

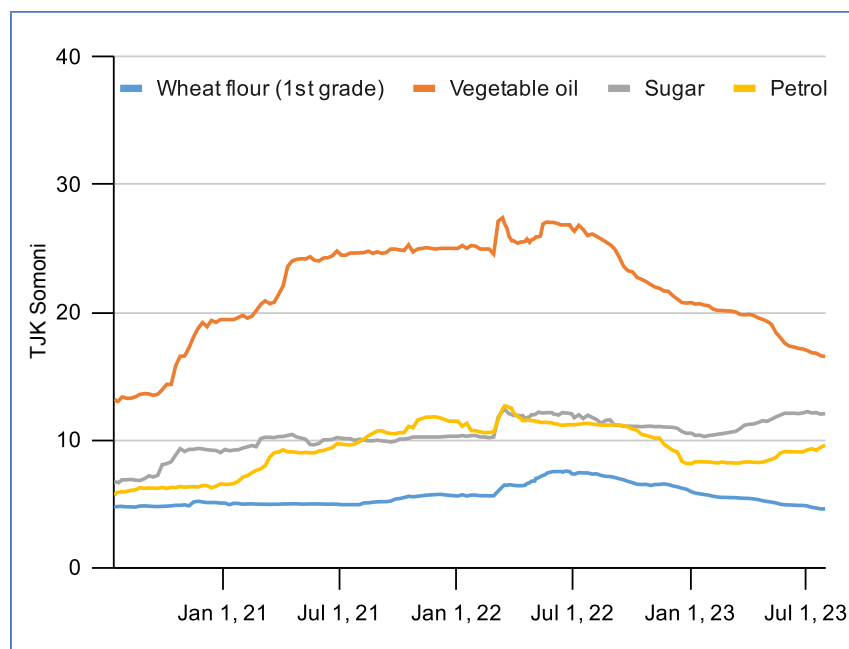


World Food Programme

SAVING LIVES
CHANGING LIVES**Highlights**

- 1 Compared to the last week, prices for basic commodities such as wheat flour (1st grade), sugar, vegetable and cottonseed oil remained unchanged.
- 2 Compared to the last week, egg prices are decreased by 1% in, and decreased by 11% from last month and 19% from last year.
- 3 Average prices for mutton, beef and chicken meat remain volatile, depending on the amount of stock in the consumer markets of cities and districts.
- 4 During the current week, the average price of potatoes decreased by 4% in most markets of cities and districts. But the prices of carrots and cabbage increased by 3-4%.
- 5 The average price of diesel fuel and LPG remained unchanged compared to the last week. But petrol prices increased by 2% compared to the last week.

Price trend of selected commodities for 15.07.20 - 31.07.23



Selected items	Prices (Somoni)	
	31.07.23	15.07.20
Wheat flour (1st grade)	4.6	4.8
Vegetable oil	16.5	13.2
Sugar	12.1	6.7
Petrol	9.6	5.7

Prices in the retail markets for 31-07-2023

Wheat flour (1st grade) (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	4.6	nc	▽ 5%	▽ 37%
Bokhtar	4.3	nc	▽ 7%	▽ 39%
Dushanbe	4.5	nc	▽ 4%	▽ 38%
Hisor	4.3	nc	▽ 7%	▽ 39%
Isfara	4.5	nc	▽ 4%	▽ 38%
Ishkoshim	5.6	nc	▽ 3%	▽ 33%
Istaravshan	3.8	nc	▽ 10%	▽ 47%
Jayhun	4.4	nc	▽ 4%	▽ 38%
Khorog	5.5	nc	▽ 2%	▽ 33%
Khujand	4.3	nc	nc	▽ 37%
Kulob	4.3	nc	▽ 9%	▽ 39%
Kushoniyon	4.3	nc	▽ 7%	▽ 36%
Murgob	5.6	nc	▽ 3%	▽ 33%
Panjakent	4.2	▽ 2%	▽ 7%	▽ 39%
Qubodiyon	4.4	nc	▽ 6%	▽ 39%
Rasht	4.8	nc	▽ 3%	▽ 34%

Rice (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	16.3	nc	△ 2%	△ 15%
Bokhtar	16.0	nc	△ 7%	△ 14%
Dushanbe	15.0	nc	nc	△ 15%
Hisor	17.4	▽ 1%	nc	△ 38%
Isfara	18.0	nc	△ 3%	△ 6%
Ishkoshim	18.5	nc	nc	▽ 8%
Istaravshan	15.3	△ 2%	△ 9%	△ 28%
Jayhun	14.0	△ 1%	nc	△ 17%
Khorog	16.0	nc	△ 7%	△ 14%
Khujand	17.0	▽ 6%	▽ 6%	△ 67%
Kulob	15.0	nc	△ 3%	△ 14%
Kushoniyon	16.0	nc	△ 3%	△ 7%
Murgob	21.0	nc	nc	△ 11%
Panjakent	15.0	△ 7%	△ 15%	△ 36%
Qubodiyon	13.0	▽ 4%	▽ 4%	△ 8%
Rasht	17.3	△ 1%	▽ 4%	△ 2%

*nd = no data

*os = out of stock

Vegetable oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	16.5	▽ 0%	▽ 3%	▽ 37%
Bokhtar	15.0	nc	▽ 6%	▽ 38%
Dushanbe	15.2	▽ 0%	▽ 2%	▽ 41%
Hisor	14.7	nc	▽ 4%	▽ 35%
Isfara	15.7	nc	▽ 2%	▽ 40%
Ishkoshim	18.0	nc	▽ 5%	▽ 40%
Istaravshan	16.0	nc	nc	▽ 30%
Jayhun	15.2	nc	▽ 2%	▽ 34%
Khorog	21.0	nc	nc	▽ 24%
Khujand	16.0	nc	nc	▽ 35%
Kulob	15.2	▽ 0.7%	▽ 2%	▽ 42%
Kushoniyon	15.0	nc	▽ 6%	▽ 42%
Murgob	25.6	▽ 2%	▽ 5%	▽ 25%
Panjakent	15.8	▽ 1%	▽ 1%	▽ 39%
Qubodiyon	14.3	nc	▽ 2%	▽ 45%
Rasht	15.2	▽ 1%	▽ 2%	▽ 44%

*last RP = last reported period = 24-07-23

Cotton oil (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	15.3	nc	▽ 2%	▽ 38%
Bokhtar	14.0	nc	▽ 1%	▽ 39%
Dushanbe	13.3	▽ 1%	▽ 1%	▽ 47%
Hisor	13.4	▽ 1%	▽ 4%	▽ 36%
Isfara	14.0	nc	nc	▽ 39%
Ishkoshim	17.0	nc	▽ 3%	▽ 37%
Istaravshan	13.0	nc	nc	▽ 41%
Jayhun	13.3	nc	▽ 2%	▽ 40%
Khorog	20.0	▽ 1%	▽ 1%	▽ 25%
Khujand	16.0	nc	nc	▽ 32%
Kulob	14.0	nc	▽ 1%	▽ 44%
Kushoniyon	13.8	▽ 1%	▽ 4%	▽ 45%
Murgob	25.3	nc	▽ 3%	▽ 16%
Panjakent	15.0	nc	nc	▽ 40%
Qubodiyon	13.3	nc	▽ 2%	▽ 45%
Rasht	13.4	▽ 1%	▽ 2%	▽ 46%

Sugar (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	12.1	nc	▼ 1%	▲ 3%
Bokhtar	11.7	Δ 2%	▼ 3%	▼ 3%
Dushanbe	12.0	nc	nc	Δ 9%
Hisor	11.5	▼ 3%	▼ 2%	Δ 11%
Isfara	12.0	nc	▼ 2%	nc
Ishkoshim	12.0	Δ 4%	Δ 3%	▼ 8%
Istaravshan	12.6	▼ 3%	Δ 1%	Δ 10%
Jayhun	12.0	nc	▼ 2%	Δ 2%
Khorog	13.0	nc	Δ 8%	Δ 8%
Khujand	11.5	▼ 1%	▼ 12%	Δ 1%
Kulob	12.0	nc	▼ 2%	Δ 6%
Kushoniyon	12.0	Δ 5%	Δ 2%	nc
Murgob	13.0	▼ 2%	▼ 4%	▼ 7%
Panjakent	12.0	nc	▼ 2%	nc
Qubodiyon	11.7	Δ 2%	▼ 3%	Δ 6%
Rasht	11.8	Δ 1%	▼ 3%	Δ 8%

Milk (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	6.0	▼ 2%	▼ 5%	Δ 10%
Bokhtar	5.5	▼ 8%	▼ 8%	Δ 10%
Dushanbe	7.0	nc	▼ 13%	Δ 17%
Hisor	4.8	Δ 4%	▼ 4%	Δ 9%
Isfara	6.0	nc	Δ 9%	Δ 20%
Ishkoshim	8.0	nc	nc	Δ 14%
Istaravshan	3.7	Δ 6%	Δ 6%	Δ 6%
Jayhun	3.0	▼ 14%	▼ 14%	▼ 17%
Khorog	9.0	nc	▼ 6%	Δ 10%
Khujand	6.0	nc	nc	nc
Kulob	6.0	nc	nc	Δ 9%
Kushoniyon	5.0	nc	nc	▼ 9%
Murgob	10.0	nc	nc	nc
Panjakent	6.0	▼ 14%	▼ 25%	Δ 100%
Qubodiyon	5.0	nc	nc	Δ 43%
Rasht	5.0	nc	▼ 17%	▼ 7%

Eggs (10 pcs) (10 pcs)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	10.4	▼ 1%	▼ 11%	▼ 19%
Bokhtar	8.3	nc	▼ 17%	▼ 33%
Dushanbe	8.6	▼ 4%	▼ 14%	▼ 30%
Hisor	9.6	nc	▼ 13%	▼ 24%
Isfara	9.0	nc	▼ 10%	▼ 25%
Ishkoshim	15.0	Δ 7%	nc	nc
Istaravshan	9.0	▼ 4%	▼ 22%	▼ 25%
Jayhun	8.7	nc	▼ 13%	▼ 33%
Khorog	14.0	▼ 3%	▼ 13%	Δ 1%
Khujand	10.0	nc	▼ 4%	▼ 17%
Kulob	8.5	▼ 1%	▼ 6%	▼ 23%
Kushoniyon	9.0	nc	▼ 22%	▼ 27%
Murgob	18.0	nc	nc	nc
Panjakent	9.0	▼ 10%	▼ 22%	▼ 25%
Qubodiyon	9.0	nc	▼ 10%	▼ 25%
Rasht	9.6	nc	▼ 4%	▼ 23%

Beef (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	64.5	Δ 0%	Δ 0%	Δ 3%
Bokhtar	70.0	nc	nc	Δ 11%
Dushanbe	70.0	nc	Δ 3%	Δ 3%
Hisor	71.0	Δ 0%	Δ 1%	Δ 5%
Isfara	70.0	nc	nc	Δ 8%
Ishkoshim	52.5	Δ 1%	▼ 9%	▼ 9%
Istaravshan	65.0	nc	nc	nc
Jayhun	66.0	Δ 2%	▼ 1%	Δ 5%
Khorog	59.0	nc	Δ 2%	▼ 2%
Khujand	65.0	nc	nc	Δ 8%
Kulob	65.0	Δ 2%	Δ 3%	Δ 3%
Kushoniyon	65.0	▼ 6%	▼ 4%	Δ 3%
Murgob	56.0	Δ 2%	Δ 2%	Δ 2%
Panjakent	75.0	Δ 7%	Δ 7%	Δ 7%
Qubodiyon	55.0	▼ 2%	▼ 2%	▼ 8%
Rasht	62.4	nc	Δ 2%	Δ 8%

Mutton (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	71.3	▼ 0.3%	Δ 0%	Δ 3%
Bokhtar	73.0	▼ 3%	▼ 3%	Δ 4%
Dushanbe	70.0	▼ 1%	nc	nc
Hisor	75.0	nc	nc	Δ 1%
Isfara	77.0	nc	Δ 1%	Δ 3%
Ishkoshim	65.0	nc	Δ 12%	os
Istaravshan	80.0	nc	▼ 4%	Δ 7%
Jayhun	69.0	▼ 1%	▼ 4%	Δ 1%
Khorog	62.0	nc	nc	Δ 3%
Khujand	80.0	nc	nc	Δ 6%
Kulob	66.0	nc	Δ 2%	Δ 2%
Kushoniyon	75.0	Δ 1%	Δ 3%	Δ 7%
Murgob	58.0	Δ 2%	Δ 5%	Δ 5%
Panjakent	77.0	nc	Δ 1%	Δ 3%
Qubodiyon	75.0	nc	nc	nc
Rasht	67.0	▼ 1%	▼ 4%	Δ 10%

Chicken (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	33.5	▼ 1%	▼ 1%	▼ 5%
Bokhtar	29.0	▼ 2%	▼ 3%	▼ 9%
Dushanbe	33.0	nc	▼ 3%	nc
Hisor	29.6	▼ 1%	▼ 1%	Δ 3%
Isfara	33.0	▼ 2%	nc	▼ 6%
Ishkoshim	41.0	▼ 6%	▼ 5%	▼ 9%
Istaravshan	32.0	▼ 3%	nc	▼ 3%
Jayhun	32.0	▼ 1%	▼ 1%	▼ 5%
Khorog	41.0	▼ 2%	▼ 2%	Δ 3%
Khujand	26.0	nc	nc	▼ 7%
Kulob	30.0	nc	▼ 3%	▼ 10%
Kushoniyon	33.0	Δ 3%	Δ 3%	nc
Murgob	42.0	▼ 2%	▼ 2%	▼ 7%
Panjakent	33.0	▼ 3%	▼ 6%	▼ 15%
Qubodiyon	34.0	Δ 3%	Δ 3%	Δ 3%
Rasht	34.4	Δ 1%	Δ 1%	▼ 9%

Chickpeas (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	20.9	▼ 0.9%	Δ 0%	Δ 4%
Bokhtar	20.0	nc	nc	nc
Dushanbe	19.0	nc	nc	nc
Hisor	19.8	▼ 1%	▼ 1%	Δ 27%
Isfara	20.0	nc	▼ 5%	nc
Ishkoshim	26.0	▼ 13%	Δ 8%	Δ 13%
Istaravshan	20.0	nc	nc	▼ 9%
Jayhun	20.0	nc	▼ 5%	nc
Khorog	25.0	Δ 2%	Δ 4%	Δ 25%
Khujand	18.0	nc	nc	▼ 12%
Kulob	20.0	nc	nc	▼ 2%
Kushoniyon	21.0	Δ 5%	Δ 5%	Δ 5%
Murgob	23.0	nc	nc	Δ 15%
Panjakent	22.0	nc	Δ 5%	Δ 22%
Qubodiyon	20.0	nc	▼ 5%	nc
Rasht	20.0	nc	▼ 5%	▼ 13%

Haricot bean (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	17.2	nc	nc	▼ 1%
Bokhtar	16.0	Δ 7%	▼ 6%	▼ 11%
Dushanbe	17.0	nc	nc	▼ 6%
Hisor	19.2	Δ 2%	Δ 1%	Δ 25%
Isfara	15.0	nc	nc	nc
Ishkoshim	17.0	▼ 6%	▼ 11%	▼ 19%
Istaravshan	15.0	▼ 2%	nc	▼ 6%
Jayhun	17.4	▼ 6%	▼ 8%	▼ 3%
Khorog	18.0	nc	Δ 1%	nc
Khujand	18.0	nc	nc	Δ 5%
Kulob	18.0	nc	▼ 3%	Δ 6%
Kushoniyon	15.0	▼ 6%	▼ 12%	▼ 6%
Murgob	19.0	nc	Δ 6%	▼ 24%
Panjakent	16.0	▼ 11%	Δ 3%	nc
Qubodiyon	18.0	nc	Δ 6%	Δ 20%
Rasht	20.0	Δ 28%	Δ 25%	Δ 30%

About the Market Update

WFP Tajikistan, in partnership with the agricultural advisory organization Neksigol Mushovir has been monitoring commodity prices in markets across the country. Markets monitored include 5 major markets and 10 minor markets. The focus is on the main commodities that are consumed by the population of the country. Prices are collected at the start of each week. The price data is collected through the network of field enumerators. For each commodity, multiple traders are interviewed, and the average prices are recorded.

Potatoes (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	6.3	▼ 4%	nc	▲ 18%
Bokhtar	6.8	Δ 1%	Δ 13%	Δ 13%
Dushanbe	6.3	Δ 2%	Δ 11%	Δ 15%
Hisor	6.0	▼ 5%	Δ 2%	▲ 54%
Isfara	6.0	▼ 5%	▼ 9%	Δ 20%
Ishkoshim	8.0	nc	Δ 23%	Δ 7%
Istaravshan	6.0	▼ 8%	▼ 8%	Δ 71%
Jayhun	5.7	▼ 5%	Δ 8%	Δ 21%
Khorog	7.0	nc	▼ 13%	▼ 4%
Khujand	5.5	▼ 8%	▼ 10%	Δ 22%
Kulob	6.5	▼ 3%	Δ 2%	Δ 13%
Kushoniyon	6.5	Δ 3%	Δ 14%	Δ 8%
Murgob	8.3	▼ 3%	Δ 4%	Δ 19%
Panjakent	5.3	▼ 12%	▼ 16%	▲ 51%
Qubodiyon	6.0	▼ 3%	Δ 11%	Δ 25%
Rasht	5.0	▼ 22%	▼ 26%	▼ 4%

Onions (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.3	nc	▼ 6%	▼ 53%
Bokhtar	3.0	nc	nc	▼ 57%
Dushanbe	3.0	nc	nc	▼ 57%
Hisor	2.5	nc	▼ 4%	▼ 56%
Isfara	3.0	nc	▼ 9%	▼ 57%
Ishkoshim	5.6	Δ 2%	Δ 2%	▼ 20%
Istaravshan	3.0	nc	nc	▼ 47%
Jayhun	2.2	nc	▼ 8%	▼ 70%
Khorog	4.0	nc	▼ 20%	▼ 46%
Khujand	2.5	▼ 17%	▼ 7%	▼ 59%
Kulob	2.6	nc	▼ 13%	▼ 55%
Kushoniyon	2.6	nc	nc	▼ 63%
Murgob	5.8	nc	▼ 3%	▼ 42%
Panjakent	3.0	nc	▼ 12%	▼ 50%
Qubodiyon	3.0	nc	nc	▼ 57%
Rasht	3.6	nc	▼ 10%	▼ 56%

Carrots (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.5	▲ 3%	▼ 8%	▲ 62%
Bokhtar	5.6	▼ 2%	▼ 20%	Δ 70%
Dushanbe	5.9	Δ 2%	Δ 18%	▲ 136%
Hisor	5.0	Δ 16%	nc	Δ 67%
Isfara	4.8	▼ 4%	▼ 20%	Δ 45%
Ishkoshim	8.0	Δ 7%	Δ 7%	Δ 60%
Istaravshan	4.0	nc	▼ 33%	Δ 60%
Jayhun	4.0	nc	▼ 13%	Δ 67%
Khorog	7.5	Δ 21%	▼ 6%	Δ 87%
Khujand	3.5	nc	nc	Δ 3%
Kulob	5.0	nc	▼ 6%	▲ 100%
Kushoniyon	6.0	Δ 7%	nc	Δ 71%
Murgob	8.0	nc	nc	Δ 33%
Panjakent	5.0	nc	▼ 23%	Δ 43%
Qubodiyon	4.6	▼ 4%	▼ 16%	Δ 53%
Rasht	6.2	Δ 3%	Δ 3%	Δ 81%

Cabbage (1 kg)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	5.8	▲ 4%	▲ 15%	▲ 59%
Bokhtar	5.5	Δ 4%	Δ 10%	Δ 57%
Dushanbe	5.0	▼ 17%	nc	Δ 67%
Hisor	6.0	nc	Δ 28%	▲ 100%
Isfara	4.0	nc	▼ 11%	Δ 33%
Ishkoshim	7.5	nc	Δ 25%	Δ 25%
Istaravshan	5.0	Δ 25%	Δ 25%	Δ 150%
Jayhun	6.0	Δ 15%	Δ 33%	Δ 76%
Khorog	7.0	nc	Δ 8%	Δ 40%
Khujand	6.0	Δ 20%	▲ 100%	Δ 200%
Kulob	4.6	Δ 2%	▼ 8%	Δ 53%
Kushoniyon	5.5	Δ 6%	Δ 4%	Δ 38%
Murgob	7.5	Δ 7%	Δ 7%	Δ 25%
Panjakent	5.0	nc	nc	Δ 67%
Qubodiyon	6.0	nc	Δ 20%	▲ 100%
Rasht	7.0	Δ 9%	Δ 27%	Δ 34%

Petrol (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	9.6	▲ 2%	▲ 4%	▼ 15%
Bokhtar	9.2	Δ 2%	Δ 2%	▼ 19%
Dushanbe	9.0	nc	Δ 2%	▼ 15%
Hisor	9.2	Δ 2%	Δ 5%	▼ 15%
Isfara	9.3	Δ 1%	Δ 3%	▼ 14%
Ishkoshim	11.5	nc	Δ 11%	▼ 9%
Istaravshan	8.8	Δ 2%	Δ 5%	▼ 15%
Jayhun	9.5	Δ 3%	Δ 6%	▼ 12%
Khorog	9.9	Δ 2%	Δ 2%	▼ 16%
Khujand	9.3	Δ 1%	Δ 5%	▼ 13%
Kulob	8.9	nc	nc	▼ 18%
Kushoniyon	9.3	Δ 3%	Δ 6%	▼ 17%
Murgob	11.6	Δ 2%	Δ 5%	▼ 14%
Panjakent	9.1	Δ 1%	Δ 1%	▼ 17%
Qubodiyon	9.3	Δ 2%	Δ 3%	▼ 12%
Rasht	9.8	Δ 4%	Δ 4%	▼ 16%

Gaz (1 litre)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	3.9	nc	▼ 4%	▼ 39%
Bokhtar	3.7	nc	▼ 5%	▼ 39%
Dushanbe	3.7	nc	▼ 5%	▼ 40%
Hisor	3.8	nc	▼ 4%	▼ 38%
Isfara	3.7	nc	▼ 5%	▼ 39%
Ishkoshim	os	-	-	-
Istaravshan	3.7	nc	▼ 5%	▼ 39%
Jayhun	3.8	nc	▼ 3%	▼ 40%
Khorog	4.9	nc	Δ 4%	▼ 33%
Khujand	3.7	nc	▼ 5%	▼ 38%
Kulob	3.8	nc	▼ 5%	▼ 39%
Kushoniyon	3.7	nc	▼ 5%	▼ 40%
Murgob	os	-	-	-
Panjakent	3.8	nc	▼ 7%	▼ 39%
Qubodiyon	3.7	nc	▼ 5%	▼ 40%
Rasht	4.4	nc	▼ 3%	▼ 35%

Unskilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	90	nc	nc	▲ 25%
Bokhtar	100	nc	nc	Δ 43%
Dushanbe	85	nc	nc	Δ 21%
Hisor	90	nc	nc	Δ 29%
Isfara	110	nc	nc	Δ 22%
Ishkoshim	90	nc	nc	Δ 29%
Istaravshan	100	nc	nc	Δ 43%
Jayhun	90	nc	nc	Δ 29%
Khorog	100	nc	nc	nc
Khujand	90	nc	nc	Δ 29%
Kulob	90	nc	nc	Δ 29%
Kushoniyon	80	nc	nc	Δ 14%
Murgob	70	nc	nc	Δ 17%
Panjakent	80	nc	nc	Δ 14%
Qubodiyon	90	nc	nc	Δ 29%
Rasht	80	nc	nc	Δ 33%

Skilled labour (1 day)				
Markets	Current price	% change on		
		last RP	last month	last year
Tajikistan (average)	130	▲ 1%	▲ 1%	▲ 22%
Bokhtar	140	nc	nc	Δ 40%
Dushanbe	120	nc	nc	Δ 20%
Hisor	130	nc	nc	Δ 8%
Isfara	154	Δ 10%	Δ 10%	Δ 18%
Ishkoshim	140	nc	nc	Δ 40%
Istaravshan	140	nc	nc	Δ 27%
Jayhun	120	nc	nc	Δ 9%
Khorog	120	nc	nc	nc
Khujand	120	nc	nc	Δ 13%
Kulob	130	nc	nc	Δ 18%
Kushoniyon	130	nc	nc	Δ 30%
Murgob	120	nc	nc	Δ 20%
Panjakent	145	nc	nc	Δ 45%
Qubodiyon	120	nc	nc	Δ 20%
Rasht	120	nc	nc	Δ 33%