



World Food Programme

SAVING
LIVES
CHANGING
LIVES

WFP Honduras Country Brief September 2025



Operational Context

Honduras has a population of approximately **10.2 million people**, with a gross domestic product per capita of USD 3,231.7 (2023). It's a lower-middle-income country that has had sustained economic growth for the last two decades; however, high poverty rates, extensive income inequality and risks such as crime and climate variability threaten peace and humanitarian aid efforts and hinder mid-to-long-term initiatives, affecting development gains and causing human capital drain through migration.

WFP's primary objectives in Honduras are to tackle the root causes of food insecurity, malnutrition, and poverty, contributing to more prosperous and healthier communities in which people can thrive and live safely. The WFP Country Strategic Plan is strongly focused on strengthening the capacity of national and local partners, promoting behavior change leading to improved diets, advancing gender equality and healthy masculinity and reducing gender-based violence.

WFP has been present in Honduras since 1970.



Population: **10.2 million**

2023 Human Development Index: **138th out of 193**

Income Level: **Lower middle**

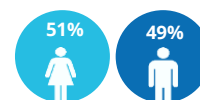
Chronic malnutrition: **23% of children between 6-59 months**

In Numbers

USD 39k of cash distributed

USD 48.5 m six months (October 2025 to March 2026) net funding requirements, representing 40 percent of total

32,166 people assisted



- Through its emergency response programme, WFP provided assistance to **970 people** in San Manuel, Cortés and Puerto Lempira, Gracias a Dios through the *Zinli card* transfer modality, as part of an innovative pilot initiative aimed at assessing the feasibility and efficiency of this digital.
- WFP distributed fresh rations, including vegetables, fruits, eggs, and milk to complement the basic ration provided by the Government of Honduras. This assistance benefited a total of **31,196 schoolchildren** across the departments of Choluteca, Copán, Ocotepeque, and Lempira, with funding from the Church of Jesus Christ of Latter-Day Saints and France.
- Under the resilience programme, WFP implemented activities through a project funded by the Peacebuilding Fund, supporting the training of Water Boards in the communities of Rio Esteban, Colón and Nueva Armenia, Atlántida, in coordination with the Honduran Red Cross. A total of **34 participants (29 women and 5 men)**. Additionally, training sessions for artisanal fishers were conducted in Nueva Armenia, focusing on organizational strengthening and the roles and responsibilities of community organizations, benefiting a total of 19 fishers.
- Moreover, with support from a US-funded project, WFP continued strengthening community skills and knowledge to improve food security, nutrition, and water management. In the municipalities of San Francisco and Virginia, **105 farmers (69 men and 36 women)** participated in training sessions on Integrated Pest Management, while **286 farmers (93 men and 148 women)** in Virginia enhanced their capacities in post-harvest technologies to reduce losses and improve product quality.
- To promote better nutrition and health, WFP delivered maternal and child nutrition sessions focused on breastfeeding and complementary feeding, reaching **189 participants (2 men and 187 women)**. In addition, 15 community workshops on maternal and child nutrition engaged **467 participants (8 men and 459 women)**, encouraging healthy feeding practices for families.
- WFP provided technical assistance to the Technical Unit for Food and Nutrition Security of the Ministry of Agriculture in the context of updating the Healthy and Sustainable Dietary Guidelines. This support included reviewing current guidelines, integrating evidence-based nutrition recommendations, and ensuring alignment with sustainability and local food system priorities.

Contact info: Diego Ramírez (diego.ramirez@wfp.org)

Country Director: Stephanie Hochstetter

Further information: www.wfp.org/countries/honduras

Country Strategic Plan (2023-2027)

Total Requirement (In USD)	Allocated Contributions (in USD)	Six Month Net Funding Requirements (in USD)
634 M	174 M	48.5 M

Strategic Result 1: Everyone has access to food

Strategic Outcome 1: Crisis affected populations meet their basic food security and nutrition needs before, during and in the aftermath of emergencies and build resilience to future climatic shocks and other crisis, reducing their vulnerability

Focus area: *crisis response*

Activities:

- Vulnerable and risk-prone populations and populations affected by shocks, disasters and other crises receive food and social assistance
- Local actors have strengthened emergency planning, preparedness, and response capacity.

Strategic Result 3: Sustainable food system

Strategic Outcome 2: Vulnerable populations in prioritized rural and urban areas, build, and strengthen their livelihoods and generate higher, more reliable, and steadier incomes, improving food security, nutrition, and climate-resilient food systems all year round.

Focus area: *resilience building*

Activities:

- Provide food and technical assistance to vulnerable rural populations to build and strengthen their livelihoods
- Provide food and technical assistance to vulnerable urban populations to promote employment generation schemes and increase their incomes.

Strategic Result 1: Everyone has access to food

Strategic Result 2: End malnutrition

Strategic Outcome 3: Vulnerable populations in rural and urban areas have stable and adequate access to comprehensive social protection services and programmes that increase their level of food and nutrition security by 2027

Focus area: *root causes*

Activities:

- Provide nutritious school meals to preschool and school-age girls and boys ensuring their access to social protection
- Provide nutrition and food assistance to the most vulnerable populations and promote behaviour change and capacity strengthening

Strategic Result 4: Partnerships for the goals

Strategic Outcome 4: The Government of Honduras further builds and strengthens its national social protection systems

Focus area: *root causes*

Activities:

- Strengthen the capacity of social protection systems, policies, and programmes

Strategic Result 5: Global partnership

Strategic Outcome 5: Key partners in Honduras benefit from efficient services all year round.

Focus area: *resilience building*

Activities:

- Provide on-demand cash transfer services
- Provide on-demand supply chain services

- WFP held a working session in Santa Elena, La Paz, to support the selection of boards of directors and the signing of the minutes for Local Emergency Committees. These committees were officially sworn in and strengthened as part of the Reactive Social Protection in Emergencies project, enhancing local capacity to respond effectively to crises and emergencies.

Monitoring

- WFP facilitated several coordination and dialogue activities under the Innovation for Rural Competitiveness Project in the Moskitia and Atlantic Coast of Honduras. A roundtable discussion was held with representatives of Indigenous Territorial Councils from the department of Gracias a Dios, focusing on the project's targeting protocol for producers and school beneficiaries, as well as the feedback mechanism established for participants.
- Additionally, information sessions were carried out with representatives from the Ministry of Education and the Ministry of Health to present and validate the targeting protocol for school beneficiaries and the project feedback mechanism.

Challenges

- WFP is facing urgent funding gaps totalling **USD 16 million** to address escalating food insecurity and prepare for growing crises anticipated over the next six months. As the peak of hurricane season is currently underway, resources are critical to implement preparedness and anticipatory actions measures, ensuring a timely and effective response to emergencies driven by natural hazards and increasing human mobility.
- Moreover, the nutritional assistance programme for vulnerable groups is currently facing critical funding gaps. In Honduras, around **220,000 children are stunted**, WFP is currently reaching only **3 percent** of these children and is facing critical funding gaps that limit the expansion of its Nutrition Programme. Additional resources are urgently needed to **prevent malnutrition** among **pregnant and breastfeeding women** and **children under five**, particularly in departments where stunting rates exceed 30% and food insecurity among indigenous and Afro-descendant populations remains alarmingly high.
- WFP currently needs **USD 2.5 million** to implement its nutritional assistance for vulnerable groups programme

Donors

Canada, European Union, France, Germany, Honduras, Japan, the Adaptation Fund, the Church of Jesus Christ of Latter-day Saints, the Rockefeller Foundation, United States, and private donors.

Additional support has been provided by the United Nations Central Emergency Response Fund (CERF).