



WFP HONDURAS

COUNTRY BRIEF

April 2026

KEY HIGHLIGHTS

- The nutritional assistance programme for vulnerable groups is currently facing critical funding gaps. In Honduras, around 220,000 children are stunted, WFP is currently reaching only 3 percent of these children and is facing critical funding gaps that limit the expansion of its Nutrition Programme. Additional resources are urgently needed to prevent malnutrition among pregnant and breastfeeding women and children under five. WFP currently needs USD 2.5 million to implement its nutritional assistance for vulnerable groups programme.

IN NUMBERS



1.2 million people assisted from January to March 2026 (51% female)



6,021 mt food distributed



USD 175,359 cash transferred



USD 41.1M (April to September 2026) net funding requirements

SITUATION OVERVIEW

- Honduras, a lower-middle-income country of approximately 10.7 million people, faces chronic food insecurity driven by poverty, inequality, and climate vulnerability. Recurrent droughts, erratic rainfall, and tropical storms limit agricultural productivity, while high market dependence leaves poor households highly exposed to economic and climate shocks.
- According to the National Observatory of Food Security and Nutrition (OBSAN), projections for March 2026 estimate that around 1.4 million people are food insecure, particularly in rural and climate-affected areas.
- Malnutrition remains a concern, particularly among children under five and pregnant and breastfeeding women, driven by poor dietary diversity, limited access to services, and recurrent shocks. Approximately 19 percent of children under five are stunted, reflecting chronic nutritional deficiencies. Rural, Indigenous, and Afro-descendant communities are disproportionately affected.
- WFP, present in Honduras since 1970, supports the Government of Honduras to meet immediate food needs while strengthening resilience and national systems. Through the CSP 2023-2027, WFP promotes food security, nutrition, and sustainable livelihoods by linking humanitarian assistance with climate-resilient agriculture, school feeding, and shock-responsive social protection.

Reporting Period: March 2026

part of the School Meals Programme. WFP/Hetze Tosta

Photo Caption & Credit: A student enjoying *catrachitas* as

OPERATIONAL UPDATES

Emergency preparedness and response

- In January and February 2026, WFP supported 2,018 vulnerable households in La Paz and Atlántida through emergency response and social protection interventions. Assistance was provided through commodity vouchers (food baskets) equivalent to a 15-day ration, implemented under a pilot modality excluding flour to adapt transfer approaches. While January activities targeted households in Santa Elena, La Paz, February assistance responded to flooding impacts in Atlántida. Overall, the intervention contributed to meeting immediate food needs, stabilizing food consumption, and reducing the use of negative coping strategies among affected populations.
- In March 2026, WFP provided 29 households in Tocoa, Colón, with 30-day food rations as part of an inter-agency response to the Bajo Aguán conflict. This targeted assistance addressed the urgent food needs of conflict-affected populations and complemented broader efforts to support recovery and stability in the area.
- Under anticipatory actions activities, WFP, as consortium lead in partnership with FAO and the Red Cross, conducted a training workshop on Anticipatory Action and Adaptive Social Protection (ASP). A total of 22 staff members from the three organizations participated, strengthening technical capacities and promoting a common understanding of AA and ASP approaches.

School-Based Assistance

- In support of the Government of Honduras, WFP implemented the first round of assistance of the National School Feeding Program, distributing more than 5,900 metric tons of food. Through this initial delivery, over 1.2 million schoolchildren benefited from daily school meals, including fresh, nutritious rations provided in schools. The intervention aimed to improve nutritional intake, support learning outcomes, and contribute to reducing school dropout rates among vulnerable children.
- In March 2026, WFP supported 6,653 schoolchildren across 143 schools with a 60-day

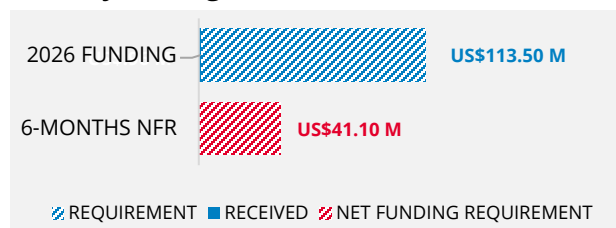
basic ration, financed by local private sector partner Fundación Ficohsa. In total, 38 metric tons of food assistance were distributed across the departments of Francisco Morazán, Olancho, El Paraíso, Choluteca, Valle, Comayagua, Copán, Cortés, Yoro, Atlántida, Islas de la Bahía, and Colón, contributing to the continuity of school feeding activities and improved access to food for school-aged children.

Resilience and Livelihood Support

- WFP conducted a field mission with a Government of Canada delegation to Lempira, visiting municipalities where 1,200 families are strengthening food security through climate-resilient agriculture, empowerment of Lenca women and youth, financial protection mechanisms, and the use of climate information. The visit highlighted the impact of Canadian-funded interventions and the strong partnership with WFP to advance food security and community resilience.
- WFP trained 82 health personnel from health centers in Colón and Olancho on the promotion of exclusive breastfeeding. The training strengthened technical competencies, improved the quality of care for mothers and infants, promoted consistent and evidence-based messaging, and contributed to greater community trust in health services.
- WFP provided resilience and livelihood support through cash-based transfers to 1,200 households to six municipalities, in the department of Lempira, helping strengthen their food security and livelihood recovery.

FUNDING OVERVIEW

Country Strategic Plan (2023-2027)



Donors:

Canada, European Union, Honduras, Japan, Adaptation Fund, Church of Jesus Christ of Latter-day Saints, Rockefeller Foundation, US, private donors, CERF.