markets. Milk and egg prices also increased in 3-4 markets compared to the last week.
- 2 Compared to the last week, the average prices of potatoes, onions, carrots and cabbage decreased in the range of 2-6% due to the ongoing harvest.
- 3 Compared to average retail prices of July 2022, prices of most food commodities remained stable. Prices of potatoes and onions decreased compared to the last month by 19% and 35%, but carrots and cabbage prices increased by 4% and 9% respectively.
- 4 Prices of petrol and diesel have remained stable this reporting period compared to the last few weeks.
- 5 The skilled and unskilled wage labour rates have remained stable this reporting period compared to the last few weeks.

Price trend of selected commodities for 01.07.20 - 29.08.22



Selected items	Prices (Somoni)	
	29.08.22	01.07.20
Wheat flour (1st grade)	7.1	4.9
Vegetable oil	25.3	13.1
Sugar	11.6	6.8
Petrol	11.2	5.6

Prices in the retail markets for 29-08-2022

Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	7.1	nc	▼ 3%	▲ 39%
Bokhtar	7.0	nc	▼ 1%	▲ 37%
Dushanbe	6.8	nc	▼ 6%	▲ 39%
Hisor	6.7	▼ 1%	▼ 4%	nd
Isfara	7.0	nc	▼ 3%	▲ 37%
Ishkoshim	8.2	nc	▼ 2%	nd
Istaravshan	6.8	▼ 1%	▼ 6%	▲ 45%
Jayhun	6.7	nc	▼ 6%	nd
Khorog	8.2	nc	nc	▲ 55%
Khujand	6.3	nc	▼ 8%	▲ 15%
Kulob	7.1	nc	nc	▲ 45%
Kushoniyon	6.9	nc	▲ 3%	nd
Murgob	8.1	nc	▼ 4%	▲ 40%
Panjakent	6.9	nc	nc	nd
Qubodiyon	7.1	nc	▼ 1%	nd
Rasht	7.1	nc	▼ 2%	▲ 42%

**nc = no change*

Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	14.6	▲ 1%	▲ 4%	▲ 6%
Bokhtar	14.0	nc	nc	nc
Dushanbe	13.0	nc	nc	▼ 13%
Hisor	14.0	▲ 4%	▲ 11%	nd
Isfara	17.0	nc	nc	▲ 6%
Ishkoshim	20.0	nc	nc	nd
Istaravshan	11.5	nc	▼ 4%	▲ 15%
Jayhun	12.8	▲ 2%	▲ 7%	nd
Khorog	14.0	nc	nc	▲ 22%
Khujand	11.4	▲ 1%	▲ 12%	▲ 4%
Kulob	13.5	▲ 1%	▲ 2%	▲ 4%
Kushoniyon	15.5	▲ 3%	▲ 3%	nd
Murgob	18.5	nc	▼ 3%	▼ 12%
Panjakent	12.0	▲ 9%	▲ 9%	nd
Qubodiyon	15.0	nc	▲ 25%	nd
Rasht	17.5	nc	▲ 3%	▲ 35%

**nd = no data* **os = out of stock*

Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	25.3	▼ 1%	▼ 3%	▲ 2%
Bokhtar	24.5	▼ 1%	▲ 2%	nc
Dushanbe	25.0	▼ 2%	▼ 4%	▲ 4%
Hisor	23.0	nc	▲ 2%	nd
Isfara	24.5	▼ 2%	▼ 6%	▲ 2%
Ishkoshim	27.5	▼ 4%	▼ 8%	nd
Istaravshan	23.0	nc	nc	nc
Jayhun	23.0	nc	nc	nd
Khorog	27.4	nc	▼ 0%	▲ 10%
Khujand	23.0	nc	▼ 7%	▼ 4%
Kulob	24.5	▼ 2%	▼ 6%	▲ 2%
Kushoniyon	24.5	nc	▼ 6%	nd
Murgob	35.0	nc	▲ 3%	▲ 17%
Panjakent	24.5	▼ 2%	▼ 6%	nd
Qubodiyon	24.4	▼ 0%	▼ 6%	nd
Rasht	25.5	nc	▼ 6%	▲ 6%

**last RP = last reported period = 22-08-22*

Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	24.2	▼ 0.2%	▼ 1%	▲ 3%
Bokhtar	23.5	nc	▲ 2%	▲ 2%
Dushanbe	23.0	nc	▼ 8%	nc
Hisor	23.0	nc	▲ 10%	nd
Isfara	24.5	▼ 2%	▲ 7%	▲ 17%
Ishkoshim	25.5	▼ 4%	▼ 6%	nd
Istaravshan	22.0	nc	nc	nc
Jayhun	22.0	nc	nc	nd
Khorog	26.5	nc	▼ 1%	▲ 8%
Khujand	22.8	▲ 0%	▼ 3%	▼ 3%
Kulob	23.5	▼ 2%	▼ 6%	▲ 2%
Kushoniyon	23.5	nc	▼ 6%	nd
Murgob	30.0	nc	nc	▲ 7%
Panjakent	23.5	nc	▼ 6%	nd
Qubodiyon	23.5	nc	▼ 2%	nd
Rasht	25.5	▲ 4%	▲ 2%	▲ 16%

Sugar (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.6	nc	▼ 2%	▲ 16%
Bokhtar	11.0	nc	▼ 8%	▲ 22%
Dushanbe	11.0	nc	nc	▲ 12%
Hisor	10.6	▼ 5%	▲ 2%	nd
Isfara	11.5	▲ 5%	▼ 4%	▲ 15%
Ishkoshim	13.5	nc	▲ 4%	nd
Istaravshan	11.0	▲ 10%	▼ 4%	▲ 10%
Jayhun	12.0	nc	▲ 2%	nd
Khorog	12.0	nc	nc	▲ 20%
Khujand	11.8	▲ 2%	▲ 4%	▲ 24%
Kulob	10.5	nc	▼ 7%	▲ 11%
Kushoniyon	12.0	nc	nc	nd
Murgob	14.0	nc	nc	▲ 8%
Panjakent	12.0	nc	nc	nd
Qubodiyon	10.0	▼ 3%	▼ 9%	nd
Rasht	10.5	▼ 2%	▼ 4%	▲ 17%

Milk (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.5	▲ 2%	▲ 1%	▲ 14%
Bokhtar	5.0	nc	nc	▲ 25%
Dushanbe	6.0	nc	nc	▲ 9%
Hisor	5.0	▲ 11%	▲ 14%	nd
Isfara	5.0	nc	nc	▲ 25%
Ishkoshim	7.0	nc	nc	nd
Istaravshan	3.5	▲ 6%	nc	▼ 13%
Jayhun	3.6	nc	nc	nd
Khorog	8.0	nc	▼ 2%	▲ 14%
Khujand	6.0	nc	nc	▲ 50%
Kulob	5.5	nc	nc	▲ 10%
Kushoniyon	5.0	nc	▼ 9%	nd
Murgob	10.0	nc	nc	▲ 67%
Panjakent	3.0	nc	nc	nd
Qubodiyon	4.0	▲ 14%	▲ 14%	nd
Rasht	6.0	▲ 7%	▲ 11%	▲ 50%

Eggs (10 pcs) (10 pcs)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	12.3	▲ 2%	▼ 5%	▲ 7%
Bokhtar	12.3	▲ 23%	nc	▲ 37%
Dushanbe	12.0	nc	▼ 2%	▲ 20%
Hisor	12.6	▲ 21%	▼ 1%	nd
Isfara	12.0	nc	nc	▲ 20%
Ishkoshim	15.5	▼ 6%	▲ 3%	nd
Istaravshan	11.0	nc	▼ 8%	nc
Jayhun	13.6	nc	▲ 5%	nd
Khorog	14.0	nc	▲ 1%	▲ 8%
Khujand	10.0	nc	▼ 17%	▲ 11%
Kulob	11.0	nc	nc	▲ 22%
Kushoniyon	11.0	nc	▼ 11%	nd
Murgob	16.0	nc	▼ 11%	▼ 20%
Panjakent	10.0	nc	▼ 17%	nd
Qubodiyon	11.0	▲ 2%	▼ 8%	nd
Rasht	12.0	▼ 2%	▼ 3%	nc

Beef (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	62.1	▼ 0.3%	▼ 1%	▲ 0.2%
Bokhtar	63.0	nc	nc	▼ 3%
Dushanbe	68.0	nc	nc	▲ 5%
Hisor	67.0	▼ 0%	▼ 1%	nd
Isfara	65.0	nc	nc	nc
Ishkoshim	58.0	▼ 2%	nc	nd
Istaravshan	65.0	nc	nc	▼ 7%
Jayhun	62.2	nc	▼ 1%	nd
Khorog	60.0	nc	nc	▲ 3%
Khujand	60.0	nc	nc	nc
Kulob	63.0	nc	nc	▼ 3%
Kushoniyon	63.0	nc	nc	nd
Murgob	55.0	nc	nc	▲ 10%
Panjakent	70.0	nc	nc	nd
Qubodiyon	57.0	▼ 2%	▼ 5%	nd
Rasht	56.0	▼ 1%	▼ 3%	▼ 7%

Mutton (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	69.4	▲ 1%	▲ 0.3%	▲ 5%
Bokhtar	70.0	▲ 3%	nc	nc
Dushanbe	70.0	nc	nc	nc
Hisor	73.0	▼ 1%	▼ 1%	nd
Isfara	75.0	nc	nc	▲ 7%
Ishkoshim	65.0	nc	os	nd
Istaravshan	78.0	▲ 3%	▲ 4%	▲ 4%
Jayhun	72.6	▲ 12%	▲ 6%	nd
Khorog	62.6	▲ 0%	▲ 4%	▲ 6%
Khujand	76.0	▲ 0%	▲ 1%	▲ 17%
Kulob	65.0	nc	▲ 0%	▼ 7%
Kushoniyon	70.0	nc	nc	nd
Murgob	56.0	▲ 2%	▲ 2%	▲ 8%
Panjakent	78.0	nc	▲ 4%	nd
Qubodiyon	69.6	▼ 3%	▼ 7%	nd
Rasht	60.0	nc	▼ 1%	▼ 8%

Chicken (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	35.1	▼ 2%	▼ 1%	▲ 9%
Bokhtar	33.0	▼ 1%	▲ 3%	▼ 3%
Dushanbe	33.0	nc	nc	▲ 10%
Hisor	31.2	▲ 1%	▲ 9%	nd
Isfara	31.0	▼ 13%	▼ 11%	▲ 7%
Ishkoshim	45.0	nc	nc	nd
Istaravshan	35.0	▼ 5%	▲ 6%	▲ 30%
Jayhun	33.6	▼ 2%	▼ 0%	nd
Khorog	40.0	nc	▲ 1%	▲ 8%
Khujand	28.4	▼ 1%	▲ 1%	▲ 5%
Kulob	34.5	▲ 1%	▲ 4%	▲ 15%
Kushoniyon	33.0	▼ 3%	nc	nd
Murgob	43.0	▲ 2%	▼ 4%	▲ 8%
Panjakent	38.0	nc	▼ 3%	nd
Qubodiyon	33.2	nc	▲ 1%	nd
Rasht	34.0	▼ 4%	▼ 10%	▼ 3%

Chickpeas (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	20.8	▲ 1%	▲ 4%	▲ 28%
Bokhtar	21.0	▼ 5%	▲ 5%	▲ 24%
Dushanbe	19.0	nc	nc	▲ 36%
Hisor	20.0	▼ 2%	▲ 28%	nd
Isfara	22.0	▲ 2%	▲ 10%	▲ 47%
Ishkoshim	23.0	▼ 2%	nc	nd
Istaravshan	21.0	▲ 5%	▼ 5%	▲ 75%
Jayhun	19.6	▲ 3%	▼ 2%	nd
Khorog	20.0	nc	nc	▲ 25%
Khujand	20.2	nc	▼ 1%	▼ 8%
Kulob	20.0	▼ 3%	▼ 2%	▲ 25%
Kushoniyon	22.0	nc	▲ 10%	nd
Murgob	21.5	▲ 8%	▲ 8%	▲ 26%
Panjakent	21.0	▲ 5%	▲ 17%	nd
Qubodiyon	20.0	nc	nc	nd
Rasht	22.0	▲ 4%	▼ 4%	▲ 29%

Haricot bean (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	17.7	nc	▲ 2%	▲ 3%
Bokhtar	17.0	▼ 8%	▼ 6%	▲ 6%
Dushanbe	17.5	▼ 3%	▼ 3%	▲ 9%
Hisor	15.4	▲ 3%	nc	nd
Isfara	15.0	▲ 5%	nc	▼ 6%
Ishkoshim	20.5	nc	▼ 2%	nd
Istaravshan	16.0	nc	nc	▲ 7%
Jayhun	19.4	nc	▲ 8%	nd
Khorog	18.0	nc	nc	▲ 6%
Khujand	17.2	nc	nc	▼ 4%
Kulob	18.0	▲ 3%	▲ 6%	▲ 6%
Kushoniyon	18.0	nc	▲ 13%	nd
Murgob	24.0	nc	▼ 4%	nc
Panjakent	15.0	▼ 4%	▼ 6%	nd
Qubodiyon	18.0	▼ 1%	▲ 20%	nd
Rasht	16.0	▲ 4%	▲ 4%	nc

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices are collected at the start of each week. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.3	▽ 6%	▽ 19%	△ 8%
Bokhtar	4.0	▽ 15%	▽ 33%	△ 21%
Dushanbe	4.4	▽ 2%	▽ 20%	△ 26%
Hisor	3.5	▽ 8%	▽ 10%	nd
Isfara	3.3	nc	▽ 34%	nc
Ishkoshim	6.8	▽ 10%	▽ 10%	nd
Istaravshan	3.0	nc	▽ 14%	△ 20%
Jayhun	4.0	nc	▽ 15%	nd
Khorog	6.0	nc	▽ 18%	△ 20%
Khujand	3.3	▽ 13%	▽ 27%	△ 10%
Kulob	4.0	▽ 7%	▽ 31%	△ 14%
Kushoniyon	4.7	▽ 6%	▽ 22%	nd
Murgob	7.0	nc	nc	nc
Panjakent	3.0	▽ 25%	▽ 14%	nd
Qubodiyon	4.0	nc	▽ 17%	nd
Rasht	4.2	▽ 7%	▽ 19%	▽ 16%

Onions (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.5	▽ 4%	▽ 35%	△ 108%
Bokhtar	4.0	▽ 11%	▽ 43%	△ 167%
Dushanbe	4.3	nc	▽ 39%	△ 115%
Hisor	3.0	▽ 5%	▽ 47%	nd
Isfara	3.3	nc	▽ 53%	△ 83%
Ishkoshim	7.0	nc	nc	nd
Istaravshan	4.0	▽ 11%	▽ 30%	△ 186%
Jayhun	3.5	nc	▽ 52%	nd
Khorog	7.0	nc	▽ 6%	△ 133%
Khujand	3.6	▽ 10%	▽ 41%	△ 140%
Kulob	3.8	▽ 12%	▽ 34%	△ 124%
Kushoniyon	4.0	▽ 13%	▽ 43%	nd
Murgob	7.0	nc	▽ 30%	△ 75%
Panjakent	3.9	▽ 3%	▽ 35%	nd
Qubodiyon	4.0	nc	▽ 43%	nd
Rasht	5.0	▽ 6%	▽ 40%	△ 100%

Carrots (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.5	▽ 4%	△ 4%	▽ 27%
Bokhtar	3.5	▽ 13%	△ 6%	▽ 13%
Dushanbe	2.5	▽ 11%	nc	▽ 38%
Hisor	3.1	▽ 2%	△ 3%	nd
Isfara	3.0	▽ 14%	▽ 9%	nc
Ishkoshim	7.4	△ 23%	△ 47%	nd
Istaravshan	2.0	▽ 20%	▽ 20%	▽ 20%
Jayhun	2.4	▽ 4%	nc	nd
Khorog	4.0	nc	nc	▽ 43%
Khujand	2.0	▽ 9%	▽ 41%	▽ 33%
Kulob	2.3	nc	▽ 8%	▽ 43%
Kushoniyon	3.5	△ 3%	nc	nd
Murgob	7.0	▽ 13%	△ 17%	▽ 22%
Panjakent	3.0	nc	▽ 14%	nd
Qubodiyon	3.8	▽ 21%	△ 27%	nd
Rasht	3.7	△ 6%	△ 8%	▽ 47%

Cabbage (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.0	▽ 1%	△ 9%	△ 45%
Bokhtar	4.0	nc	△ 14%	△ 74%
Dushanbe	4.5	△ 13%	△ 50%	△ 50%
Hisor	3.1	△ 15%	△ 3%	nd
Isfara	4.0	△ 4%	△ 33%	△ 100%
Ishkoshim	5.5	△ 10%	▽ 8%	nd
Istaravshan	2.5	nc	△ 25%	△ 47%
Jayhun	3.9	△ 4%	△ 15%	nd
Khorog	4.0	▽ 11%	▽ 20%	△ 14%
Khujand	2.5	▽ 26%	△ 25%	nc
Kulob	3.6	△ 21%	△ 21%	△ 82%
Kushoniyon	4.0	nc	nc	nd
Murgob	6.0	▽ 14%	nc	△ 20%
Panjakent	3.5	▽ 13%	△ 17%	nd
Qubodiyon	4.0	nc	△ 33%	nd
Rasht	5.0	▽ 4%	▽ 5%	△ 79%

Petrol (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.2	nc	▽ 1%	△ 4%
Bokhtar	11.2	nc	▽ 1%	△ 7%
Dushanbe	10.6	nc	nc	△ 6%
Hisor	10.8	nc	nc	nd
Isfara	10.7	nc	▽ 1%	△ 3%
Ishkoshim	12.7	nc	nc	nd
Istaravshan	10.4	nc	△ 1%	△ 2%
Jayhun	10.4	nc	▽ 4%	nd
Khorog	11.8	nc	nc	△ 9%
Khujand	10.4	nc	▽ 2%	▽ 2%
Kulob	10.8	nc	▽ 1%	△ 2%
Kushoniyon	11.0	nc	▽ 2%	nd
Murgob	13.5	nc	nc	△ 8%
Panjakent	11.0	nc	nc	nd
Qubodiyon	10.4	nc	▽ 2%	nd
Rasht	11.6	nc	nc	△ 9%

Diesel (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	13.2	nc	▽ 1%	△ 35%
Bokhtar	12.8	nc	▽ 2%	△ 38%
Dushanbe	12.9	nc	▽ 1%	△ 37%
Hisor	12.8	nc	nc	nd
Isfara	12.9	nc	▽ 1%	△ 37%
Ishkoshim	14.1	△ 1%	△ 3%	nd
Istaravshan	12.7	▽ 1%	▽ 2%	△ 35%
Jayhun	12.8	nc	▽ 6%	nd
Khorog	13.7	nc	▽ 2%	△ 38%
Khujand	12.7	nc	▽ 2%	△ 36%
Kulob	13.1	nc	nc	△ 38%
Kushoniyon	12.8	nc	nc	nd
Murgob	14.0	nc	nc	△ 20%
Panjakent	13.2	▽ 1%	△ 2%	nd
Qubodiyon	12.8	▽ 2%	▽ 3%	nd
Rasht	14.0	nc	nc	△ 46%

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	72	nc	nc	△ 25%
Bokhtar	70	nc	nc	△ 40%
Dushanbe	70	nc	nc	△ 17%
Hisor	70	nc	nc	nd
Isfara	90	nc	nc	△ 13%
Ishkoshim	70	nc	nc	nd
Istaravshan	70	nc	nc	△ 40%
Jayhun	70	nc	nc	nd
Khorog	100	nc	nc	△ 11%
Khujand	70	nc	nc	△ 17%
Kulob	70	nc	nc	△ 17%
Kushoniyon	70	nc	nc	nd
Murgob	60	nc	nc	△ 50%
Panjakent	70	nc	nc	nd
Qubodiyon	70	nc	nc	nd
Rasht	60	nc	nc	△ 122%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	106	▽ 0.1%	▽ 1%	△ 16%
Bokhtar	100	nc	nc	nc
Dushanbe	100	nc	nc	△ 43%
Hisor	118	nc	▽ 2%	nd
Isfara	130	nc	nc	△ 8%
Ishkoshim	100	nc	nc	nd
Istaravshan	110	nc	nc	△ 10%
Jayhun	110	nc	nc	nd
Khorog	120	nc	nc	△ 20%
Khujand	100	▽ 2%	▽ 6%	nc
Kulob	110	nc	nc	△ 22%
Kushoniyon	100	nc	nc	nd
Murgob	100	nc	nc	os
Panjakent	100	nc	nc	nd
Qubodiyon	100	nc	nc	nd
Rasht	90	nc	nc	△ 80%