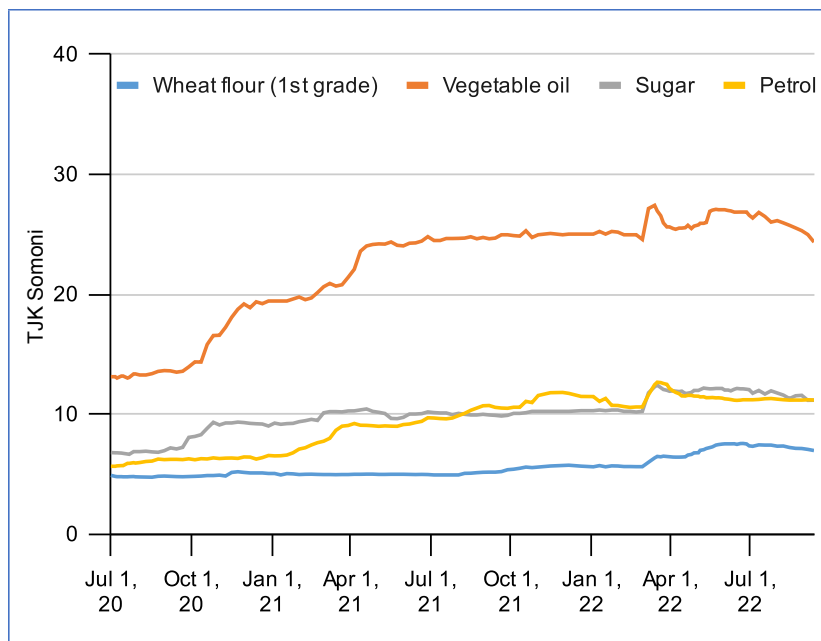


Highlights

- 1 Compared to the last week, the prices of key food commodities such as wheat flour, vegetable and cotton oils continued to decrease in the range of 1-3% due to import increases from foreign countries and ongoing harvest of wheat.
- 2 Compared to average retail prices of August 2022, prices of most food commodities remained stable. The prices of key food commodities such as wheat flour, vegetable oil and sugar are lower in the range of 1-6%.
- 3 Compared to the last year, prices of most food commodities got higher, although there are some commodities, which prices got lower. TOP-3 food commodities with the biggest increase compared to 1 year ago are onions (+100%), cabbage(+50%) and wheat flour (+35%). The food commodities, which prices got lower are carrots (-20%), cotton oil (-2%) and vegetable oil (-1%).
- 4 The decrease in petrol prices continued in 4 markets at 1%, while they remained the same in 11 other markets. At the same time, the diesel prices decreased in 5 markets in the range of 1-2%, they increased in the Khorog market by 2% and remained the same in 9 other markets.
- 5 Compared to the last week, wage labour rates remained stable in the majority of markets and only unskilled wage rates increased in the Khujand market by 3% and skilled wage rates decreased in the Kulob market by 6%.

Price trend of selected commodities for 01.07.20 - 12.09.22



Selected items	Prices (Somoni)	
	12.09.22	01.07.20
Wheat flour (1st grade)	7.0	4.9
Vegetable oil	24.3	13.1
Sugar	11.2	6.8
Petrol	11.2	5.6



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Prices in the retail markets for 12-09-2022

Wheat flour (1st grade) (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	7.0	▽ 1%	▽ 4%	Δ 35%
Bokhtar	6.8	▽ 1%	▽ 3%	Δ 33%
Dushanbe	6.6	▽ 1%	▽ 4%	Δ 35%
Hisor	6.5	▽ 2%	▽ 5%	nd
Isfara	6.7	▽ 3%	▽ 4%	Δ 31%
Ishkoshim	8.2	nc	▽ 2%	nd
Istaravshan	6.5	▽ 3%	▽ 6%	Δ 38%
Jayhun	6.7	nc	▽ 1%	nd
Khorog	8.2	nc	nc	Δ 55%
Khujand	6.2	▽ 1%	▽ 7%	Δ 13%
Kulob	6.9	▽ 1%	▽ 3%	Δ 38%
Kushoniyon	6.7	▽ 1%	▽ 3%	nd
Murgob	8.0	▽ 1%	▽ 4%	Δ 38%
Panjakent	6.6	▽ 1%	▽ 4%	nd
Qubodiyon	6.8	▽ 3%	▽ 4%	nd
Rasht	6.9	▽ 1%	▽ 3%	Δ 38%

Rice (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	14.7	nc	Δ 3%	Δ 8%
Bokhtar	14.0	nc	nc	nc
Dushanbe	13.0	nc	nc	▽ 7%
Hisor	14.0	nc	Δ 8%	nd
Isfara	17.0	nc	nc	Δ 6%
Ishkoshim	19.0	▽ 5%	▽ 3%	nd
Istaravshan	11.5	nc	nc	Δ 15%
Jayhun	12.5	▽ 2%	Δ 2%	nd
Khorog	14.4	Δ 3%	Δ 3%	Δ 25%
Khujand	11.4	Δ 2%	▽ 1%	Δ 9%
Kulob	13.5	nc	nc	Δ 13%
Kushoniyon	14.5	▽ 3%	▽ 3%	nd
Murgob	19.5	Δ 3%	Δ 3%	▽ 7%
Panjakent	12.0	nc	Δ 9%	nd
Qubodiyon	16.0	Δ 7%	Δ 27%	nd
Rasht	17.5	nc	Δ 3%	Δ 35%

Vegetable oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	24.3	▽ 3%	▽ 5%	▽ 1%
Bokhtar	23.0	▽ 4%	▽ 8%	▽ 6%
Dushanbe	22.5	▽ 10%	▽ 13%	▽ 6%
Hisor	22.5	▽ 2%	▽ 2%	nd
Isfara	24.5	nc	▽ 8%	Δ 7%
Ishkoshim	26.0	▽ 4%	▽ 5%	nd
Istaravshan	22.0	▽ 2%	▽ 4%	▽ 4%
Jayhun	22.6	▽ 2%	▽ 2%	nd
Khorog	27.4	nc	nc	Δ 10%
Khujand	22.0	▽ 4%	▽ 9%	▽ 8%
Kulob	24.0	nc	▽ 4%	nc
Kushoniyon	24.0	nc	▽ 2%	nd
Murgob	33.0	▽ 3%	▽ 6%	Δ 10%
Panjakent	23.5	▽ 2%	▽ 6%	nd
Qubodiyon	24.0	nc	▽ 4%	nd
Rasht	24.0	▽ 4%	▽ 8%	▽ 2%

Cotton oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	22.9	▽ 2%	▽ 6%	▽ 2%
Bokhtar	22.0	▽ 4%	▽ 8%	▽ 4%
Dushanbe	20.0	▽ 9%	▽ 15%	▽ 13%
Hisor	21.5	▽ 5%	Δ 2%	nd
Isfara	23.0	▽ 2%	▽ 8%	Δ 10%
Ishkoshim	24.0	nc	▽ 9%	nd
Istaravshan	20.5	▽ 2%	▽ 7%	▽ 2%
Jayhun	21.0	nc	▽ 5%	nd
Khorog	26.6	Δ 0.4%	Δ 0%	Δ 8%
Khujand	22.0	▽ 1%	▽ 5%	▽ 6%
Kulob	22.7	nc	▽ 7%	▽ 1%
Kushoniyon	21.7	nc	▽ 10%	nd
Murgob	30.0	nc	nc	Δ 7%
Panjakent	22.0	▽ 4%	▽ 8%	nd
Qubodiyon	23.0	▽ 2%	▽ 2%	nd
Rasht	23.7	▽ 5%	▽ 3%	Δ 3%

*nc = no change

*nd = no data

*os = out of stock

*last RP = last reported period = 5-09-22

Sugar (1 kg)					Milk (1 litre)					Eggs (10 pcs) (10 pcs)					Beef (1 kg)				
Markets	Current price	% change on			Markets	Current price	% change on			Markets	Current price	% change on			Markets	Current price	% change on		
		last RP	last month	last year			last RP	last month	last year			last RP	last month	last year			last RP	last month	last year
Tajikistan (average)	11.2	nc	▽ 1%	Δ 13%	Tajikistan (average)	5.5	nc	Δ 2%	Δ 15%	Tajikistan (average)	12.7	nc	Δ 3%	Δ 11%	Tajikistan (average)	62.3	Δ 0.3%	▽ 0.3%	▽ 0.1%
Bokhtar	10.0	nc	▽ 9%	Δ 11%	Bokhtar	5.0	nc	nc	Δ 25%	Bokhtar	12.3	Δ 3%	Δ 12%	Δ 43%	Bokhtar	63.0	nc	nc	▽ 3%
Dushanbe	11.0	nc	nc	Δ 16%	Dushanbe	6.0	nc	nc	Δ 9%	Dushanbe	12.0	nc	nc	Δ 20%	Dushanbe	67.0	nc	▽ 1%	▽ 1%
Hisor	10.0	nc	▽ 4%	nd	Hisor	4.5	nc	Δ 2%	nd	Hisor	12.6	nc	Δ 15%	nd	Hisor	66.0	Δ 1%	▽ 1%	nd
Isfara	10.5	▽ 5%	▽ 5%	Δ 11%	Isfara	5.0	nc	nc	Δ 25%	Isfara	12.0	nc	nc	Δ 9%	Isfara	65.0	nc	nc	nc
Ishkoshim	13.0	▽ 1%	Δ 2%	nd	Ishkoshim	7.0	nc	nc	nd	Ishkoshim	15.5	nc	nc	nd	Ishkoshim	59.0	Δ 2%	Δ 2%	nd
Istaravshan	10.2	Δ 2%	Δ 2%	Δ 2%	Istaravshan	3.5	nc	Δ 6%	▽ 13%	Istaravshan	11.0	nc	nc	nc	Istaravshan	65.0	nc	nc	▽ 7%
Jayhun	12.0	Δ 2%	Δ 4%	nd	Jayhun	3.6	nc	nc	nd	Jayhun	13.6	▽ 1%	▽ 1%	nd	Jayhun	62.6	Δ 1%	Δ 1%	nd
Khorog	12.2	Δ 2%	Δ 2%	Δ 22%	Khorog	8.0	nc	nc	Δ 14%	Khorog	14.0	nc	nc	Δ 8%	Khorog	58.8	▽ 2%	▽ 2%	Δ 1%
Khujand	11.0	▽ 2%	▽ 2%	Δ 16%	Khujand	6.0	nc	nc	Δ 50%	Khujand	10.4	Δ 4%	Δ 4%	Δ 4%	Khujand	60.0	nc	nc	nc
Kulob	10.5	nc	▽ 1%	Δ 11%	Kulob	5.5	nc	nc	Δ 10%	Kulob	11.5	Δ 5%	Δ 5%	Δ 28%	Kulob	63.0	nc	nc	▽ 3%
Kushoniyon	11.0	nc	▽ 4%	nd	Kushoniyon	5.0	nc	nc	nd	Kushoniyon	12.3	Δ 3%	Δ 3%	nd	Kushoniyon	63.0	nc	nc	nd
Murgob	14.0	nc	nc	Δ 8%	Murgob	10.0	nc	nc	Δ 67%	Murgob	18.0	nc	nc	nc	Murgob	55.0	nc	nc	Δ 10%
Panjakent	11.5	Δ 5%	Δ 1%	nd	Panjakent	3.0	nc	nc	nd	Panjakent	12.0	nc	Δ 5%	nd	Panjakent	75.0	nc	Δ 6%	nd
Qubodiyon	10.0	nc	▽ 5%	nd	Qubodiyon	5.0	nc	Δ 25%	nd	Qubodiyon	11.0	nc	nc	nd	Qubodiyon	55.0	nc	▽ 8%	nd
Rasht	10.4	▽ 1%	▽ 1%	Δ 16%	Rasht	6.0	nc	Δ 9%	Δ 50%	Rasht	12.3	▽ 5%	Δ 3%	Δ 3%	Rasht	56.4	Δ 3%	▽ 0%	▽ 6%
Mutton (1 kg)					Chicken (1 kg)					Chickpeas (1 kg)					Haricot bean (1 kg)				
Markets	Current price	% change on			Markets	Current price	% change on			Markets	Current price	% change on			Markets	Current price	% change on		
		last RP	last month	last year			last RP	last month	last year			last RP	last month	last year			last RP	last month	last year
Tajikistan (average)	68.8	Δ 0.1%	▽ 0.4%	Δ 3%	Tajikistan (average)	34.6	Δ 0.2%	▽ 2%	Δ 7%	Tajikistan (average)	20.6	nc	nc	Δ 28%	Tajikistan (average)	17.3	▽ 1%	▽ 1%	nc
Bokhtar	68.0	nc	▽ 3%	▽ 3%	Bokhtar	32.0	Δ 3%	nc	▽ 6%	Bokhtar	21.0	▽ 5%	▽ 5%	Δ 24%	Bokhtar	17.0	▽ 3%	▽ 6%	Δ 6%
Dushanbe	70.0	nc	nc	nc	Dushanbe	33.0	nc	nc	Δ 6%	Dushanbe	18.0	nc	▽ 5%	Δ 29%	Dushanbe	17.0	nc	▽ 6%	Δ 6%
Hisor	72.4	Δ 1%	▽ 1%	nd	Hisor	30.4	▽ 2%	Δ 1%	nd	Hisor	19.2	nc	Δ 3%	nd	Hisor	15.4	Δ 1%	Δ 5%	nd
Isfara	75.0	nc	nc	nc	Isfara	31.0	nc	▽ 11%	Δ 7%	Isfara	21.0	▽ 5%	nc	Δ 40%	Isfara	14.0	nc	▽ 7%	▽ 10%
Ishkoshim	65.0	nc	os	nd	Ishkoshim	45.0	nc	nc	nd	Ishkoshim	22.0	Δ 7%	▽ 2%	nd	Ishkoshim	20.5	nc	▽ 2%	nd
Istaravshan	79.0	Δ 1%	Δ 4%	Δ 5%	Istaravshan	33.0	▽ 3%	▽ 8%	Δ 22%	Istaravshan	21.0	nc	Δ 5%	Δ 50%	Istaravshan	15.0	nc	nc	▽ 6%
Jayhun	69.2	▽ 1%	Δ 6%	nd	Jayhun	34.6	Δ 3%	▽ 1%	nd	Jayhun	19.4	▽ 1%	▽ 3%	nd	Jayhun	18.6	▽ 4%	Δ 1%	nd
Khorog	62.0	▽ 0%	▽ 1%	Δ 5%	Khorog	40.0	nc	nc	Δ 8%	Khorog	19.0	nc	▽ 10%	Δ 19%	Khorog	18.0	nc	nc	Δ 6%
Khujand	75.8	▽ 0%	▽ 0%	Δ 17%	Khujand	28.8	▽ 1%	Δ 1%	Δ 7%	Khujand	20.0	nc	▽ 1%	nc	Khujand	16.6	▽ 1%	▽ 3%	▽ 8%
Kulob	65.0	▽ 1%	nc	▽ 7%	Kulob	33.5	▽ 1%	▽ 1%	Δ 5%	Kulob	20.5	nc	▽ 2%	Δ 37%	Kulob	18.0	nc	▽ 2%	Δ 6%
Kushoniyon	69.0	Δ 1%	▽ 1%	nd	Kushoniyon	33.0	nc	nc	nd	Kushoniyon	22.0	nc	▽ 4%	nd	Kushoniyon	16.8	▽ 1%	▽ 1%	nd
Murgob	55.0	nc	nc	Δ 10%	Murgob	42.0	nc	nc	Δ 8%	Murgob	22.0	nc	Δ 10%	Δ 29%	Murgob	23.0	▽ 4%	▽ 4%	▽ 2%
Panjakent	79.0	Δ 1%	Δ 4%	nd	Panjakent	38.0	Δ 3%	▽ 3%	nd	Panjakent	22.0	nc	Δ 7%	nd	Panjakent	15.0	nc	▽ 4%	nd
Qubodiyon	69.6	nc	▽ 5%	nd	Qubodiyon	31.0	▽ 3%	▽ 5%	nd	Qubodiyon	19.4	nc	nc	nd	Qubodiyon	18.0	nc	Δ 13%	nd
Rasht	58.6	▽ 2%	▽ 2%	▽ 10%	Rasht	34.2	Δ 4%	▽ 2%	▽ 2%	Rasht	22.6	Δ 3%	Δ 8%	Δ 33%	Rasht	16.0	▽ 6%	nc	nc

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices are collected at the start of each week. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.3	nc	▽ 13%	Δ 5%
Bokhtar	4.0	nc	▽ 20%	nc
Dushanbe	4.4	nc	▽ 12%	Δ 26%
Hisor	3.5	nc	▽ 4%	nd
Isfara	3.5	Δ 6%	Δ 6%	Δ 3%
Ishkoshim	6.5	▽ 6%	▽ 7%	nd
Istaravshan	3.1	Δ 3%	Δ 3%	Δ 24%
Jayhun	4.0	nc	nc	nd
Khorog	5.2	▽ 5%	▽ 13%	Δ 5%
Khujand	3.4	▽ 8%	▽ 11%	Δ 13%
Kulob	3.8	▽ 2%	▽ 28%	Δ 6%
Kushoniyon	4.3	Δ 8%	▽ 28%	nd
Murgob	7.0	nc	▽ 13%	nc
Panjakent	3.4	Δ 13%	▽ 21%	nd
Qubodiyon	4.0	nc	▽ 4%	nd
Rasht	4.0	nc	▽ 23%	▽ 11%

Onions (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.5	Δ 3%	▽ 14%	Δ 100%
Bokhtar	4.2	Δ 5%	▽ 16%	Δ 91%
Dushanbe	4.0	▽ 7%	▽ 20%	Δ 100%
Hisor	3.6	Δ 20%	Δ 2%	nd
Isfara	3.3	nc	nc	Δ 94%
Ishkoshim	7.0	Δ 4%	Δ 8%	nd
Istaravshan	3.5	nc	▽ 30%	Δ 150%
Jayhun	3.7	Δ 6%	▽ 3%	nd
Khorog	6.0	nc	▽ 14%	Δ 100%
Khujand	3.5	▽ 3%	▽ 27%	Δ 133%
Kulob	3.6	nc	▽ 36%	Δ 100%
Kushoniyon	3.7	▽ 3%	▽ 38%	nd
Murgob	8.0	Δ 14%	nc	Δ 100%
Panjakent	3.9	nc	▽ 11%	nd
Qubodiyon	4.0	nc	▽ 9%	nd
Rasht	5.0	nc	▽ 17%	Δ 100%

Carrots (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.5	nc	▽ 2%	▽ 20%
Bokhtar	3.3	▽ 6%	▽ 18%	▽ 18%
Dushanbe	2.6	Δ 4%	Δ 4%	▽ 35%
Hisor	3.1	nc	Δ 35%	nd
Isfara	3.5	Δ 17%	Δ 6%	Δ 6%
Ishkoshim	6.5	▽ 4%	Δ 8%	nd
Istaravshan	2.3	▽ 8%	▽ 8%	▽ 4%
Jayhun	2.6	Δ 8%	nc	nd
Khorog	4.0	Δ 2%	nc	▽ 27%
Khujand	2.2	Δ 7%	▽ 5%	▽ 13%
Kulob	2.4	Δ 9%	Δ 4%	▽ 31%
Kushoniyon	3.5	Δ 3%	Δ 17%	nd
Murgob	6.0	▽ 25%	▽ 25%	▽ 33%
Panjakent	3.4	Δ 13%	Δ 2%	nd
Qubodiyon	3.8	Δ 9%	Δ 2%	nd
Rasht	3.4	Δ 13%	▽ 15%	▽ 32%

Cabbage (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.3	Δ 2%	Δ 13%	Δ 50%
Bokhtar	5.0	nc	Δ 25%	Δ 100%
Dushanbe	5.0	nc	Δ 43%	Δ 67%
Hisor	3.0	Δ 15%	Δ 15%	nd
Isfara	4.5	Δ 13%	Δ 36%	Δ 125%
Ishkoshim	5.0	nc	nc	nd
Istaravshan	2.7	Δ 8%	Δ 35%	Δ 170%
Jayhun	3.1	▽ 16%	▽ 16%	nd
Khorog	3.8	▽ 5%	▽ 13%	Δ 9%
Khujand	4.0	Δ 54%	Δ 74%	Δ 60%
Kulob	4.0	Δ 8%	Δ 33%	Δ 100%
Kushoniyon	5.0	Δ 16%	Δ 25%	nd
Murgob	5.0	▽ 29%	▽ 29%	▽ 17%
Panjakent	4.0	nc	Δ 31%	nd
Qubodiyon	4.2	Δ 5%	Δ 20%	nd
Rasht	5.6	Δ 12%	Δ 12%	Δ 87%

Petrol (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.2	nc	nc	Δ 6%
Bokhtar	11.0	▽ 1%	▽ 2%	Δ 5%
Dushanbe	10.6	nc	nc	Δ 6%
Hisor	10.6	▽ 1%	▽ 2%	nd
Isfara	10.7	nc	nc	Δ 8%
Ishkoshim	12.6	nc	▽ 0%	nd
Istaravshan	10.4	nc	nc	Δ 1%
Jayhun	10.4	nc	nc	nd
Khorog	11.8	nc	nc	Δ 9%
Khujand	10.4	▽ 1%	▽ 1%	Δ 1%
Kulob	10.7	nc	▽ 1%	Δ 1%
Kushoniyon	11.0	nc	nc	nd
Murgob	13.5	nc	nc	Δ 13%
Panjakent	11.0	nc	nc	nd
Qubodiyon	11.4	nc	Δ 10%	nd
Rasht	11.4	▽ 1%	▽ 2%	Δ 8%

Diesel (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	13.1	nc	▽ 1%	Δ 35%
Bokhtar	12.8	nc	Δ 1%	Δ 38%
Dushanbe	12.9	nc	nc	Δ 37%
Hisor	12.7	▽ 1%	▽ 1%	nd
Isfara	12.9	nc	nc	Δ 39%
Ishkoshim	14.6	nc	Δ 5%	nd
Istaravshan	12.6	nc	▽ 2%	Δ 34%
Jayhun	12.8	nc	nc	nd
Khorog	13.5	Δ 2%	▽ 1%	Δ 36%
Khujand	12.7	nc	▽ 1%	Δ 41%
Kulob	12.9	▽ 1%	▽ 3%	Δ 37%
Kushoniyon	12.4	▽ 2%	▽ 3%	nd
Murgob	14.0	nc	nc	Δ 17%
Panjakent	12.6	▽ 1%	▽ 7%	nd
Qubodiyon	12.8	nc	▽ 2%	nd
Rasht	13.8	▽ 1%	▽ 1%	Δ 44%

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	72	Δ 0.2%	Δ 0.2%	Δ 26%
Bokhtar	70	nc	nc	Δ 40%
Dushanbe	70	nc	nc	Δ 17%
Hisor	70	nc	nc	nd
Isfara	90	nc	nc	Δ 13%
Ishkoshim	70	nc	nc	nd
Istaravshan	70	nc	nc	Δ 40%
Jayhun	70	nc	nc	nd
Khorog	100	nc	nc	Δ 11%
Khujand	72	Δ 3%	Δ 3%	Δ 20%
Kulob	70	nc	nc	Δ 17%
Kushoniyon	70	nc	nc	nd
Murgob	60	nc	nc	Δ 50%
Panjakent	70	nc	nc	nd
Qubodiyon	70	nc	nc	nd
Rasht	60	nc	nc	Δ 122%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	104	▽ 0.4%	▽ 2%	Δ 13%
Bokhtar	100	nc	nc	nc
Dushanbe	100	nc	nc	Δ 43%
Hisor	110	nc	▽ 7%	nd
Isfara	120	nc	▽ 8%	nc
Ishkoshim	100	nc	nc	nd
Istaravshan	110	nc	nc	Δ 10%
Jayhun	110	nc	nc	nd
Khorog	120	nc	nc	Δ 20%
Khujand	100	nc	▽ 2%	nc
Kulob	103	▽ 6%	▽ 6%	Δ 15%
Kushoniyon	100	nc	nc	nd
Murgob	100	nc	nc	nc
Panjakent	100	nc	nc	nd
Qubodiyon	100	nc	nc	nd
Rasht	90	nc	nc	Δ 80%