



World Food Programme

SAVING  
LIVES  
CHANGING  
LIVES

# WFP Honduras Country Brief August 2025



©WFP Photo | The Ambassador of France visits western Honduras to witness the impact of WFP's Fresh Ration Project, boosting children's nutrition and supporting local communities

## Operational Context

Honduras has a population of approximately **10.2 million people**, with a gross domestic product per capita of USD 3,231.7 (2023). It's a lower-middle-income country that has had sustained economic growth for the last two decades; however, high poverty rates, extensive income inequality and risks such as crime and climate variability threaten peace and humanitarian aid efforts and hinder mid-to-long-term initiatives, affecting development gains and causing human capital drain through migration.

WFP's primary objectives in Honduras are to tackle the root causes of food insecurity, malnutrition, and poverty, contributing to more prosperous and healthier communities in which people can thrive and live safely. The WFP Country Strategic Plan is strongly focused on strengthening the capacity of national and local partners, promoting behavior change leading to improved diets, advancing gender equality and healthy masculinity and reducing gender-based violence.

WFP has been present in Honduras since 1970.



Population: **10.2 million**

2023 Human Development Index: **138<sup>th</sup> out of 193**

Income Level: **Lower middle**

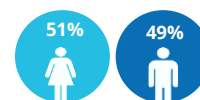
Chronic malnutrition: **23% of children between 6-59 months**

## In Numbers

**24 MT** of food distributed

**USD 54.3 m** six months (September 2025 to February 2026) net funding requirements, representing 39 percent of total

**48,959 people** assisted



- WFP welcomed the **Ambassador of France to Honduras** and their delegation to western Honduras, where they witnessed first-hand the impact of the **Fresh Ration Project**. The visit showcased how the initiative strengthens the National School Feeding Programme, enhances children's nutrition, and supports local communities by promoting fresh, locally sourced foods.
- With support from private partners, WFP complemented the Government's school ration by distributing **24 metric tons** of food to **11,273 students** in Valle, Choluteca, Francisco Morazán, Olancho, El Paraíso, Comayagua, Copán, Cortés, Atlántida, Yoro, Islas de la Bahía, and Colón. This contribution ensured 20 additional days of school meals for children under the National School Feeding Programme.
- WFP distributed fresh rations, including vegetables, fruits, eggs, and milk to complement the basic ration provided by the Government of Honduras. This assistance benefited a total of **31,186 schoolchildren** across the departments of Choluteca, Copán, Ocotepeque, and Lempira, with funding from the Church of Jesus Christ of Latter-Day Saints and France.
- WFP strengthened the implementation of the fresh ration initiative by organizing training workshops for teachers and parents in **515 schools across Copán, Ocotepeque, and Lempira**. These sessions reached **1,030 participants**, equipping them with the knowledge and skills to improve food preparation, management, and the nutritional value of school meals. By engaging both educators and families, the trainings help ensure the sustainability of the programme and promote healthier eating habits for children.
- WFP, through its resilience programme, has successfully completed the first cycle of food assistance, reaching **1,300 households (6,500 people)** in the departments of Olancho and Colón. The support was provided through the commodity voucher modality, which provided families with a complete food basket containing all the essential items needed for a nutritious diet. This assistance forms part of a project funded by the Government of Japan, which seeks to strengthen the resilience and sustainability of vulnerable communities in Honduras. The project integrates innovative and comprehensive solutions for climate adaptation, climate risk management, and food systems strengthening.

**Contact info:** Diego Ramírez ([diego.ramirez@wfp.org](mailto:diego.ramirez@wfp.org))

**Country Director:** Stephanie Hochstetter

Further information: [www.wfp.org/countries/honduras](http://www.wfp.org/countries/honduras)

## Country Strategic Plan (2023-2027)

Total Requirement (In USD)	Allocated Contributions (in USD)	Six Month Net Funding Requirements (in USD)
634 M	173 M	54.3 M

### Strategic Result 1: Everyone has access to food

**Strategic Outcome 1:** Crisis affected populations meet their basic food security and nutrition needs before, during and in the aftermath of emergencies and build resilience to future climatic shocks and other crisis, reducing their vulnerability

**Focus area:** *crisis response*

#### Activities:

- Vulnerable and risk-prone populations and populations affected by shocks, disasters and other crises receive food and social assistance
- Local actors have strengthened emergency planning, preparedness, and response capacity.

### Strategic Result 3: Sustainable food system

**Strategic Outcome 2:** Vulnerable populations in prioritized rural and urban areas, build, and strengthen their livelihoods and generate higher, more reliable, and steadier incomes, improving food security, nutrition, and climate-resilient food systems all year round.

**Focus area:** *resilience building*

#### Activities:

- Provide food and technical assistance to vulnerable rural populations to build and strengthen their livelihoods
- Provide food and technical assistance to vulnerable urban populations to promote employment generation schemes and increase their incomes.

### Strategic Result 1: Everyone has access to food

### Strategic Result 2: End malnutrition

**Strategic Outcome 3:** Vulnerable populations in rural and urban areas have stable and adequate access to comprehensive social protection services and programmes that increase their level of food and nutrition security by 2027

**Focus area:** *root causes*

#### Activities:

- Provide nutritious school meals to preschool and school-age girls and boys ensuring their access to social protection
- Provide nutrition and food assistance to the most vulnerable populations and promote behaviour change and capacity strengthening

### Strategic Result 4: Partnerships for the goals

**Strategic Outcome 4:** The Government of Honduras further builds and strengthens its national social protection systems

**Focus area:** *root causes*

#### Activities:

- Strengthen the capacity of social protection systems, policies, and programmes

### Strategic Result 5: Global partnership

**Strategic Outcome 5:** Key partners in Honduras benefit from efficient services all year round.

**Focus area:** *resilience building*

#### Activities:

- Provide on-demand cash transfer services
- Provide on-demand supply chain services

- WFP participated in inter-agency platforms to review the *Healthy and Sustainable Diets Guide of Honduras*, contributing technical expertise to align national nutrition guidelines with sustainability and public health priorities.

## Monitoring

- WFP developed and presented the updated **Minimum Expenditure Basket** to the Cash Working Group. By defining the average cost of basic needs for a household of five, the MEB provides an evidence-based benchmark to set fair and effective transfer values, ensuring that cash assistance better meets the needs of vulnerable families. The CWG will use this tool to harmonize transfer amounts across humanitarian actors, ensuring consistent and equitable cash assistance for vulnerable families.

## Challenges

- WFP is facing urgent funding gaps totalling **USD 18.5 million** to address escalating food insecurity and prepare for growing crises anticipated over the next six months. With the peak of the hurricane season approaching, additional resources are critical to implement preparedness and anticipatory action measures that enable a timely and effective response to emergencies driven by natural hazards and increasing human mobility.
- Moreover, the nutritional assistance programme for vulnerable groups is currently facing critical funding gaps. In Honduras, around **220,000 children are stunted**, WFP is currently reaching only **3 percent** of these children and is facing critical funding gaps that limit the expansion of its Nutrition Programme. Additional resources are urgently needed to **prevent malnutrition** among **pregnant and breastfeeding women** and **children under five**, particularly in departments where stunting rates exceed 30% and food insecurity among indigenous and Afro-descendant populations remains alarmingly high.
- WFP currently needs **USD 2.5 million** to implement its nutritional assistance for vulnerable groups programme

## Donors

Canada, European Union, France, Germany, Honduras, Japan, the Adaptation Fund, the Church of Jesus Christ of Latter-day Saints, the Rockefeller Foundation, United States, and private donors.

Additional support has been provided by the United Nations Central Emergency Response Fund (CERF).