

# **Market Monitor - Gaza**

WFP Palestine Food Security Analysis

October 2025

SAVING LIVES CHANGING LIVES

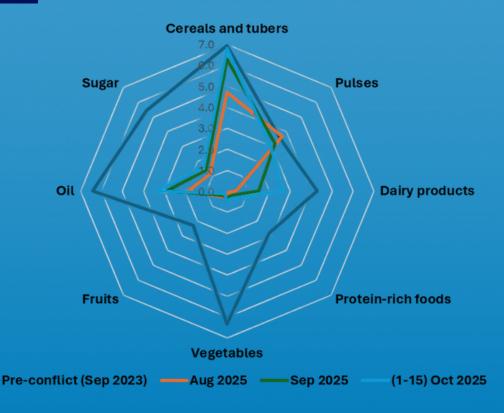
#### **Key findings - Gaza Strip**

- A **ceasefire** agreement was finally announced and officially started on **October 10<sup>th</sup>**, improving the situation in the war-torn Gaza Strip and allowing people to go back to Gaza City.
- With the ceasefire announcement, the prices of most food items in the **second week of October** (from the 8<sup>th</sup> till the 15<sup>th</sup>) **decreased** compared to September and the first week of October with more decreases expected in the coming weeks with the entry of more aid convoys and commercial trucks. However, **prices remain higher than February 2025** (**ceasefire**) and **pre-conflict levels, particularly for freshly produced and key staple commodities** such as rice and pulses. For example, the price of 1 kg of tomatoes ranges from **18 NIS** in Deir al-Balah to **30 NIS** in Gaza governorate, compared to **7 NIS** in February 2025 and **3.5 NIS** pre-conflict. Similarly, 1 kg of brown lentils currently costs **15 NIS**, way higher than its cost of **6 NIS** in February 2025 and before the conflict.
- Fuel and cooking gas trucks entered the Gaza Strip Fuel on October 12<sup>th</sup> following the ceasefire agreement for the first time since the January ceasefire agreement.
- In Deir Al-Balah & Khan Younis, the price of wheat flour decreased rapidly with the ceasefire announcement, with the 25 kg bag standing at around 33-35 NIS, on the other hand in Gaza City it also decreased, with the 1 kg of wheat flour sold for 3 NIS, which roughly equals to 75 NIS for the 25 kg bag.
- Following the ceasefire, digital payment fees declined steadily to around 17–20 percent, after ranging around 35–45 percent in the previous months. Despite this improvement, the rates remain high and continue to create an extra burden on the already limited purchasing power of people in Gaza. Current fees are similar to those during the February 2025 ceasefire but still it should be noted that before the conflict began in October 2023, no digital payment fees used to exist at all in the Gaza Strip.
- Frozen chicken started to enter the Gaza Strip after the ceasefire announcement, with the current price of one kg standing at 70 NIS, around five times higher than pre-conflict levels and largely unaffordable for most households. Prices are expected to decline in the coming days as larger quantities enter the market.
- According to the numbers provided by the Gaza Chamber of Commerce & Industry, a total of 1,526 trucks entered the Strip since the start of this month until October 12<sup>th</sup> mainly via Karm Abu Salem crossing and a small number via Kissufim crossing, of those trucks there were 955 aid trucks and 571 were commercial trucks. More improvements are expected in the coming weeks as 600 trucks should enter Gaza daily as part of the ceasefire agreement.
- Household physical access to food improved in the first half of October, especially in southern governorates, driven by commercial and aid deliveries.
   50 percent of surveyed householders reported having better access, 27 percent reported no changes, and 23 percent reported having worse access, mainly in the northern governorates.
- During the first half of October, households consumed an average of two meals per day, up from one meal in July, although one in five households still ate only one meal daily. Furthermore, 43 percent reduced meal portions, 79 percent decreased the number of daily meals, and 42 percent limited adults' food intake to prioritize children.
- By mid-October 2025, food consumption in **Gaza showed a slight improvement due to humanitarian and commercial trucks. However, it remains below pre-conflict levels.** Households primarily consumed cereals and pulses (seven and three days per week, similar to pre-conflict), **with dairy at 2.5 days, meat and eggs at half a day, and vegetables and fruits less than half a day per week.**
- Over 60 percent of the population are currently relying on waste burning as a substitute for cooking gas, restoring regular gas supplies remains an urgent priority to prevent serious health risks.

## Food diversity - Gaza Strip

- By mid-October 2025, food consumption in Gaza showed slight improvement compared to September, and a modest improvement compared to August. However, it remains far from pre-conflict (September 2023) levels. More improvements are expected by end of the month due to the entry of humanitarian and commercial trucks. Overall food access remains very low, particularly for meat, vegetables, and fruits; most households rely on cereals, pulses, and moderate amounts of dairy and oil.
- Dairy consumption recovered to **2.5 days per week**, down from four days pre-conflict.
- Consumption of vegetables and fruits remains **very low**, at less than half a day per week, compared to six days for vegetables and three days for fruits pre-conflict.
- Protein sources (meat, poultry, eggs) are **extremely limited**, averaging half a day per week, down from three days pre-conflict.
- Pulses consumption remains about **three days per week**, near pre-conflict levels.
- Bread consumption returned to **seven days per week**, similar to pre-conflict averages.

Fig 1. Average food consumption



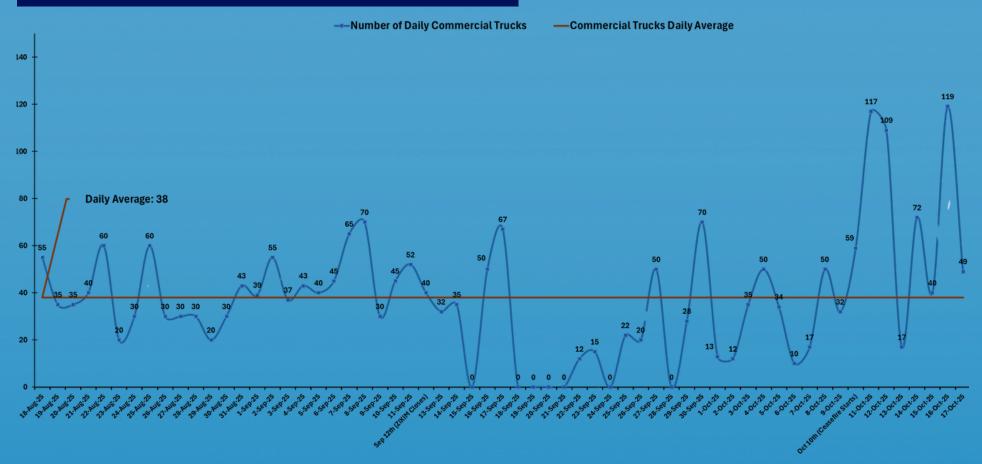
#### **Food Availability - Gaza Strip**



After an improvement of the number of commercial and humanitarian aid trucks entering the Gaza Strip in August, the month of September witnessed a **decrease** by **25 percent**. As in August a total of **3850** trucks (an average of **124** per day) entered the Gaza Strip whereas in September only **2890** trucks (an average of **96** per day) entered. However, with the ceasefire agreement more improvement is excepted as part of the agreement is allowing 600 trucks daily into Gaza, and the average of total trucks entering Gaza in October (until the 17<sup>th</sup>) already improved and bounced back to **147** per day.

The daily average of commercial trucks (**38** per day from August 18 until October 17) remains far below the needed 500 humanitarian and commercial trucks per day that used to enter pre-crisis (September 2023).

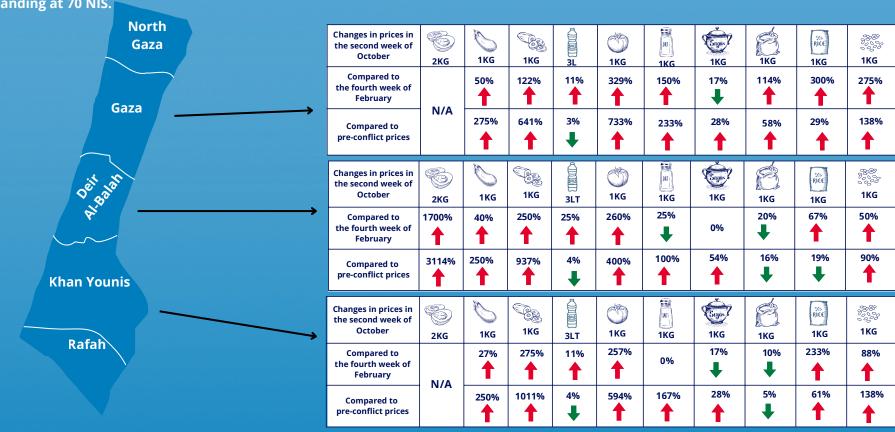
Fig. 2. Commercial Trucks Flow - Gaza Strip\* (August 18 - October 17)



Greater number of commercial trucks can allow greater diversity of food and other items available on the market, to complement the staple commodities that humanitarian actors are bringing in, making it critical to have a sustained level of commercial goods, which also helps to drive down prices.

### **Price changes for food items**

- With the announcement of the ceasefire and the improved commercial trucks flow; prices of most essential food items in the Gaza Strip markets witnessed a decrease since the start of October. However, many prices remain higher than pre-crisis levels (September 2023) making them beyond the reach of most of the Gazan population.
- The food items that entered through commercial trucks included: sugar, semolina, olive oil, sunflower oil, tahini, feta cheese, yellow grisette cheese, thyme, canned fruits, canned tomato sauce, tuna, noodles, many kinds of spices, biscuits, chocolate, chips, date paste, ground red pepper, canned pickles, small quantities of fruit (oranges, apples, yellow dates), small quantities of vegetables (tomatoes, lemons, onions, potatoes).
- Frozen chicken entered the Gaza Strip shortly before the ceasefire announcement for the first time in a very long time, with the current price of one KG standing at 70 NIS.

















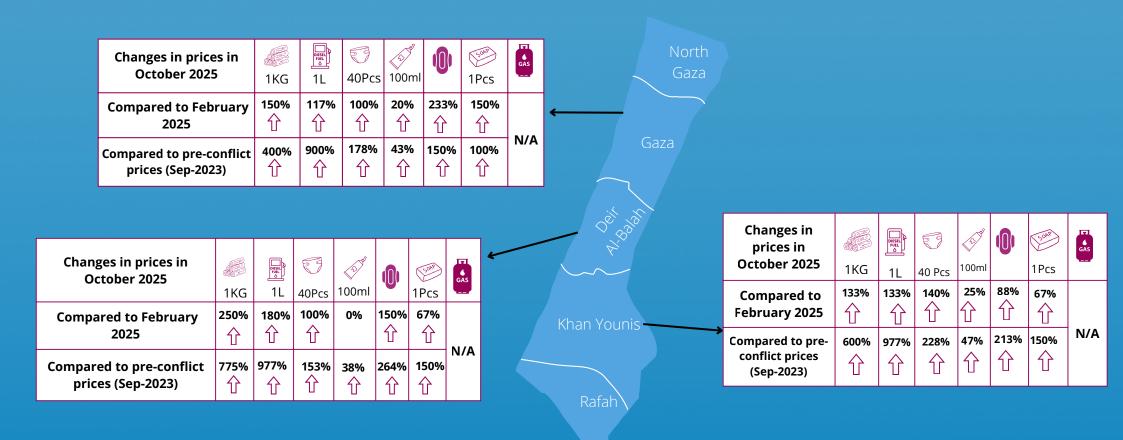






#### PRICE CHANGES FOR NON FOOD ITEMS

- Most non-food items also witnessed **a decrease in prices** compared to the months of September and August with the announcement of the ceasefire and the improved entry of commercial trucks.
- However, almost all prices continue to be **higher** than the previous **ceasefire** prices (Feb, 2025) **pre crisis** prices (Sep, 2023).
- **Fuel** and **cooking gas trucks** entered the Gaza Strip on **October 12th** following the ceasefire agreement for the **first time** since January. However, in very **small quantities**, a much higher number of trucks is needed to cover the needs of the population.

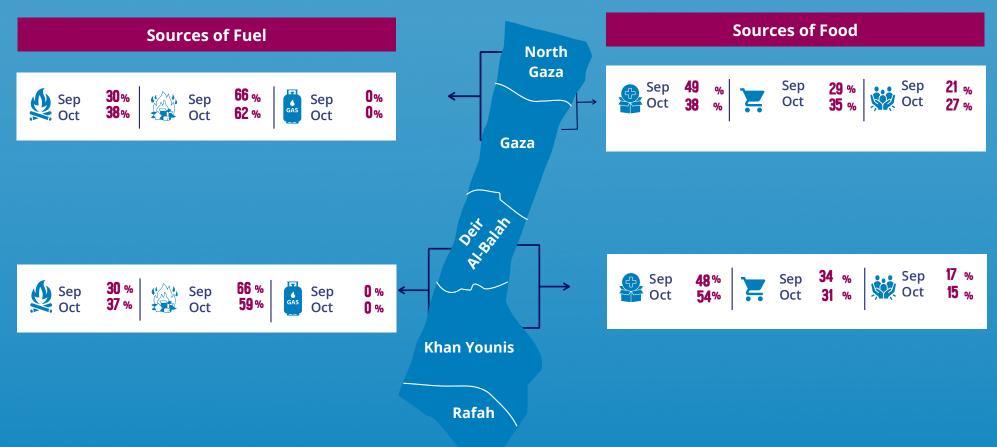






#### **MAIN FOOD & ENERGY SOURCES - GAZA STRIP**

- The proportion of households primarily relying on humanitarian aid increased in the southern governorates after the ceasefire, while it declined in the northern governorates. However, this share is expected to rise again as the volume of humanitarian assistance entering the area continues to grow. At the same time, local markets have become a more reliable source of supply due to the increased entry of commercial trucks and a significant drop in prices.
- With more than 60 percent of the population relying on waste burning as an alternative to cooking gas, ensuring a steady supply of cooking gas is now an urgent priority to mitigate the serious health risks posed by this harmful source.



**MAP KEY** 



















**Firewood** 

#### **Access to the Market**

- As of the first half of October 2025, most households in Gaza face extreme difficulties accessing markets, with 64 percent in Gaza governorate, 54 percent in Deir al-Balah, and 64 percent in Khan Younis unable to reach them. Among these, 93 percent struggle financially due to lack of cash, and 48 percent cannot afford basic food items despite the significant drop in prices compared to September.
- Household physical access to food **improved significantly in October** compared to September, particularly **in the southern governorates**, driven by the entry of commercial and aid trucks. **Half of households reported better access** to food in October, **while 27 percent saw no change**. However, **23 percent experienced worse access, primarily in the northern governorates.**
- On average, households consumed two meals per day in October, up from one meal in July; however, one in five households still reported eating only one meal daily. Additionally, 43 percent reduced meal portions, 79 percent decreased the number of daily meals, and 42 percent limited adults' food intake to prioritize children.
- 80 percent of households reported going to bed hungry at least once in the 30 days preceding the survey, with 35 percent experiencing this more than ten times. Additionally, 78 percent indicated that they had completely run out of food at home due to lack of resources, with 24 percent facing this situation more than ten times. About 20 percent of households reported going an entire day without eating at least once during the past 30 days.
- Overall, food accessibility, availability, and consumption began to improve in October compared to September and August, with further improvements expected in the coming period if the inflow of food aid and commercial trucks continues.

### **Market Functionality**

- Even after the ceasefire announced and the improved entry of commercial trucks, retailers in Gaza continue to face shortages, with stock levels down by 78 percent in Gaza city which was under intense siege by the Israeli Army and still did not receive sufficient amounts of aid and commodities, and by 74 percent in Khan Younis. The noticeable improvement was in Deir Al-Balah where stock levels were down by 14 percent.
- 30 percent of the surveyed shops reported that they have no suppliers, and 32 percent of them indicated that the restocking costs are too high.
- 76 percent of shops in Gaza City, 93 percent in Khan Younis, and 86 percent in Deir Al-Balah reported drastic price fluctuations in the markets; this price instability makes it harder for people to purchase and for shops to keep essential goods in stock.
- The shortage of cash liquidity is still disrupting market operations, with more than 79 percent of surveyed shops reporting cash shortages, preventing many retailers from restocking or paying their suppliers.
- Digital payments and cash withdrawal fees witnessed a noticeable drop after the ceasefire announcement, standing at around 17-20 percent.
- The improved entry of commercial trucks in September and October combined with the recent ceasefire announcement did not improve the stock capacity of shops in the Gazan markets, with most surveyed shops reporting that they currently hold less than 40 percent of their stock capacity. A steady and consistent flow of goods into the markets is needed to achieve a noticeable improvement of the shops stock levels capacity.

## WFP Palestine www.wfp.org/countries/Palestine

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Prepared by the WFP Palestine Vulnerability Analysis and Mapping (VAM) Unit.

## ANNEX A Market prices in Gaza Strip<sup>1</sup>

#### **Gaza governorate**

Table 1: Prices of Key food Commodities in Northern Governorates (NIS)

		, ,	ommounties m			,							
ltem	Unit	Sep 23- Pre- crisis	First half of Jan-25 (Before Ceasefire)	Fourth week of Feb- 25 (cease fire)	First week of Mar-25 (After closure)	Second Week of Sep	Third Week of Sep	Fourth Week of Sep	First Week of Oct	Second Week of Oct	Second Week of Oct/First Week of Oct	Second Week of Oct/Fourth week of Feb	Second Week of Oct/ Pre- crisis (Sep 2023)
Chickpeas	1 KG	5.4	35	4	5	8	25	15	13	8	-38%	100%	48%
Cucumbers	1 KG	2.7	70	9	18	N/A	35	N/A	N/A	20	N/A	122%	641%
Dry fava beans	1 KG	7.0	18	7	12	9	10	9	10	3	-70%	-57%	-57%
Eggplants	1 KG	4.0	67	10	20	20	17	N/A	N/A	15	N/A	50%	275%
Eggs	2 KG	14.0	405	25	30	450	450	450	600	N/A	N/A	N/A	N/A
Egyptian rice	1 KG	6.2	15	2	3	5	5	5	5	8	60%	300%	29%
Flour	25 KG	47.5	45	35	70	200	170	130	180	75	-58%	114%	58%
Lentils- Brown	1 KG	6.3	15	4	7	30	25	15	13	15	15%	275%	138%
Red-Lentils	1 Kg	5.0	3	1	2	5	5	5	5	8	60%	700%	60%
Potatoes	1 KG	2.5	35	6	18	30	25	35	25	15	-40%	150%	500%
Dry onions	1 KG	3.2	43	6	10	60	55	55	50	12	-76%	100%	275%
Sunflower oil	3 L	31.0	120	27	30	54	54	54	54	30	-44%	11%	-3%
Tomatoes	1 KG	3.6	55	7	11	70	60	65	55	30	-45%	329%	733%
Salt	1 KG	1.5	2	2	4	5	5	5	6	5	-17%	150%	233%
Sugar	1 KG	3.9	35	6	8	15	15	12	12	5	-58%	-17%	28%

<sup>&</sup>lt;sup>1</sup> The price comparison covers the pre-crisis prices in September 2023, the ceasefire phase in the fourth week of February 2025, and the second week (from the 8<sup>th</sup> till the 15<sup>th</sup>) of October 2025.

Table 2: Prices of Key non-food items in Gaza Governorate (NIS)

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ltem	Unit	Sep 23	Feb 25	June 25	July 25	August 25	September 25	October 25	Oct 25 / Sep 25	Oct 25 / Feb 25	Oct 25 / Sep 23
						Energy					
Wood	1 KG	1.0	2.0	6.5	7.0	7.0	6.0	5.0	-17%	150%	400%
Coal	1 KG	4.0	15.0	30.0	30.0	20.0	20.0	15.0	-25%	0%	275%
Charging from solar Energy	1 hour	N/A	1.0	1.0	1.0	1.0	1.0	1.0	0%	0%	N/A
<b>Cooking Gas</b>	1 KG	5.9	50.0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Diesel	1 Liter	6.5	30.0	75.0	120.0	110.0	N/A	65.0	N/A	117%	900%
Gasoline	1 Liter	6.8	N/A	90.0	N/A	N/A	N/A	400.0	N/A	N/A	5782%
						Hygiene It	ems			•	•
Sanitary Pads	16 pads	4.0	3.0	8.0	15.0	15.0	20.0	10.0	-50%	233%	150%
Baby Diapers	Cartoon (40 diapers)	18.0	25.0	320.0	400.0	200.0	250.0	50.0	-80%	100%	178%
<b>Toilet Paper</b>	1 roll	1.0	2.0	12.0	15.0	10.0	10.0	5.0	-50%	150%	400%
Detergent	1 Liter	6.5	15.0	40.0	20.0	30.0	35.0	15.0	-57%	0%	131%
Tissues	1 pack	2.0	5.0	20.0	25.0	25.0	20.0	12.0	-40%	140%	500%
Toothpaste	100 ml	4.2	5.0	7.0	7.0	10.0	10.0	6.0	-40%	20%	43%
Toothbrush	1 brush	2.0	1.0	2.0	2.0	2.0	2.0	2.0	0%	100%	0%
Hair Shampoo	750 ml	9.0	15.0	40.0	70.0	45.0	70.0	25.0	-64%	67%	178%
Bleach (chlorine)	1 Liter	1.5	7.0	20.0	20.0	15.0	15.0	15.0	0%	114%	900%
<b>Hand Soap</b>	1 Piece	2.5	2.0	10.0	15.0	5.0	10.0	5.0	-50%	150%	100%
						Medical It	ems				
Paracetamol	12 pills	3.0	3.00	5.0	5.0	10.0	10.0	10.0	0%	233%	233%
lodine Solution	120 ml	7.0	10.00	10.0	15.0	15.0	15.0	10.0	-33%	0%	43%
						Other					
Drinking Water	1.5 Liter	1.0	3.0	12.0	15.0	3.0	N/A	N/A	N/A	N/A	N/A
Tent	24 M2	N/A	500.0	1500.0	1000.0	1800.0	N/A	1000.0	N/A	100%	N/A

#### **Deir Al Balah**

Table 3: Prices of Key food Commodities in Deir Al-Balah (NIS)

Idbie	J. FIICES	or Key Io	<u>oa Commoai</u>	ties iii Dei	i Al-Dalaii	(INIS)							
ltem	Unit	Sep 23- Pre- crisis	First half of Jan-25 (Before Ceasefire)	Fourth week of Feb- 25 (cease fire)	First week of Mar-25 (After closure)	Second Week of Sep	Third Week of Sep	Fourth Week of Sep	First Week of Oct	Second Week of Oct	Second Week of Oct/First Week of Oct	Second Week of Oct/Fourth week of Feb	Second Week of Oct/ Pre- crisis (Sep 2023)
Chickpeas	1 KG	5.4	18	5	8	9	12	15	9	6	-33%	20%	11%
Cucumbers	1 KG	2.7	18	8	15	N/A	30	N/A	32	28	-13%	250%	937%
Dry fava beans	1 KG	7.0	15	7	9	11	11	11	10	5	-50%	-29%	-29%
Eggplants	1 KG	4.0	19	10	20	20	15	N/A	20	14	-30%	40%	250%
Eggs	2 KG	14.0	100	25	35	N/A	N/A	N/A	N/A	450	N/A	1700%	3114%
Egyptian rice	1 KG	6.2	14	3	3	8	10	10	8	5	-38%	67%	-19%
Flour	25 KG	47.5	500	50	70	225	170	120	130	40	-69%	-20%	-16%
Lentils- Brown	1 KG	6.3	20	8	9	20	25	25	25	12	-52%	50%	90%
Red-Lentils	1 Kg	5.0	15	3	3	10	10	10	8	5	-38%	67%	0%
Potatoes	1 KG	2.5	17	7	20	35	30	30	30	15	-50%	114%	500%
Dry onions	1 KG	3.2	22	5	10	70	55	65	35	15	-57%	200%	369%
Sunflower oil	3 L	31.3	40	24	33	75	75	65	66	30	-55%	25%	-4%
Tomatoes	1 KG	3.6	17	5	10	65	65	80	38	18	-53%	260%	400%
Salt	1 KG	1.5	14	4	5	7	8	10	8	3	-63%	-25%	100%
Sugar	1 KG	3.9	12	6	7	15	17	18	15	6	-60%	0%	54%

Table 4: Prices of Key non-food items in Deir Al-Balah (NIS)

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Item	Unit	Sep 23	Feb 25	June 25	July 25	August 25	September 25	October 25	Oct 25 / Sep 25	Oct 25 / Feb 25	Oct 25 / Sep 23
Energy											
Wood	1 KG	0.8	2.0	7.0	7.0	7.0	7.0	7.0	0%	250%	775%
Coal	1 KG	4.0	17.0	30.0	40.0	25.0	35.0	35.0	0%	106%	775%
Charging from solar Energy	1 hour	N/A	1.0	1.0	1.0	1.0	1.0	1.0	0%	0%	N/A
Cooking Gas	1 KG	5.9	35.0	400	450.0	N/A	N/A	N/A	N/A	N/A	N/A
Diesel	1 Liter	6.5	25.0	85.0	130.0	105.0	120.0	70.0	-42%	180%	977%
Gasoline	1 Liter	6.8	100.0	100.0	N/A	340.0	N/A	400.0	N/A	300%	5782%
						Hygiene It	ems				
Sanitary Pads	16 pads	5.5	8.0	20.0	20.0	20.0	20.0	20.0	0%	150%	264%
Baby Diapers	Cartoon (40 diapers)	19.8	25.0	320.0	400.0	160.0	280.0	50.0	-82%	100%	153%
<b>Toilet Paper</b>	1 roll	1.0	3.0	16.0	20.0	15.0	15.0	8.0	-47%	167%	700%
Detergent	1 Liter	5.0	15.0	25.0	25.0	25.0	20.0	15.0	-25%	0%	200%
Tissues	1 pack	2.3	5.0	20.0	25.0	25.0	18.0	10.0	-44%	100%	335%
Toothpaste	100 ml	5.8	8.0	12.0	12.0	15.0	12.0	8.0	-33%	0%	38%
Toothbrush	1 brush	4.5	2.0	4.0	4.0	3.0	3.0	2.0	-33%	0%	-56%
Hair Shampoo	750 ml	4.5	15.0	40.0	60.0	125.0	90.0	15.0	-83%	0%	233%
Bleach (chlorine)	1 Liter	3.0	15.0	15.0	20.0	15.0	15.0	15.0	0%	0%	400%
<b>Hand Soap</b>	1 Piece	2.0	3.0	15.0	25.0	15.0	10.0	5.0	-50%	67%	150%
						Medical It	ems				
Paracetamol	12 pills	4	3.0	8.0	8.0	8.0	10.0	10.0	0%	233%	150%
lodine Solution	120 ml	5	10.0	12.0	15.0	15.0	12.0	10.0	-17%	0%	100%
						Other					
Drinking Water	1.5 Liter	2	3.0	10.0	8.0	3.0	N/A	N/A	N/A	N/A	N/A
Tent	24 M2	N/A	250.0	1800.0	1000.0	N/A	1500.0	1600.0	7%	540%	N/A

<u>Khan Younis</u>
<u>Table 5: Prices of Key food Commodities in Khan Younis (NIS)</u>

ltem	Unit	Sep 23- Pre- crisis	First half of Jan-25 (Before Ceasefire)	Fourth week of Feb- 25 (cease fire)	First week of Mar-25 (After closure)	Second Week of Sep	Third Week of Sep	Fourth Week of Sep	First Week of Oct	Second Week of Oct	Second Week of Oct/First Week of Oct	Second Week of Oct/Fourth week of Feb	Second Week of Oct/ Pre- crisis (Sep 2023)
Chickpeas	1 KG	5.4	17	6	8	7	7	8	8	5	-38%	-17%	-7%
Cucumbers	1 KG	2.7	21	8	15	N/A	30	N/A	N/A	30	N/A	275%	1011%
Dry fava beans	1 KG	7.0	17	7	8	N/A	N/A	N/A	8	5	-38%	-29%	-29%
Eggplants	1 KG	4.0	20	11	15	N/A	20	N/A	N/A	14	N/A	27%	250%
Eggs	2 KG	14.0	105	23	28	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Egyptian rice	1 KG	6.2	17	3	5	15	15	15	15	10	-33%	233%	61%
Flour	25 KG	47.5	500	50	70	140	150	100	75	45	-40%	-10%	-5%
Lentils- Brown	1 KG	6.3	20	8	9	15	N/A	N/A	N/A	15	N/A	88%	138%
Red-Lentils	1 Kg	5.0	15	3	3	6	6	6	4	4	0%	33%	-20%
Potatoes	1 KG	2.5	18	7	22	20	15	15	15	10	-33%	43%	300%
Dry onions	1 KG	3.2	16	5	9	40	30	70	35	10	-71%	100%	213%
Sunflower oil	3 L	31.1	45	27	30	75	75	60	45	30	-33%	11%	-4%
Tomatoes	1 KG	3.6	16	7	10	80	40	55	30	25	-17%	257%	594%
Salt	1 KG	1.5	14	4	5	5	5	5	5	4	-20%	0%	167%
Sugar	1 KG	3.9	14	6	7	13	13	14	10	5	-50%	-17%	28%

Table 6: Prices of Key non-food items in Khan Younis (NIS)

145.00	Trices of Key Inc	ii jood iteii	15 III IUI GII 10	ams (1115)							
Item	Unit	Sep 23	Feb 25	June 25	July 25	August 25	September 25	October 25	Oct 25 / Sep 25	Oct 25 / Feb 25	Oct 25 / Sep 23
	Energy										
Wood	1 KG	1.0	3.0	7.0	7.0	9.0	7.0	7.0	0%	133%	600%
Coal	1 KG	6.3	15.0	100.0	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Charging from solar Energy	1 hour	N/A	1.0	1.0	1.0	1.0	1.0	1.0	0%	0%	N/A
Cooking Gas	1 KG	5.9	35.0	N/A	N/A	N/A	550.0	N/A	N/A	N/A	N/A
Diesel	1 Liter	6.5	30.0	80.0	130.0	120.0	100.0	70.0	-30%	133%	977%
Gasoline	1 Liter	6.8	120.0	100.0	N/A	380.0	400.0	320.0	-20%	167%	4606%
					ı	Hygiene Ite	ms				
Sanitary Pads	16 pads	4.8	8.0	18.0	20.0	15.0	20.0	15.0	-25%	88%	213%
Baby Diapers	Cartoon (40 diapers)	18.3	25.0	280.0	600.0	200.0	300.0	60.0	-80%	140%	228%
Toilet Paper	1 roll	1.8	3.0	20.0	30.0	10.0	12.0	10.0	-17%	233%	456%
Detergent	1 Liter	5.0	15.0	30.0	20.0	30.0	30.0	20.0	-33%	33%	300%
Tissues	1 pack	2.3	5.0	30.0	N/A	15.0	20.0	10.0	-50%	100%	335%
Toothpaste	100 ml	6.8	8.0	10.0	10.0	10.0	10.0	10.0	0%	25%	47%
Toothbrush	1 brush	1.5	2.0	5.0	5.0	4.0	4.0	3.0	-25%	50%	100%
Hair Shampoo	750 ml	12.5	15.0	60.0	75.0	100.0	85.0	20.0	-76%	33%	60%
Bleach (chlorine)	1 Liter	1.5	15.0	25.0	25.0	35.0	20.0	10.0	-50%	-33%	567%
Hand Soap	1 Piece	2.0	3.0	15.0	25.0	35.0	15.0	5.0	-67%	67%	150%
						Medical Ite	ms				
Paracetamol	12 pills	1.0	8.0	5.0	10.0	7.0	7.0	8.0	14%	0%	700%
lodine Solution	120 ml	3.0	10.0	10.0	15.0	15.0	12.0	15.0	25%	50%	400%
						Other					
Drinking Water	1.5 Liter	2.0	5.0	10.0	10.0	13.0	12.0	N/A	N/A	N/A	N/A
Tent	24 M2	N/A	N/A	1300	1600	3000	2500	2400	-4%	N/A	N/A