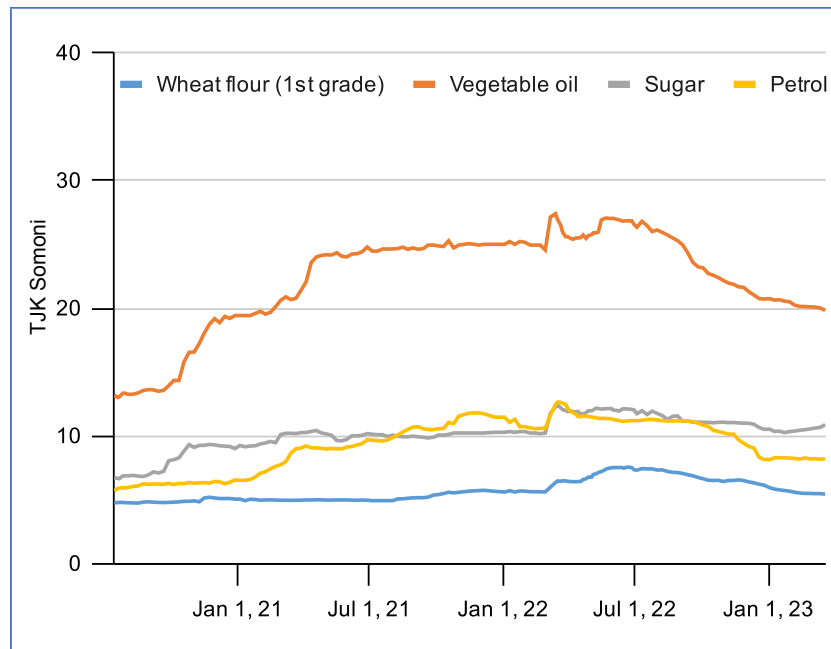




Highlights

- 1 Compared to the last week, prices for key foodstuffs such as wheat flour (1st grade) and rice, have remained stable, while prices for vegetable oil and cotton have decreased by 1%. The average price for sugar has increased by 2%.
- 2 Over the last week, the average price of eggs has increased by 3%, and compared to the same period of the last year, it has increased by 31%.
- 3 The average prices for vegetables, including onions, potatoes, cabbage, and carrots, have increased by 3-4% compared to the last week due to a decrease in their stockpiles in warehouses and food markets.
- 4 Compared to last week, taking into account the start of seasonal such as construction, communal and agricultural works at the markets of Bokhtar, Istaravshan and Rasht the wage rate for unskilled workers has increased by 13-17%, while the wage rate for skilled workers has increased by 4-9%.
- 5 The average prices of petrol and diesel haven't changed from the last week. However, LPG prices increased by 2% compared to the last week.

Price trend of selected commodities for 15.07.20 - 20.03.23



Selected items	Prices (Somoni)	
	20.03.23	15.07.20
Wheat flour (1st grade)	5.4	4.8
Vegetable oil	19.8	13.2
Sugar	10.9	6.7
Petrol	8.2	5.7

Prices in the retail markets for 20-03-2023

Wheat flour (1st grade) (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.4	nc	▽ 1%	▽ 15%
Bokhtar	5.1	nc	nc	▽ 20%
Dushanbe	5.2	nc	nc	▽ 13%
Hisor	5.1	nc	nc	▽ 20%
Isfara	5.2	nc	nc	▽ 13%
Ishkoshim	6.4	nc	▽ 2%	▽ 9%
Istaravshan	5.0	▽ 3%	▽ 3%	▽ 15%
Jayhun	5.2	nc	nc	▽ 20%
Khorog	6.5	nc	▽ 2%	▽ 7%
Khujand	5.0	nc	△ 2%	▽ 19%
Kulob	5.2	▽ 2%	▽ 2%	▽ 17%
Kushoniyon	5.1	nc	nc	▽ 22%
Murgob	6.6	▽ 1%	▽ 3%	▽ 6%
Panjakent	5.2	nc	▽ 2%	▽ 18%
Qubodiyon	5.4	nc	nc	▽ 17%
Rasht	5.4	▽ 2%	▽ 2%	▽ 17%

Rice (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	14.5	nc	△ 4%	△ 7%
Bokhtar	14.0	△ 4%	△ 8%	▽ 7%
Dushanbe	14.0	nc	△ 4%	nc
Hisor	15.0	△ 1%	△ 10%	△ 15%
Isfara	19.3	▽ 1%	△ 10%	△ 13%
Ishkoshim	18.0	▽ 2%	▽ 2%	△ 20%
Istaravshan	10.5	△ 5%	△ 3%	▽ 13%
Jayhun	12.6	△ 2%	△ 3%	△ 26%
Khorog	13.4	▽ 1%	▽ 4%	▽ 4%
Khujand	11.0	nc	nc	nc
Kulob	13.0	nc	△ 8%	nc
Kushoniyon	14.0	nc	△ 4%	△ 8%
Murgob	21.0	nc	△ 5%	▽ 5%
Panjakent	12.5	▽ 2%	△ 2%	△ 14%
Qubodiyon	12.5	▽ 4%	△ 4%	△ 25%
Rasht	17.2	nc	△ 1%	△ 23%

Vegetable oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	19.8	▽ 1%	▽ 1%	▽ 25%
Bokhtar	18.5	▽ 3%	▽ 3%	▽ 31%
Dushanbe	18.5	nc	nc	▽ 26%
Hisor	19.0	nc	nc	▽ 30%
Isfara	19.0	nc	nc	▽ 24%
Ishkoshim	21.5	nc	nc	▽ 26%
Istaravshan	17.0	nc	nc	▽ 32%
Jayhun	17.7	nc	nc	▽ 32%
Khorog	23.6	▽ 4%	▽ 8%	▽ 16%
Khujand	18.6	nc	nc	▽ 26%
Kulob	18.5	nc	▽ 0%	▽ 29%
Kushoniyon	19.0	nc	nc	▽ 30%
Murgob	31.0	▽ 3%	▽ 3%	△ 3%
Panjakent	19.0	nc	nc	▽ 30%
Qubodiyon	18.5	▽ 3%	▽ 4%	▽ 26%
Rasht	18.0	nc	nc	▽ 31%

Cotton oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	18.5	▽ 1%	▽ 2%	▽ 28%
Bokhtar	17.0	▽ 2%	▽ 6%	▽ 35%
Dushanbe	17.0	nc	nc	▽ 32%
Hisor	17.0	nc	nc	▽ 35%
Isfara	17.5	nc	nc	▽ 30%
Ishkoshim	20.0	▽ 2%	▽ 2%	▽ 29%
Istaravshan	16.5	nc	▽ 3%	▽ 31%
Jayhun	16.0	nc	nc	▽ 36%
Khorog	22.0	▽ 4.3%	▽ 11%	▽ 15%
Khujand	18.0	nc	nc	▽ 25%
Kulob	16.0	nc	nc	▽ 38%
Kushoniyon	18.0	nc	nc	▽ 31%
Murgob	30.0	nc	nc	△ 3%
Panjakent	18.5	nc	▽ 3%	▽ 29%
Qubodiyon	17.5	▽ 3%	▽ 3%	▽ 30%
Rasht	17.2	nc	▽ 1%	▽ 34%

*nc = no change

*nd = no data

*os = out of stock

*last RP = last reported period = 13-03-23

Sugar (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	10.9	Δ 2%	Δ 4%	▽ 11%
Bokhtar	10.5	Δ 3%	Δ 5%	▽ 13%
Dushanbe	10.2	Δ 2%	Δ 2%	▽ 7%
Hisor	10.0	nc	nc	▽ 17%
Isfara	10.5	Δ 3%	Δ 5%	▽ 13%
Ishkoshim	12.0	Δ 4%	Δ 4%	▽ 8%
Istaravshan	10.5	Δ 5%	Δ 5%	▽ 13%
Jayhun	11.0	nc	nc	▽ 8%
Khorog	11.6	Δ 2%	▽ 2%	▽ 3%
Khujand	10.8	nc	Δ 8%	▽ 17%
Kulob	10.4	Δ 4%	Δ 9%	▽ 13%
Kushoniyon	10.5	Δ 3%	Δ 3%	▽ 13%
Murgob	13.5	Δ 1%	Δ 5%	▽ 4%
Panjakent	11.0	nc	nc	▽ 12%
Qubodiyon	10.3	Δ 1%	Δ 3%	▽ 10%
Rasht	10.3	Δ 3%	Δ 10%	▽ 14%

Milk (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	6.6	nc	Δ 2%	Δ 19%
Bokhtar	7.0	nc	Δ 17%	Δ 27%
Dushanbe	8.0	nc	nc	Δ 45%
Hisor	6.0	▽ 14%	▽ 14%	Δ 20%
Isfara	5.0	nc	nc	nc
Ishkoshim	8.0	nc	nc	Δ 14%
Istaravshan	4.5	Δ 29%	Δ 29%	nc
Jayhun	3.5	nc	nc	▽ 13%
Khorog	10.0	nc	nc	Δ 18%
Khujand	6.0	nc	nc	nc
Kulob	6.0	nc	nc	nc
Kushoniyon	6.0	nc	nc	Δ 20%
Murgob	10.0	nc	nc	nc
Panjakent	5.0	nc	nc	Δ 43%
Qubodiyon	6.0	nc	Δ 9%	Δ 100%
Rasht	8.0	nc	nc	Δ 60%

Eggs (10 pcs) (10 pcs)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	14.1	Δ 3%	Δ 4%	Δ 31%
Bokhtar	13.5	Δ 10%	Δ 13%	Δ 35%
Dushanbe	11.0	nc	▽ 4%	Δ 10%
Hisor	13.0	Δ 1%	Δ 5%	Δ 30%
Isfara	13.0	Δ 8%	nc	Δ 30%
Ishkoshim	18.0	Δ 3%	nc	Δ 20%
Istaravshan	13.4	Δ 3%	Δ 12%	Δ 34%
Jayhun	14.0	Δ 1%	Δ 8%	Δ 40%
Khorog	16.0	nc	nc	Δ 45%
Khujand	12.6	nc	Δ 5%	Δ 40%
Kulob	13.0	Δ 8%	Δ 10%	Δ 30%
Kushoniyon	14.0	Δ 5%	Δ 8%	Δ 40%
Murgob	20.0	nc	nc	Δ 25%
Panjakent	13.3	nc	Δ 2%	Δ 33%
Qubodiyon	12.8	Δ 7%	Δ 7%	Δ 28%
Rasht	14.0	nc	Δ 8%	Δ 40%

Beef (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	62.0	nc	Δ 1%	nc
Bokhtar	64.0	Δ 2%	Δ 2%	▽ 2%
Dushanbe	66.0	nc	nc	▽ 3%
Hisor	68.0	nc	nc	nc
Isfara	65.0	nc	nc	nc
Ishkoshim	60.0	nc	Δ 2%	Δ 7%
Istaravshan	65.0	nc	Δ 3%	▽ 4%
Jayhun	62.6	▽ 1%	Δ 3%	Δ 4%
Khorog	55.0	nc	nc	nc
Khujand	63.0	nc	nc	Δ 5%
Kulob	58.0	nc	nc	▽ 11%
Kushoniyon	63.0	nc	nc	Δ 5%
Murgob	55.0	nc	nc	Δ 10%
Panjakent	72.0	nc	Δ 3%	nc
Qubodiyon	55.0	nc	nc	▽ 8%
Rasht	58.0	▽ 1%	▽ 2%	nc

Mutton (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	68.6	Δ 1%	Δ 1.1%	Δ 1%
Bokhtar	73.0	nc	Δ 4%	Δ 4%
Dushanbe	70.0	nc	nc	nc
Hisor	71.6	Δ 1%	▽ 1%	▽ 5%
Isfara	72.0	Δ 3%	▽ 1%	▽ 4%
Ishkoshim	62.0	▽ 2%	Δ 3%	Δ 3%
Istaravshan	85.0	nc	nc	Δ 13%
Jayhun	69.0	Δ 1%	Δ 3%	▽ 1%
Khorog	55.0	nc	nc	▽ 5%
Khujand	75.2	nc	▽ 1%	Δ 7%
Kulob	60.0	nc	nc	▽ 14%
Kushoniyon	72.0	Δ 1%	Δ 3%	Δ 3%
Murgob	55.0	nc	nc	Δ 2%
Panjakent	76.0	Δ 1%	Δ 4%	Δ 1%
Qubodiyon	70.0	nc	nc	nc
Rasht	63.0	Δ 2%	Δ 2%	Δ 5%

Chicken (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	34.5	nc	Δ 1%	▽ 2%
Bokhtar	30.0	nc	nc	▽ 14%
Dushanbe	33.0	nc	nc	nc
Hisor	30.0	nc	nc	▽ 6%
Isfara	34.0	nc	Δ 1%	Δ 3%
Ishkoshim	43.0	nc	▽ 4%	Δ 16%
Istaravshan	33.0	nc	Δ 3%	Δ 3%
Jayhun	33.0	▽ 3%	nc	▽ 8%
Khorog	40.0	nc	Δ 5%	Δ 5%
Khujand	27.4	nc	Δ 1%	▽ 2%
Kulob	32.0	nc	Δ 2%	▽ 16%
Kushoniyon	31.0	nc	nc	▽ 14%
Murgob	45.0	nc	nc	Δ 13%
Panjakent	40.0	nc	nc	Δ 5%
Qubodiyon	34.0	nc	Δ 3%	▽ 6%
Rasht	32.6	Δ 2%	Δ 4%	▽ 9%

Chickpeas (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	21.2	▽ 0.5%	Δ 1%	Δ 7%
Bokhtar	22.0	nc	Δ 2%	Δ 16%
Dushanbe	19.0	nc	nc	nc
Hisor	19.6	Δ 2%	Δ 3%	Δ 9%
Isfara	21.0	nc	nc	Δ 5%
Ishkoshim	26.5	nc	▽ 2%	Δ 26%
Istaravshan	22.0	nc	Δ 5%	Δ 10%
Jayhun	20.0	▽ 3%	nc	▽ 5%
Khorog	23.0	nc	Δ 10%	Δ 15%
Khujand	19.0	▽ 4%	▽ 10%	▽ 5%
Kulob	20.0	nc	nc	Δ 11%
Kushoniyon	22.0	nc	Δ 2%	Δ 16%
Murgob	22.0	nc	nc	nc
Panjakent	20.5	▽ 2%	Δ 3%	Δ 8%
Qubodiyon	20.0	nc	nc	nc
Rasht	21.0	nc	▽ 3%	Δ 5%

Haricot bean (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	17.2	▽ 1%	Δ 3%	▽ 5%
Bokhtar	18.0	▽ 10%	Δ 6%	nc
Dushanbe	16.0	▽ 3%	nc	▽ 11%
Hisor	16.6	Δ 8%	Δ 6%	▽ 2%
Isfara	14.0	▽ 7%	▽ 7%	▽ 22%
Ishkoshim	19.0	nc	Δ 4%	nc
Istaravshan	15.0	nc	nc	▽ 12%
Jayhun	18.0	Δ 2%	Δ 10%	nc
Khorog	18.0	nc	nc	nc
Khujand	18.0	nc	nc	nc
Kulob	18.0	nc	nc	Δ 6%
Kushoniyon	18.5	▽ 3%	Δ 16%	Δ 3%
Murgob	22.0	Δ 10%	Δ 10%	▽ 8%
Panjakent	13.5	▽ 7%	nc	▽ 21%
Qubodiyon	17.0	▽ 6%	▽ 6%	nc
Rasht	16.4	Δ 2%	Δ 6%	▽ 9%

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices are collected at the start of each week. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.6	Δ 3%	▽ 1%	Δ 32%
Bokhtar	5.5	Δ 2%	▽ 8%	Δ 45%
Dushanbe	5.0	nc	▽ 6%	Δ 16%
Hisor	5.0	Δ 6%	▽ 4%	Δ 39%
Isfara	5.5	Δ 4%	Δ 10%	Δ 72%
Ishkoshim	7.0	nc	Δ 8%	Δ 17%
Istaravshan	5.0	nc	nc	Δ 67%
Jayhun	4.8	Δ 1%	▽ 12%	Δ 36%
Khorog	6.2	Δ 3%	Δ 3%	Δ 3%
Khujand	4.4	nc	▽ 10%	Δ 26%
Kulob	5.0	nc	▽ 7%	Δ 19%
Kushoniyon	5.6	Δ 6%	▽ 7%	Δ 40%
Murgob	9.0	Δ 13%	Δ 13%	Δ 29%
Panjakent	6.0	nc	nc	Δ 50%
Qubodiyon	5.0	nc	▽ 9%	Δ 67%
Rasht	5.0	Δ 14%	Δ 4%	Δ 11%

Onions (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	9.5	Δ 4%	▽ 7%	Δ 181%
Bokhtar	9.0	nc	▽ 18%	Δ 181%
Dushanbe	5.5	Δ 10%	nc	Δ 67%
Hisor	9.0	Δ 3%	▽ 10%	Δ 260%
Isfara	10.0	Δ 4%	nc	Δ 233%
Ishkoshim	13.0	nc	nc	Δ 189%
Istaravshan	8.0	nc	▽ 13%	Δ 186%
Jayhun	9.0	Δ 13%	▽ 10%	Δ 173%
Khorog	10.8	Δ 3%	▽ 2%	Δ 140%
Khujand	8.4	▽ 2%	▽ 16%	Δ 236%
Kulob	9.0	Δ 13%	▽ 13%	Δ 181%
Kushoniyon	9.3	Δ 6%	▽ 15%	Δ 191%
Murgob	13.0	Δ 8%	Δ 8%	Δ 136%
Panjakent	9.7	Δ 8%	▽ 3%	Δ 223%
Qubodiyon	8.8	▽ 2%	▽ 12%	Δ 175%
Rasht	10.2	Δ 2%	▽ 7%	Δ 240%

Carrots (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.0	Δ 4%	Δ 7%	Δ 62%
Bokhtar	3.5	Δ 6%	Δ 17%	Δ 75%
Dushanbe	3.5	Δ 17%	nc	Δ 75%
Hisor	3.5	Δ 6%	Δ 40%	Δ 192%
Isfara	3.4	Δ 3%	Δ 13%	Δ 70%
Ishkoshim	7.5	Δ 7%	Δ 25%	Δ 67%
Istaravshan	3.0	▽ 17%	▽ 25%	Δ 50%
Jayhun	2.9	Δ 12%	Δ 26%	Δ 93%
Khorog	5.3	Δ 6%	▽ 7%	Δ 39%
Khujand	2.7	nc	▽ 11%	Δ 33%
Kulob	2.7	Δ 4%	▽ 4%	Δ 50%
Kushoniyon	3.5	Δ 35%	Δ 40%	Δ 169%
Murgob	7.0	▽ 13%	▽ 13%	Δ 17%
Panjakent	4.5	Δ 7%	nc	Δ 80%
Qubodiyon	3.5	Δ 9%	Δ 40%	Δ 75%
Rasht	4.0	Δ 11%	Δ 25%	Δ 43%

Cabbage (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.8	Δ 3%	Δ 12%	▽ 29%
Bokhtar	4.0	Δ 14%	Δ 33%	▽ 33%
Dushanbe	3.5	Δ 17%	nc	▽ 53%
Hisor	3.6	Δ 2%	Δ 3%	▽ 40%
Isfara	4.5	Δ 13%	Δ 13%	▽ 31%
Ishkoshim	7.5	Δ 7%	Δ 7%	▽ 6%
Istaravshan	4.5	Δ 7%	Δ 50%	▽ 25%
Jayhun	4.0	Δ 21%	Δ 48%	▽ 43%
Khorog	6.0	nc	Δ 7%	▽ 14%
Khujand	3.8	nc	Δ 27%	▽ 37%
Kulob	3.5	Δ 17%	Δ 30%	▽ 42%
Kushoniyon	4.0	Δ 8%	Δ 25%	▽ 33%
Murgob	8.0	▽ 20%	▽ 11%	nc
Panjakent	5.5	nc	Δ 10%	▽ 27%
Qubodiyon	4.5	Δ 5%	Δ 13%	▽ 36%
Rasht	5.5	Δ 4%	nc	▽ 27%

Diesel (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	11.9	▽ 0.6%	▽ 1%	▽ 9%
Bokhtar	11.4	nc	nc	▽ 12%
Dushanbe	11.7	nc	▽ 1%	▽ 9%
Hisor	11.6	nc	nc	▽ 8%
Isfara	11.7	nc	nc	▽ 6%
Ishkoshim	13.0	nc	nc	▽ 6%
Istaravshan	11.4	▽ 1%	▽ 3%	▽ 10%
Jayhun	11.6	nc	nc	▽ 11%
Khorog	12.3	▽ 5.4%	▽ 4%	▽ 9%
Khujand	11.5	nc	nc	▽ 10%
Kulob	11.5	nc	▽ 1%	▽ 12%
Kushoniyon	11.2	▽ 1%	▽ 3%	▽ 13%
Murgob	15.0	nc	nc	Δ 7%
Panjakent	11.0	▽ 1%	▽ 3%	▽ 15%
Qubodiyon	11.6	nc	nc	▽ 11%
Rasht	12.2	▽ 0%	▽ 0%	▽ 7%

Gaz (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.2	Δ 2%	nc	
Bokhtar	4.0	nc	Δ 3%	nd
Dushanbe	4.0	Δ 3%	Δ 3%	nd
Hisor	4.1	Δ 4%	Δ 5%	nd
Isfara	4.0	Δ 3%	Δ 3%	nd
Ishkoshim	os	-	-	-
Istaravshan	4.0	Δ 3%	Δ 5%	nd
Jayhun	3.9	nc	▽ 3%	nd
Khorog	5.3	nc	nc	nd
Khujand	4.0	Δ 4%	Δ 5%	nd
Kulob	4.0	nc	Δ 3%	nd
Kushoniyon	4.0	Δ 3%	Δ 3%	nd
Murgob	os	-	-	-
Panjakent	4.2	nc	nc	nd
Qubodiyon	4.0	nc	Δ 5%	nd
Rasht	4.5	Δ 2%	▽ 17%	nd

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	79	Δ 3%	Δ 8%	Δ 31%
Bokhtar	90	Δ 13%	Δ 29%	Δ 80%
Dushanbe	80	nc	Δ 14%	Δ 33%
Hisor	70	nc	nc	nc
Isfara	100	nc	nc	Δ 25%
Ishkoshim	80	nc	nc	Δ 33%
Istaravshan	90	Δ 13%	Δ 29%	Δ 80%
Jayhun	70	nc	nc	Δ 17%
Khorog	100	nc	nc	Δ 11%
Khujand	80	nc	Δ 14%	Δ 33%
Kulob	80	nc	Δ 14%	Δ 33%
Kushoniyon	70	nc	nc	Δ 17%
Murgob	60	nc	nc	Δ 50%
Panjakent	80	nc	Δ 14%	Δ 33%
Qubodiyon	70	nc	nc	nc
Rasht	70	Δ 17%	Δ 17%	Δ 75%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	112	Δ 3%	Δ 10%	Δ 14%
Bokhtar	120	Δ 9%	Δ 20%	Δ 20%
Dushanbe	110	nc	Δ 10%	Δ 22%
Hisor	110	Δ 4%	Δ 10%	Δ 10%
Isfara	125	nc	nc	Δ 4%
Ishkoshim	105	nc	Δ 5%	Δ 17%
Istaravshan	120	Δ 4%	Δ 20%	Δ 20%
Jayhun	100	nc	Δ 11%	nc
Khorog	120	nc	nc	Δ 20%
Khujand	120	nc	Δ 20%	Δ 20%
Kulob	110	nc	Δ 10%	Δ 10%
Kushoniyon	120	Δ 9%	Δ 20%	Δ 20%
Murgob	100	nc	nc	nc
Panjakent	120	Δ 9%	Δ 20%	Δ 20%
Qubodiyon	100	nc	nc	nc
Rasht	100	Δ 5%	Δ 11%	Δ 43%