|  |
| --- |
| **Module X: Food Consumption Score** |
| **How many days over the last 7 days, did most members of your household (50% +) eat the following food items, inside or outside the home?** **And what was their source?** *Note for enumerator: Determine whether the consumption was only in small quantities. If so, register as a condiment.* |
|  | **Number of days****eaten in the past 7 days** *If 0 days, do not specify the main source* | **How was this food acquired?***Write the main source over the past 7 days* |
|  | **Cereals, grains, roots and tubers, such as:** rice, pasta, bread, sorghum, millet, maize, potato, yam, cassava, white sweet potato, plantain | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Pulses/legumes, nuts and seeds, such as:** beans, cowpeas, lentils, soy, pigeon pea, peanuts, or other nuts | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Milk and other dairy products, such as:** milk, yoghurt, cheese, and other dairy products *[Exclude margarine/butter or small amounts of milk for tea/coffee]* | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Meat, fish and eggs, such as:** goat, beef, chicken, pork, fish, canned tuna, insects, escargot, other seafood, eggs *[Exclude meat and fish consumed in in small quantities as a condiment]* | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Vegetables and leaves, such as:** spinach, onion, tomatoes, carrots, peppers, green beans, lettuce | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Fruits, such as:** bananas, apples, lemon, mango, papaya, apricot, peach | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Oil, fat and butter, such as:** vegetable oil, palm oil, shea butter, margarine, and other fats/oil | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Sugar and sweets, such as:** sugar, honey, jam, candy, cookies, pastries, cakes, sugary drinks and other sweets  | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
|  | **Condiments, such as:** tea, coffee, cocoa powder, salt, garlic, spices, yeast, baking powder, tomato paste or sauce, and small amounts of meat, fish, milk or other food items consumed as a condiment | *|\_\_\_\_|* | *|\_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|* |
| **Food acquisition codes**100 = Own production (crops, animal)200 = Fishing/hunting 300 = Gathering400 = Loan500 = Market (purchase with cash)600 = Market (purchase on credit)700 = Begging for food800 = Exchange labour or items for food900 = Gift (food) from family relatives or friends 999 = Other1000 = Food aid from civil society, NGOs, government, WFP, etc. |