



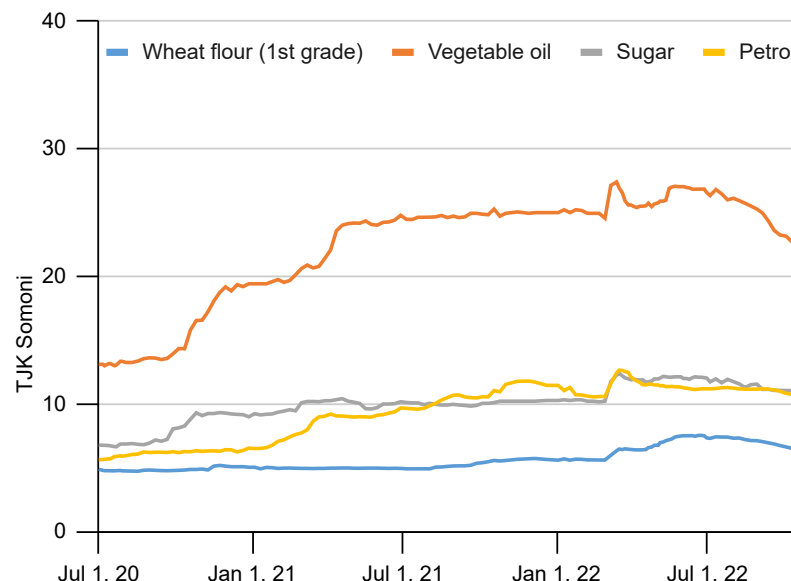
World Food Programme

SAVING LIVES
CHANGING LIVES

Highlights

- Compared to the last week, the prices of key food commodities such as rice, haricot bean and vegetable/cotton oils continued to decrease in the range of 1-3% due to import increases from foreign countries. Egg prices increased in 6 markets and decreased in 3 other markets. The price of beef increased by 1-2% in 5 markets.
- Due to the seasonal factors, average onion prices in 7 markets increased by 3%-20%, and in 2 markets became lower by 4%-16%, and in the remaining markets, remained unchanged. Overall, the price of cabbage is 6% lower compared to last week and 8% lower compared to the last month.
- Petrol prices continued to decline by 1%-5% in 7 markets. Overall, it is 6% lower than last month and 6% lower than same period last year on average.
- Due to seasonal factors, prices for cucumbers and tomatoes increased due to a decrease in stocks on the market.

Price trend of selected commodities for 01.07.20 - 24.10.22



Selected items	Prices (Somoni)	
	24.10.22	01.07.20
Wheat flour (1st grade)	6.5	4.9
Vegetable oil	22.4	13.1
Sugar	11.1	6.8
Petrol	10.3	5.6

Prices in the retail markets for 24-10-2022

Wheat flour (1st grade) (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	6.5	nc	▽ 3%	Δ 18%
Bokhtar	6.2	nc	▽ 6%	Δ 9%
Dushanbe	6.3	nc	▽ 3%	Δ 19%
Hisor	6.2	nc	nc	nd
Isfara	6.5	Δ 7%	Δ 2%	Δ 30%
Ishkoshim	7.7	▽ 1%	▽ 4%	nd
Istaravshan	5.7	nc	▽ 8%	Δ 21%
Jayhun	6.0	nc	nc	nd
Khorog	7.5	nc	▽ 9%	Δ 29%
Khujand	6.1	nc	▽ 3%	Δ 1%
Kulob	6.3	nc	▽ 6%	Δ 14%
Kushoniyon	6.2	nc	▽ 5%	nd
Murgob	7.9	▽ 1%	▽ 1%	Δ 22%
Panjakent	6.2	nc	▽ 2%	nd
Qubodiyon	6.4	nc	▽ 3%	nd
Rasht	6.6	nc	▽ 1%	Δ 25%

Rice (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	14.3	▽ 3%	▽ 4%	Δ 4%
Bokhtar	12.5	▽ 4%	▽ 11%	▽ 11%
Dushanbe	14.0	nc	nc	nc
Hisor	14.5	▽ 7%	▽ 3%	nd
Isfara	17.0	nc	Δ 3%	Δ 6%
Ishkoshim	19.0	nc	nc	nd
Istaravshan	10.5	nc	▽ 5%	Δ 5%
Jayhun	12.2	▽ 1%	▽ 2%	nd
Khorog	14.1	▽ 3%	▽ 6%	Δ 18%
Khujand	11.4	nc	nc	Δ 4%
Kulob	13.0	▽ 7%	▽ 4%	nc
Kushoniyon	13.0	▽ 4%	▽ 10%	nd
Murgob	19.0	▽ 1%	▽ 5%	▽ 10%
Panjakent	11.5	▽ 4%	▽ 4%	nd
Qubodiyon	15.4	▽ 4%	▽ 9%	nd
Rasht	17.0	▽ 4%	▽ 4%	Δ 31%

Vegetable oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	22.4	▽ 1%	▽ 4%	▽ 9%
Bokhtar	21.0	nc	▽ 5%	▽ 18%
Dushanbe	21.5	▽ 2%	▽ 2%	▽ 10%
Hisor	21.0	nc	▽ 5%	nd
Isfara	22.0	nc	nc	▽ 4%
Ishkoshim	23.5	nc	▽ 4%	nd
Istaravshan	20.5	nc	▽ 5%	▽ 11%
Jayhun	20.0	▽ 5%	▽ 7%	nd
Khorog	27.0	nc	nc	Δ 8%
Khujand	22.0	nc	nc	▽ 8%
Kulob	22.0	▽ 2%	▽ 4%	▽ 12%
Kushoniyon	21.5	▽ 2%	▽ 4%	nd
Murgob	30.0	nc	▽ 3%	Δ 7%
Panjakent	21.0	nc	▽ 2%	nd
Qubodiyon	22.0	nc	▽ 6%	nd
Rasht	21.0	▽ 1%	▽ 7%	▽ 16%

Cotton oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	20.9	▽ 2%	▽ 5%	▽ 13%
Bokhtar	19.0	▽ 5%	▽ 10%	▽ 21%
Dushanbe	18.0	▽ 5%	▽ 10%	▽ 22%
Hisor	19.8	▽ 1%	▽ 6%	nd
Isfara	20.5	▽ 2%	▽ 2%	▽ 11%
Ishkoshim	22.5	nc	nc	nd
Istaravshan	19.5	nc	▽ 3%	▽ 13%
Jayhun	18.5	▽ 3%	▽ 10%	nd
Khorog	26.0	nc	nc	Δ 6%
Khujand	21.0	nc	nc	▽ 13%
Kulob	19.0	▽ 5%	▽ 14%	▽ 21%
Kushoniyon	20.0	nc	▽ 2%	nd
Murgob	29.0	nc	nc	nc
Panjakent	20.0	nc	▽ 5%	nd
Qubodiyon	21.0	▽ 2%	▽ 9%	nd
Rasht	20.0	▽ 4%	▽ 8%	▽ 13%

*nc = no change

*nd = no data

*os = out of stock

*last RP = last reported period = 17-10-22

Sugar (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.1	nc	nc	Δ 8%
Bokhtar	10.0	nc	nc	nc
Dushanbe	10.5	nc	▽ 5%	Δ 11%
Hisor	10.2	Δ 2%	nc	nd
Isfara	11.0	nc	nc	Δ 10%
Ishkoshim	12.5	nc	▽ 4%	nd
Istaravshan	10.0	nc	▽ 2%	nc
Jayhun	12.0	nc	nc	nd
Khorog	12.0	nc	nc	Δ 20%
Khujand	10.7	Δ 1%	▽ 3%	Δ 7%
Kulob	10.5	Δ 1%	nc	Δ 5%
Kushoniyon	11.0	nc	nc	nd
Murgob	14.0	nc	nc	Δ 8%
Panjakent	11.0	nc	Δ 10%	nd
Qubodiyon	10.2	nc	Δ 2%	nd
Rasht	10.2	nc	nc	Δ 7%

Milk (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.6	nc	Δ 2%	Δ 10%
Bokhtar	5.0	▽ 4%	nc	Δ 25%
Dushanbe	6.0	nc	nc	Δ 9%
Hisor	5.0	nc	Δ 11%	nd
Isfara	5.0	nc	nc	Δ 25%
Ishkoshim	7.0	nc	nc	nd
Istaravshan	3.5	nc	nc	▽ 30%
Jayhun	3.5	nc	nc	nd
Khorog	9.0	Δ 13%	Δ 13%	Δ 29%
Khujand	6.0	nc	nc	Δ 20%
Kulob	6.0	nc	nc	Δ 20%
Kushoniyon	5.0	nc	nc	nd
Murgob	10.0	nc	nc	Δ 54%
Panjakent	3.0	nc	nc	nd
Qubodiyon	5.0	nc	nc	nd
Rasht	5.5	▽ 2%	▽ 2%	Δ 38%

Eggs (10 pcs) (10 pcs)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	12.7	Δ 1%	nc	Δ 21%
Bokhtar	12.0	Δ 13%	Δ 4%	Δ 20%
Dushanbe	12.0	nc	nc	Δ 20%
Hisor	12.4	▽ 1%	Δ 2%	nd
Isfara	12.0	nc	nc	Δ 20%
Ishkoshim	15.5	nc	nc	nd
Istaravshan	12.0	nc	Δ 9%	Δ 50%
Jayhun	12.0	▽ 12%	▽ 9%	nd
Khorog	14.0	nc	Δ 3%	Δ 8%
Khujand	12.2	Δ 3%	Δ 3%	Δ 28%
Kulob	11.2	▽ 2%	▽ 3%	Δ 40%
Kushoniyon	12.3	Δ 16%	nc	nd
Murgob	17.0	Δ 6%	▽ 6%	Δ 6%
Panjakent	12.5	Δ 4%	Δ 4%	nd
Qubodiyon	11.8	Δ 2%	Δ 7%	nd
Rasht	10.9	▽ 5%	▽ 8%	Δ 9%

Beef (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	62.4	Δ 0.5%	▽ 0.1%	nc
Bokhtar	65.0	nc	Δ 3%	nc
Dushanbe	66.0	nc	▽ 1%	▽ 3%
Hisor	67.0	▽ 1%	nc	nd
Isfara	65.0	nc	nc	nc
Ishkoshim	60.0	Δ 2%	Δ 2%	nd
Istaravshan	66.0	Δ 2%	▽ 1%	▽ 6%
Jayhun	62.2	nc	▽ 1%	nd
Khorog	58.0	nc	▽ 2%	nc
Khujand	60.0	nc	nc	nc
Kulob	62.0	nc	nc	▽ 5%
Kushoniyon	65.0	Δ 2%	Δ 2%	nd
Murgob	55.0	nc	nc	Δ 10%
Panjakent	71.0	Δ 1%	▽ 3%	nd
Qubodiyon	56.0	Δ 2%	Δ 2%	nd
Rasht	57.4	Δ 1%	▽ 0%	▽ 4%

Mutton (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	68.6	▽ 0.1%	▽ 0%	Δ 1%
Bokhtar	70.0	Δ 1%	nc	nc
Dushanbe	68.0	▽ 3%	▽ 3%	▽ 3%
Hisor	73.0	Δ 1%	Δ 1%	nd
Isfara	75.0	nc	nc	nc
Ishkoshim	65.0	nc	nc	nd
Istaravshan	80.0	nc	Δ 1%	Δ 7%
Jayhun	69.2	nc	Δ 1%	nd
Khorog	60.0	▽ 2%	▽ 4%	Δ 2%
Khujand	75.6	Δ 1%	Δ 0%	Δ 1%
Kulob	64.0	nc	▽ 2%	▽ 9%
Kushoniyon	70.0	nc	Δ 1%	nd
Murgob	55.0	nc	nc	Δ 10%
Panjakent	75.0	nc	▽ 4%	nd
Qubodiyon	70.0	nc	Δ 1%	nd
Rasht	59.2	▽ 1%	Δ 0%	▽ 9%

Chicken (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	35.1	nc	Δ 1%	Δ 10%
Bokhtar	33.0	nc	Δ 3%	▽ 6%
Dushanbe	32.0	Δ 3%	▽ 3%	Δ 19%
Hisor	30.2	▽ 1%	▽ 1%	nd
Isfara	34.5	Δ 0%	Δ 2%	Δ 23%
Ishkoshim	45.0	Δ 2%	nc	nd
Istaravshan	33.0	nc	nc	Δ 27%
Jayhun	33.5	Δ 1%	▽ 1%	nd
Khorog	40.0	nc	nc	Δ 8%
Khujand	29.0	nc	nc	Δ 4%
Kulob	33.5	▽ 1%	Δ 2%	Δ 2%
Kushoniyon	33.0	nc	nc	nd
Murgob	43.0	▽ 4%	Δ 2%	Δ 13%
Panjakent	39.5	Δ 1%	Δ 4%	nd
Qubodiyon	33.0	nc	Δ 6%	nd
Rasht	33.6	▽ 1%	▽ 5%	▽ 7%

Chickpeas (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	20.6	Δ 0%	▽ 2%	Δ 19%
Bokhtar	20.0	▽ 9%	▽ 13%	nc
Dushanbe	18.5	nc	Δ 3%	Δ 32%
Hisor	18.6	▽ 2%	▽ 11%	nd
Isfara	18.5	▽ 3%	▽ 8%	Δ 9%
Ishkoshim	24.0	nc	Δ 2%	nd
Istaravshan	20.5	Δ 3%	nc	Δ 37%
Jayhun	20.2	Δ 1%	Δ 2%	nd
Khorog	20.0	Δ 3%	Δ 5%	Δ 25%
Khujand	21.0	nc	Δ 2%	▽ 5%
Kulob	20.0	nc	nc	Δ 18%
Kushoniyon	22.0	nc	nc	nd
Murgob	22.0	nc	nc	Δ 22%
Panjakent	22.0	Δ 10%	Δ 5%	nd
Qubodiyon	19.0	nc	▽ 5%	nd
Rasht	22.0	Δ 5%	▽ 3%	Δ 29%

Haricot bean (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	16.8	▽ 2%	▽ 3%	▽ 2%
Bokhtar	16.5	▽ 3%	▽ 3%	▽ 3%
Dushanbe	16.5	▽ 3%	▽ 3%	Δ 3%
Hisor	15.0	▽ 3%	▽ 4%	nd
Isfara	15.0	nc	▽ 3%	nc
Ishkoshim	19.0	▽ 6%	▽ 5%	nd
Istaravshan	15.0	nc	▽ 3%	▽ 6%
Jayhun	18.0	▽ 5%	nc	nd
Khorog	17.8	nc	▽ 1%	Δ 4%
Khujand	16.2	nc	▽ 1%	▽ 5%
Kulob	18.0	nc	Δ 3%	Δ 6%
Kushoniyon	16.5	▽ 3%	▽ 3%	nd
Murgob	23.0	nc	nc	nc
Panjakent	13.5	▽ 4%	▽ 10%	nd
Qubodiyon	16.0	Δ 7%	▽ 11%	nd
Rasht	15.8	▽ 1%	▽ 6%	▽ 1%

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices are collected at the start of each week. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)

Onions (1 kg)

Carrots (1 kg)

Cabbage (1 kg)

Markets	Current price	% change on			Markets	Current price	% change on			Markets	Current price	% change on			Markets	Current price	% change on		
		last RP	last month	last year			last RP	last month	last year			last RP	last month	last year			last RP	last month	last year
Tajikistan (average)	4.2	nc	▼ 4%	▲ 5%	Tajikistan (average)	4.0	▲ 2%	▼ 4%	▲ 62%	Tajikistan (average)	4.0	▼ 1%	▲ 3%	▲ 18%	Tajikistan (average)	4.4	▼ 6%	▼ 8%	▲ 37%
Bokhtar	4.0	nc	▼ 9%	nc	Bokhtar	3.9	▲ 3%	▼ 13%	▲ 56%	Bokhtar	4.0	nc	▲ 14%	▲ 60%	Bokhtar	4.3	▼ 14%	▼ 14%	▲ 43%
Dushanbe	3.6	nc	▼ 20%	▲ 3%	Dushanbe	3.5	▲ 6%	nc	▲ 75%	Dushanbe	3.5	▼ 13%	nc	nc	Dushanbe	4.0	nc	▼ 20%	▲ 60%
Hisor	3.6	▼ 3%	▼ 3%	nd	Hisor	3.4	▼ 4%	▲ 5%	nd	Hisor	3.5	▼ 5%	▼ 3%	nd	Hisor	3.8	▼ 16%	▼ 5%	nd
Isfara	3.8	▲ 6%	▼ 5%	▼ 16%	Isfara	3.5	▲ 6%	▲ 6%	▲ 119%	Isfara	3.5	▲ 6%	▲ 6%	▲ 75%	Isfara	3.0	▼ 14%	▼ 25%	▲ 20%
Ishkoshim	5.0	▼ 9%	▼ 17%	nd	Ishkoshim	4.8	▼ 14%	▼ 14%	nd	Ishkoshim	5.0	▼ 9%	▼ 9%	nd	Ishkoshim	5.3	▼ 11%	▼ 11%	nd
Istaravshan	3.5	▲ 6%	nc	▲ 46%	Istaravshan	3.4	▲ 3%	▲ 6%	▲ 89%	Istaravshan	2.7	▲ 8%	nc	▲ 35%	Istaravshan	3.0	nc	▼ 9%	▲ 20%
Jayhun	3.4	▼ 4%	▼ 3%	nd	Jayhun	3.4	nc	nc	nd	Jayhun	3.2	▲ 10%	▲ 19%	nd	Jayhun	3.4	▼ 16%	▼ 8%	nd
Khorog	5.0	nc	▼ 8%	nc	Khorog	5.0	nc	▼ 17%	▲ 79%	Khorog	5.9	▼ 1%	▲ 30%	▲ 23%	Khorog	5.0	nc	▼ 7%	▲ 43%
Khujand	3.9	nc	▲ 15%	▲ 10%	Khujand	3.6	▲ 11%	▲ 23%	▲ 78%	Khujand	3.2	nc	▲ 26%	▲ 29%	Khujand	3.9	nc	▲ 3%	▲ 56%
Kulob	4.0	nc	▲ 5%	▲ 25%	Kulob	3.8	nc	nc	▲ 65%	Kulob	3.1	▲ 3%	▲ 19%	▲ 41%	Kulob	5.0	▲ 4%	nc	▲ 67%
Kushoniyon	4.0	nc	▼ 11%	nd	Kushoniyon	3.5	nc	▼ 8%	nd	Kushoniyon	4.0	nc	▲ 14%	nd	Kushoniyon	5.0	▼ 6%	nc	nd
Murgob	7.0	nc	nc	▲ 17%	Murgob	6.0	▲ 20%	▼ 14%	▲ 50%	Murgob	6.0	nc	▼ 14%	▼ 25%	Murgob	6.0	nc	▼ 5%	nc
Panjakent	4.0	nc	nc	nd	Panjakent	3.5	nc	nc	nd	Panjakent	4.0	▲ 14%	▼ 11%	nd	Panjakent	5.0	nc	nc	nd
Qubodiyon	3.8	nc	nc	nd	Qubodiyon	3.2	▲ 7%	▼ 14%	nd	Qubodiyon	3.5	▼ 5%	▼ 11%	nd	Qubodiyon	4.3	▼ 7%	▲ 13%	nd
Rasht	3.8	▲ 9%	nc	▲ 9%	Rasht	5.0	nc	▲ 6%	▲ 67%	Rasht	4.3	▼ 14%	▲ 8%	▲ 59%	Rasht	4.3	▼ 14%	▼ 26%	▲ 43%

Petrol (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	10.3	▼ 1%	▼ 6%	▼ 6%
Bokhtar	10.0	nc	▼ 6%	▼ 7%
Dushanbe	9.7	▼ 5%	▼ 8%	▼ 8%
Hisor	9.4	▼ 1%	▼ 10%	nd
Isfara	9.8	nc	▼ 9%	▼ 8%
Ishkoshim	12.7	nc	▲ 1%	nd
Istaravshan	9.6	nc	▼ 9%	▲ 4%
Jayhun	9.9	▼ 1%	▼ 5%	nd
Khorog	11.3	nc	▼ 4%	▼ 3%
Khujand	9.5	nc	▼ 5%	▼ 14%
Kulob	10.1	▼ 1%	▼ 5%	▼ 11%
Kushoniyon	10.0	nc	▼ 6%	nd
Murgob	12.5	▼ 2%	▼ 3%	▲ 4%
Panjakent	10.2	▼ 1%	▼ 6%	nd
Qubodiyon	10.1	nc	▼ 11%	nd
Rasht	10.4	▼ 2%	▼ 5%	▼ 9%

Diesel (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	12.7	nc	▼ 3%	▲ 19%
Bokhtar	12.4	nc	nc	▲ 20%
Dushanbe	12.5	nc	▼ 3%	▲ 30%
Hisor	12.3	nc	▼ 2%	nd
Isfara	12.6	nc	▼ 2%	▲ 15%
Ishkoshim	14.7	nc	▲ 1%	nd
Istaravshan	12.4	nc	▼ 2%	▲ 19%
Jayhun	12.4	nc	▼ 3%	nd
Khorog	13.6	nc	▼ 2%	▲ 28%
Khujand	12.4	nc	▼ 2%	▲ 13%
Kulob	10.5	nc	▼ 18%	▲ 3%
Kushoniyon	12.2	nc	▼ 2%	nd
Murgob	14.0	nc	nc	▲ 17%
Panjakent	12.2	nc	▼ 2%	nd
Qubodiyon	12.4	nc	▼ 3%	nd
Rasht	13.2	▼ 1%	▼ 2%	▲ 29%

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	73	nc	nc	▲ 27%
Bokhtar	70	nc	nc	▲ 40%
Dushanbe	70	nc	nc	▲ 17%
Hisor	70	nc	nc	nd
Isfara	100	nc	nc	▲ 25%
Ishkoshim	70	nc	nc	nd
Istaravshan	70	nc	nc	▲ 40%
Jayhun	70	nc	nc	nd
Khorog	100	nc	nc	▲ 11%
Khujand	72	nc	nc	▲ 20%
Kulob	70	nc	nc	▲ 17%
Kushoniyon	70	nc	nc	nd
Murgob	60	nc	nc	▲ 50%
Panjakent	70	nc	nc	nd
Qubodiyon	70	nc	nc	nd
Rasht	60	nc	nc	▲ 122%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	103	nc	▼ 2%	▲ 12%
Bokhtar	100	nc	nc	nc
Dushanbe	100	nc	nc	▲ 43%
Hisor	100	nc	▼ 9%	nd
Isfara	120	nc	nc	nc
Ishkoshim	110	nc	nc	nd
Istaravshan	110	nc	nc	▲ 10%
Jayhun	95	nc	▼ 14%	nd
Khorog	120	nc	nc	▲ 20%
Khujand	100	nc	nc	nc
Kulob	103	nc	nc	▲ 14%
Kushoniyon	100	nc	nc	nd
Murgob	100	nc	nc	nc
Panjakent	100	nc	nc	nd
Qubodiyon	100	nc	nc	nd
Rasht	90	nc	nc	▲ 80%